



St. Xavier Province



❖ Sparkle – August 2026 ❖



Mission of the Father

Vol. III



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Pope Message

Dear Sisters,

On this 11th World Day of Prayer for the Care of Creation, I invite you to open your hearts to our wounded world and to live your vocation as disciples of Christ by becoming witnesses of peace. Jesus came that we may have life in abundance (cf. Jn 10:10). Therefore, caring for human life, creation and peace are deeply connected.

The words of Isaiah challenge us: **“They shall beat their swords into plowshares and their spears into pruning hooks” (Is 2:4)**. War, violence, poverty and injustice destroy human lives, families and creation. I ask you to be instruments of healing, reconciliation and peace wherever you are sent to serve.

Dear Sisters, true renewal begins within the human heart. Allow Christ to heal your wounds, purify your desires and strengthen you in love, justice, mercy and compassion. Let your communities become places of respect, forgiveness, simplicity, care and communion. Through genuine ecological conversion, care for creation must become part of our love for God and for one another.

Wherever you serve, remember the poor, the vulnerable and those whose dignity is forgotten. Let your gifts and resources become instruments for giving life, overcoming poverty, protecting human dignity and caring for creation. In your community life, transform **anger into patience, criticism into encouragement, division into communion, resentment into forgiveness and indifference into compassionate service**.

The true instruments of peace are **truth, dialogue, patience, goodness, justice, mercy, understanding, care and love**. Guard your hearts, for everything you do flows from them (cf. Prov 4:23). With God’s grace, let us move **from desert to garden, from division to communion, and from violence to peace**. May the Lord give you courage, wisdom and generous hearts, so that the peace of Christ may reign in your hearts, your communities and throughout all creation.

**With my Prayer and Blessing,
Pope Leo XIV**



Founder Message

My dear daughters in God the Father

Each of us is called to discover our true identity and the purpose God has given us. We may have our own plans and dreams, but our lives may take a different direction. Therefore, **place yourself in the hands of God and allow Him to mold you according to His will.**

Pray sincerely:

“Lord, You have made me. I place myself in Your hands. Make me what You want me to be. Lead me and show me what I should do.”

Remember that **true respect comes through sacrifice, service, love, and concern for others.** Do not demand respect because of your age or position; earn it through the goodness you show. Learn to understand, accept, love, and forgive one another. Small difficulties can become big problems when we fail to understand others. **The change we seek must first begin within ourselves.**

To our senior Sisters: accompany the younger generation with **patience, friendship, encouragement, and love.** Do not impose your way on them. Every person is unique and needs time and freedom to grow.

Use technology and AI wisely, but never allow technology to replace **prayer, community life, personal relationships, and human presence.**

Above all, **learn the art of silence and prayer.** In silence, we become aware of God's presence and begin to understand His guidance. Trust God. Place yourself in His hands. Listen, pray, and allow Him to lead you step by step.

When goodness is within you, goodness will flow from you.

**With Prayers and Blessings,
Rev. Fr. Dr. J. E. Arul Raj**



Provincial Message

Dear and loving Sisters,

I would like to share a few insights on ***why you and I need to seek, search for, and earnestly thirst for wisdom throughout our lives.*** Wisdom is not something we attain once and for all; it is a lifelong journey of learning, discerning, and growing.

“A heart that thirsts for wisdom never stops growing.”

In a world overflowing with information, what we need most is **wisdom**. Knowledge tells us *what* to do; wisdom teaches us *why, when, and how* to do it. Knowledge fills the mind, but wisdom transforms the person. For us as consecrated women, the thirst for wisdom is not simply an intellectual desire. It is a *spiritual hunger to understand life more deeply, discern God’s will more clearly, and serve humanity more meaningfully.*

A sister who has a thirst for wisdom never becomes stagnant. She remains curious, humble, teachable, and open to growth. She reads, studies, listens, observes, asks meaningful questions, learns from experience, and reflects before she acts. She does not say, *“I already know enough.”* Instead, she says, *“There is always something more for me to learn.”*

Our world is changing rapidly through technology, science, artificial intelligence, social media, and new ways of thinking. If we stop learning, we may gradually become disconnected from the people and realities we are called to serve. *Continuous learning is no longer an option; it is a responsibility.* But our goal must not be merely to become knowledgeable sisters. We are called to become *wise women; women who unite knowledge with discernment, competence with compassion, and intelligence with faith.*

“The fear of the LORD is the beginning of wisdom.” -Proverbs 9:10

True wisdom begins when we recognize that *God is the source of all truth.* Therefore, our thirst for knowledge should lead us closer to God, not merely make us more informed. We must cultivate the habit of reading the Word of God, studying our Constitutions and Church teachings, learning from good books and reliable sources, developing professional competence, and reflecting prayerfully on our experiences.

“Wisdom is not a product of schooling but of the lifelong attempt to acquire it.” - Albert Einstein

Provincial Message

Let us therefore refuse intellectual complacency. *Let every sister become a lifelong learner.* Let our communities become places where sisters inspire one another to read, question, think, discover, and grow. Let us not fear new knowledge; let us approach it with discernment. Let us not be satisfied with yesterday's understanding when today's world demands deeper insight.

“Knowledge speaks, but wisdom listens.”-Jimi Hendrix. Perhaps the question we need to ask ourselves today is:

When was the last time I learned something that genuinely changed the way I think, pray, lead, or serve?

May a holy thirst awaken within each of us a *thirst to know more, understand more deeply, discern more wisely, and serve more effectively?* May we never allow our minds to become closed, our curiosity to become weak, or our desire for growth to become comfortable.

Let us become women who are intellectually alive, spiritually rooted, emotionally mature, and wisely responsive to the signs of the times.

Let us not merely collect knowledge;

Let us earnestly seek wisdom.

Let us not merely grow older.

Let us grow deeper.

Let us not merely know more.

Let what we know transform who we are and how we serve.

With love and Prayers
Sr. A. Antoniammal DMI
Provincial Superior, St. Xavier Province

Founder Visit

On 21.08.2026, founding father Dr. J. E. Arul Raj visited Aralvoimozhi and conducted prayer in the house.



Provincial Program

Provincial Canonical Visit

Sr. Antoniammal made a canonical visit at Salem Community from 03.08.2026 to 05.08.2026.





On 06.08.2026, she visited St. Joseph International School, Salem and gave an orientation to the students in the assembly





Personal Talk with the Salem community Sisters



Provincial Program

On 02.08.2026 and 03.08.2026, Sr. Antoniammal attended the TNCRI meeting at Yercaud.



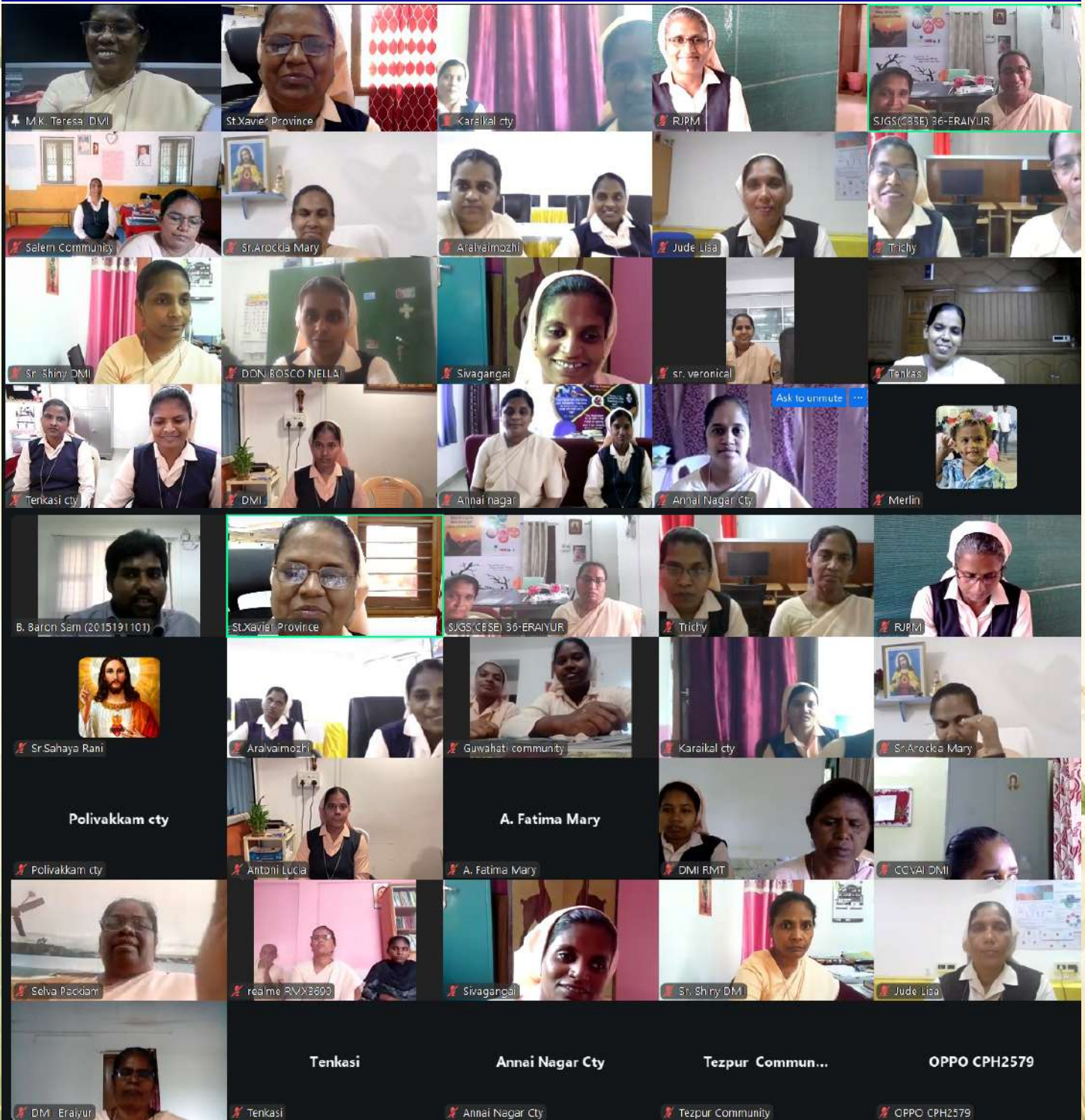
Provincial Program

On 19.08.2026, Sr. Antoniammal attended Mass at R.M. Thurai and prepared lunch for Mrs. Cecile's birthday.



Online meetings organized by Provincial

On 17.08.2026, Sr. Antoniammal organized the online input session for the sisters belonging to the 16th to 30th batches. Rev. Fr. Jacob MSFS, Sr. M. K. Teresa, Sr. S. Lalitha, Sr. Antoniammal gave input on various topics and Mr. Baron Sam gave session on AI Apps & its Applications.

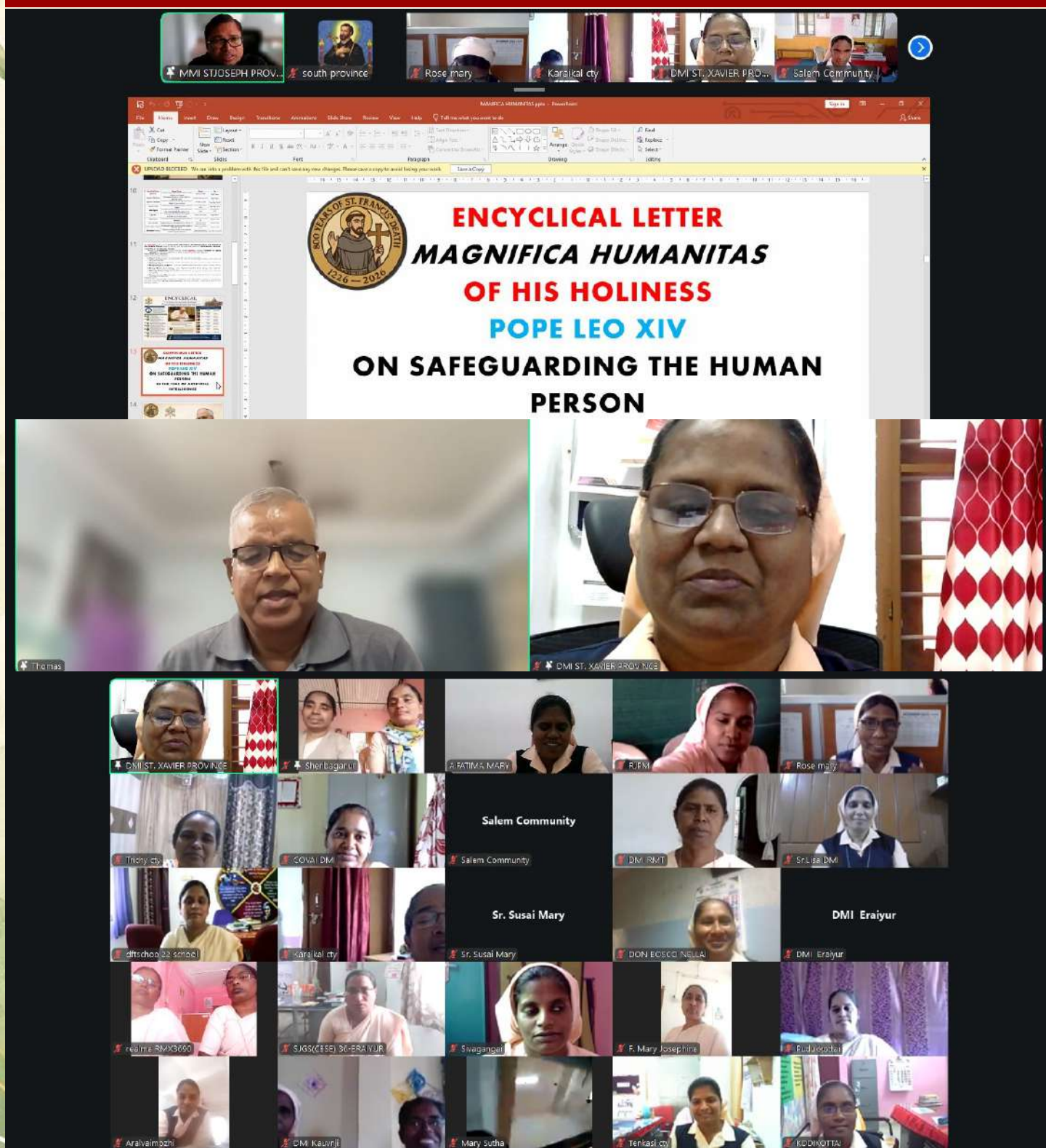


17th August Input by Rev.Sr.Lalitha DMI & Fr.Jacob

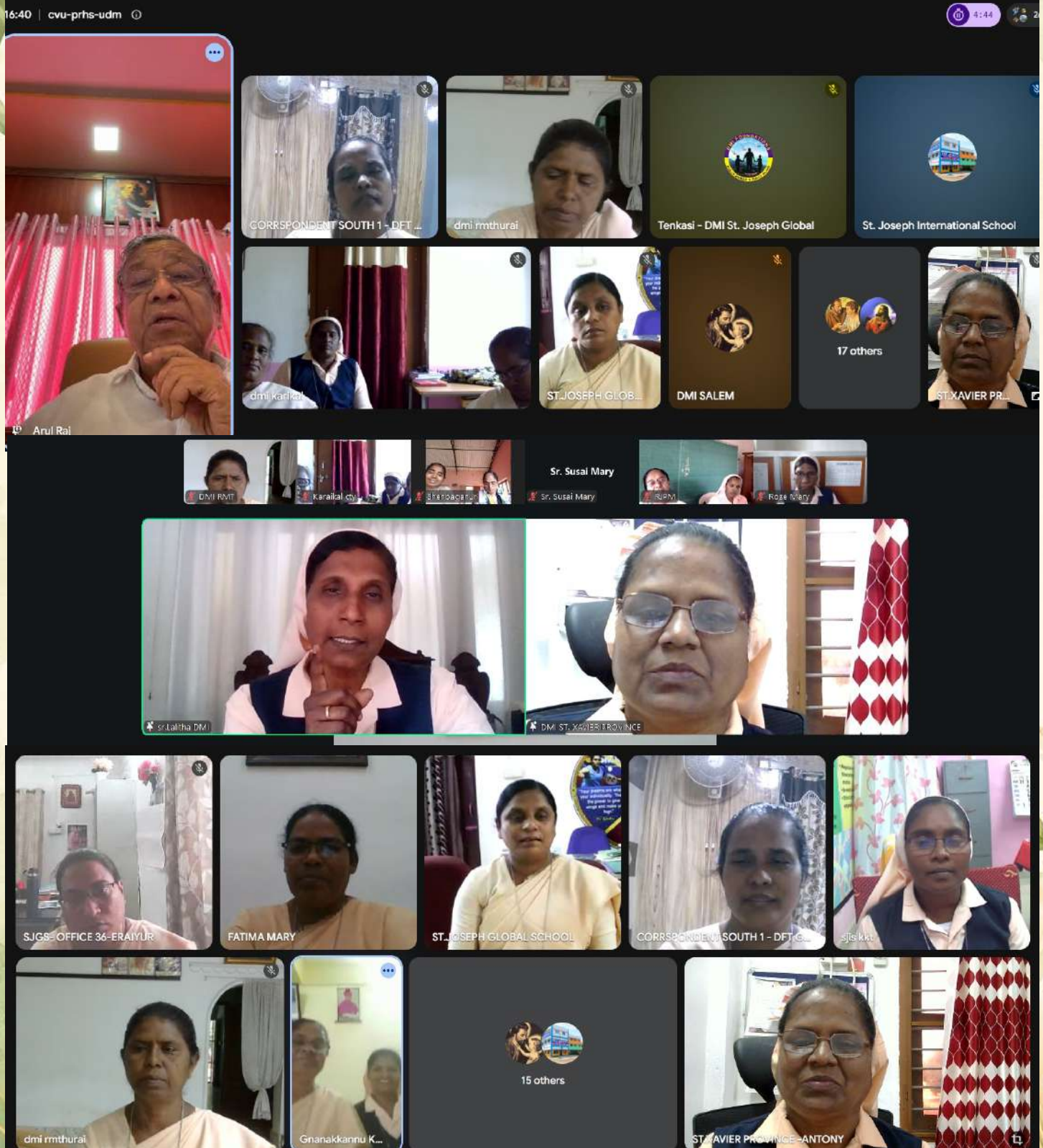


United for Peace, Guided by Love, Strengthened by Hope.”

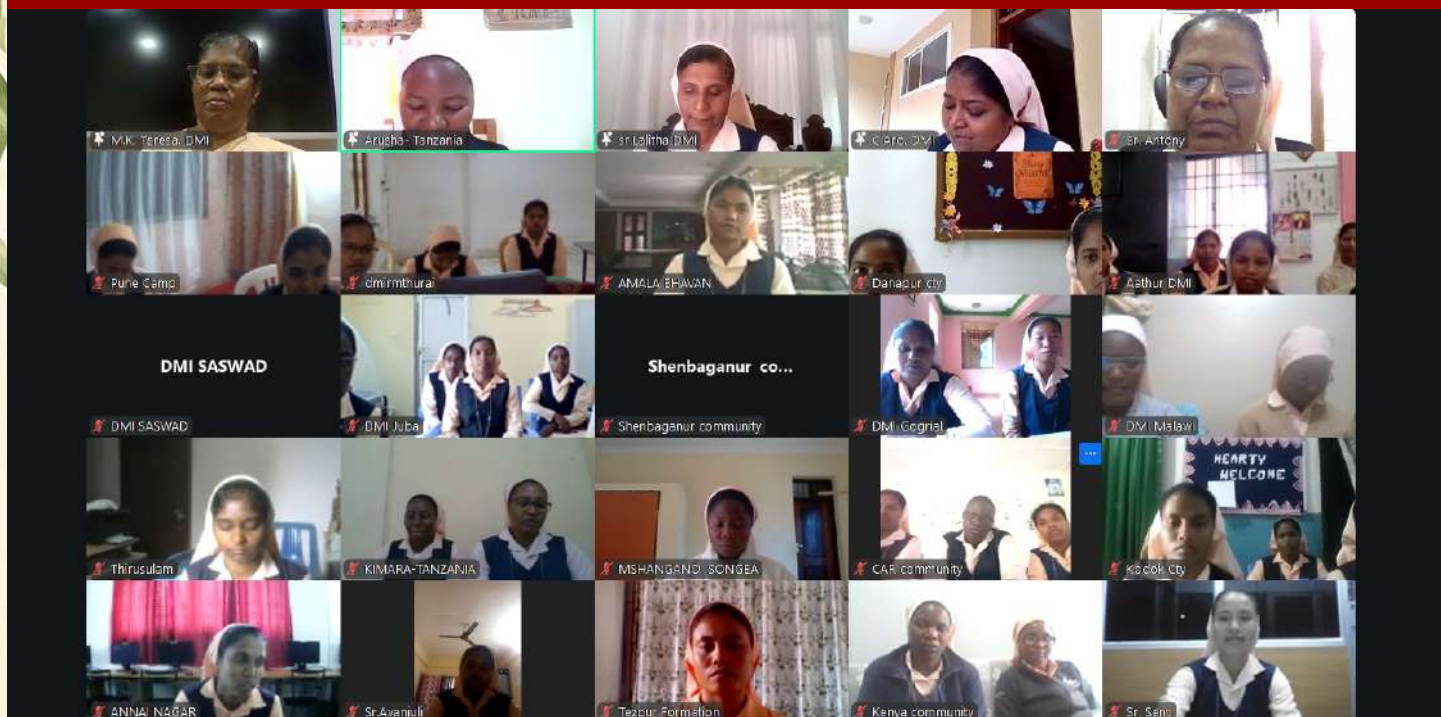
On 27.08.2026, Sr. Antoniammal organized the online input session for 1st to 15th batch sisters, Animators, Campus Superiors of Institutions and DCOs. Rev. Fr. David MMI, North Indian Provincial & Rev. Fr. Thomas Amirtham SJ , Chennai Provincial gave the Seminar on “MAGNIFICA HUMANITAS”



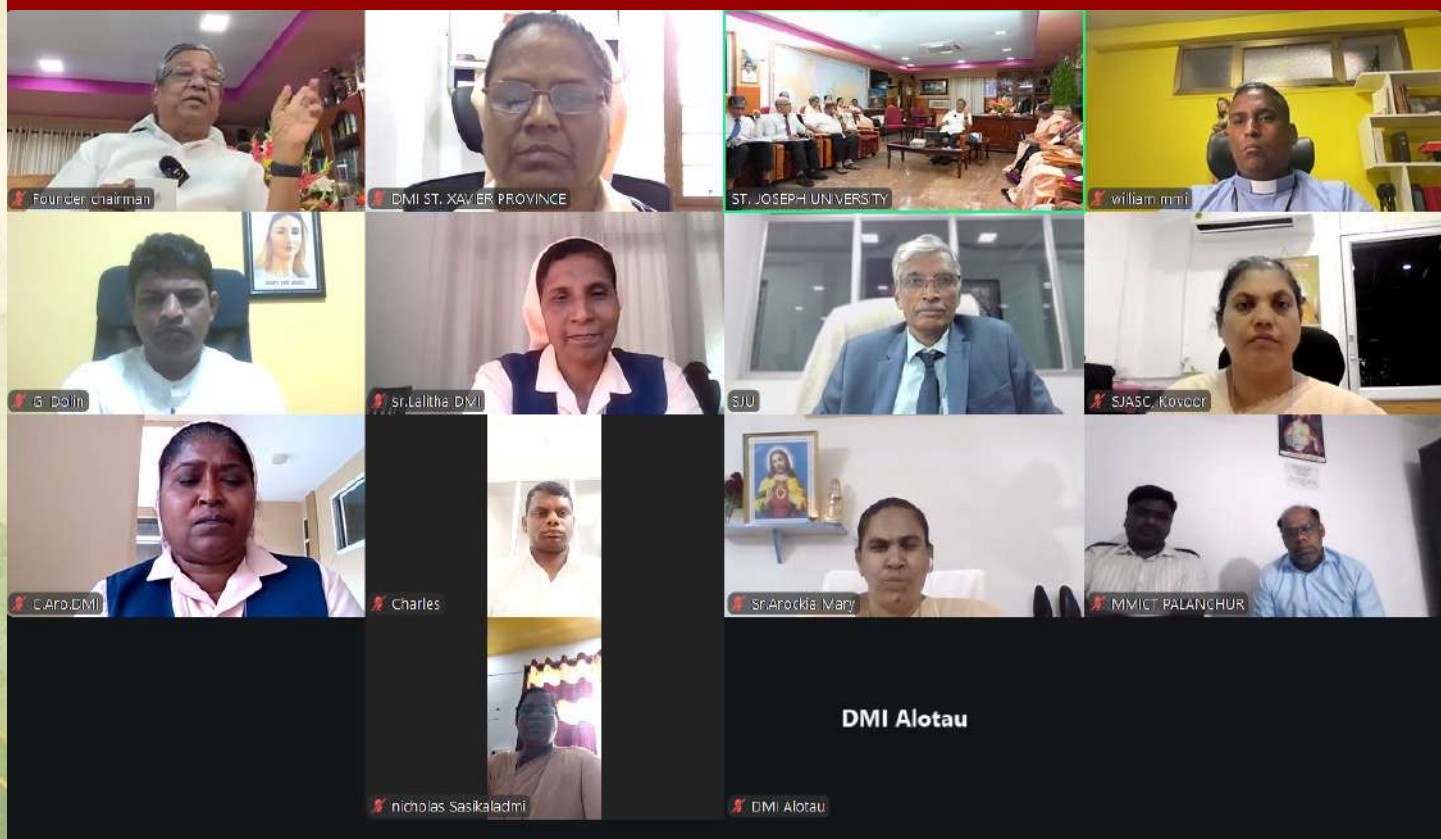
Online motivation by our Founding father & Superior General & Provincial



On 08.08.2026, Sr. A. Antoniammal attended the online input session for Junior Sisters, organized by the General Administration.



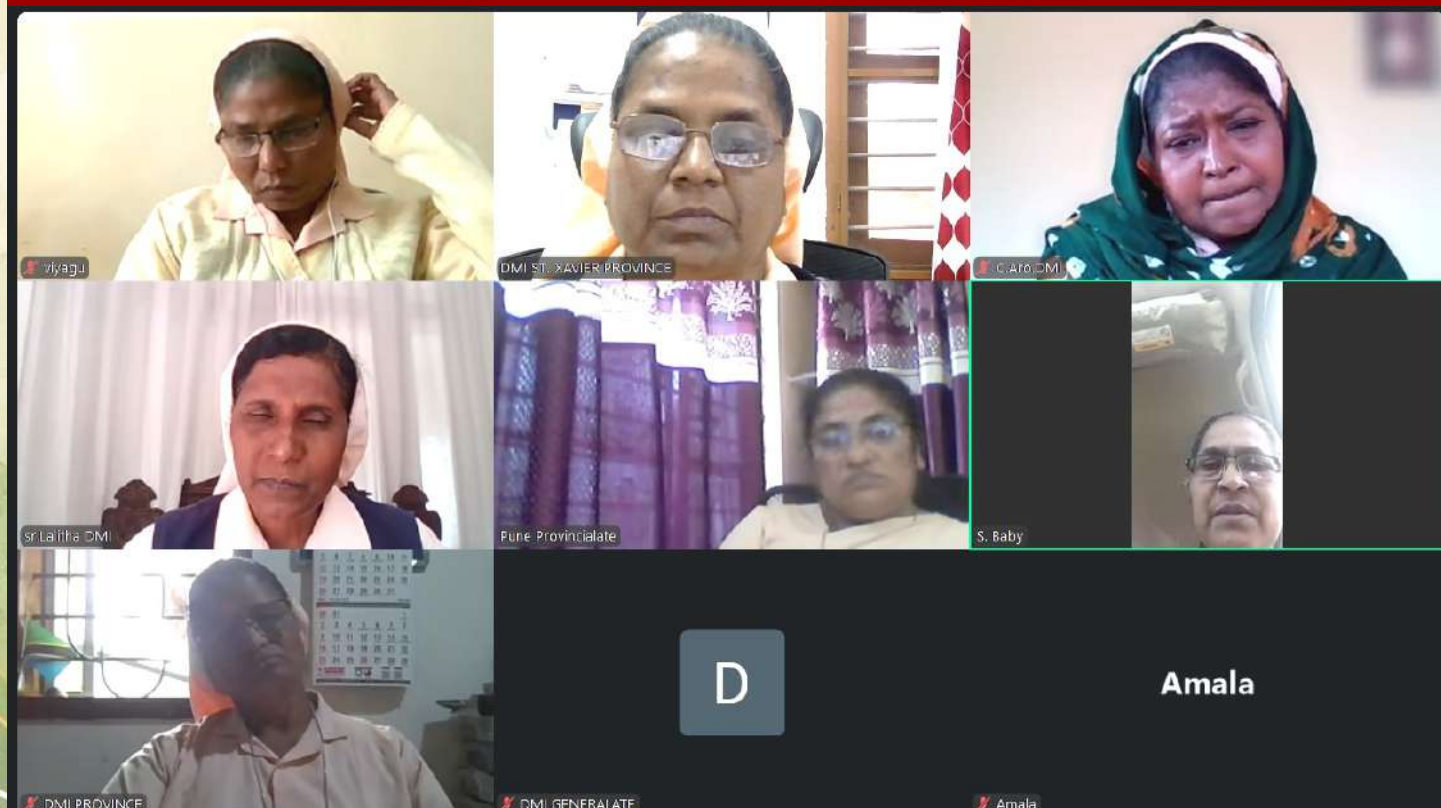
On 24.08.2026, Sr. Antoniammal attended the Founder's Meeting regarding the Medical College at Palanchur.



On 28.08.2026, Sr. Antoniammal and province sisters attended women development review meeting.



On 31.08.2026, Sr. Antoniammal attended the monthly review meeting for August 2026 organized by General Administration.



Personal Conversations

On 25.08.2026, Sr. Antoniammal had a personal conversation with Sr. Usha Nandhini, inquired about her well-being, and advised her to seek appropriate treatment at KMMC.



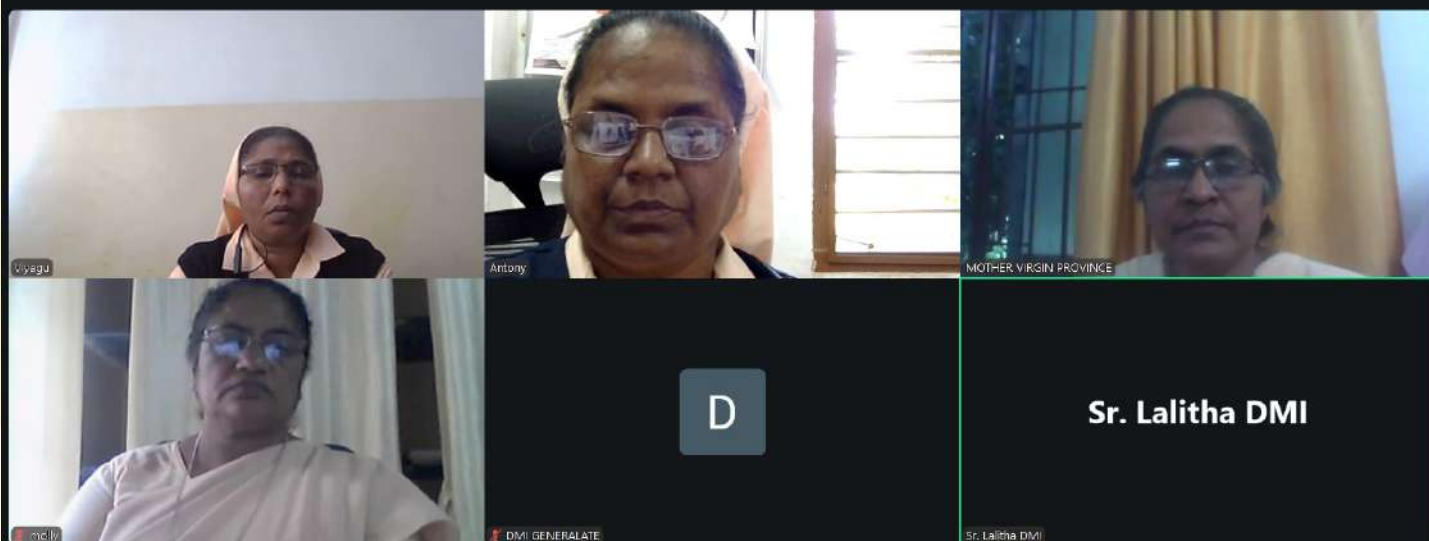
On 27.08.2026, Sr. Antoniammal had a personal talk with the candidates through the online.



On 31.08.2026, Sr. Antoniammal had a personal talk with the Nagapattinam community sisters through online.



Working Committee Meetings Attended



Important Events of the Province

On 30.07.2026 & 31.07.2026, the staff members and Sisters attended a Capacity-Building Training Programme at Nagapattinam. The sessions were facilitated by Sr. Jahani, Consultant of Mission India; Sr. Vincent Teresa, Country Coordinator; Mr. Eronymous, HHI Member; and Ms. Nivetha.



Achievements

On 19.08.2026, the NMC Inspection was conducted through the Online for the increasing 50 seats for the MBBS. By God's grace, we are blessed to announce that we have received approval for a total of 200 MBBS seats.

முட்டம் கே.எம்.எம்.சி. மருத்துவக்கல்லூரிக்கு கூடுதலாக 100 எம்.பி.பி.எஸ். சீட்



நாகர்கோவில், ஆக.22-
முட்டம் கே.எம்.எம்.சி. மருத்துவக்கல்
லூரிக்கு இந்த ஆண்டு கூடுதலாக 100
எம்.பி.பி.எஸ். சீட்டுகள் ஒதுக்கப்பட்டுள்
ளது. அதாவது ஏற்கனவே 100 என்ற
எண்ணிக்கையில் இருந்த மாணவர்
சேர்க்கை 200 ஆக உயர்த்தப்பட்டுள்ளது.

இதில் கிறிஸ்தவ மைனாரிட்டி மாண
வர்களுக்கு 13 சீட்டுகளும், மற்ற மாண
வர்களுக்கு 187 சீட்டுகளும் இந்த ஆண்டு

முதல் வழங்கப்படும் என கல்லூரி நிறுவன தலைவரும்,
செயின்ட் ஜோசப் பல்கலைக்கழகத்தின் வேந்தருமான
ஜே.இ.அருள்ராஜ் தெரிவித்துள்ளார்.



THEN
50
MBBS SEATS



EARLIER
100
MBBS SEATS



THEN
150
MBBS SEATS



NOW
200
MBBS SEATS

MORE OPPORTUNITIES. MORE DOCTORS. BETTER HEALTHCARE.



KMMC MEDICAL COLLEGE AND HOSPITALS



Annai Nagar

On 23.08.2026, community sisters conducted Sunday liturgy along with catechism children.



On 16th August 2026, community sisters attended Holy Mass in the parish. The Bishop of Nalgonda, Most Rev. Karanam Dhaman Kumar, MSFS, visited the parish and presided over the Holy Mass.



Skill Training Program

On 7th August 2026, a Tailoring Skill Training program was started for Self-Help Group (SHG) members at the DMI Office, Annai Nagar.



Awareness Program

On 06.08.2026, Sr. M. Sophia conducted a Dengue Awareness Program in Kurukkapatti Village. A total of 23 members from three SHGs participated in the programme.



On 22.08.2026, Sr. M. Sophia and Staff Mrs. R. Anbarasi went to Murugaraj Nagar, Annavasal Block, and formed a new Adolescent Group named Kaveri Adolescent Group with 12 children.



Independence Day Celebration

On 22nd August 2026, Sr. M. Sophia and Staffs celebrated Independence Day at Murugaraj Nagar with 47 children and 14 SHG members.



St. Joseph Global School

On 14.08.2026, Independence Day was celebrated. The Chief Guest, Havaldar A.Lingadurai, EX Indian Army, graced the occasion with his presence.



On 23.08.2026, Annai Nagar school students participated in the State Level Throw ball and Running Race Competitions held at Namakkal. They secured I Prize in the State Level Throw ball and II Prize in the Running race.



Aralvaimozhi

On 29.08.2026, Community sisters had a recollection on the theme “ “Encountering God in Everyday Life: From Stillness to Service”. The preacher was. Rev.Fr.Micheal HGN.



Development Work

The Chapel renovation work was completed and the Tabernacle was fixed.



St. Joseph International School

Students from Aralvaimozhi School, Jassam Samith and Athin Sarvesh secured an impressive 4th place among 263 teams in the Vivekananda Quiz, conducted by Pythagoras Thalaimurai at Neyyoor.



On 03.08.2026, the KG students celebrated Friendship Day with great enthusiasm and joy.



Independence Day Celebration

On 15.08.2026, Independence Day was celebrated at School Campus. Rev. Sr. Antoniammal hoisted the National Flag and addressed the staff.



DMI Engineering College

On 15.08.2026, Independence Day was celebrated at DMI Engineering College. The Chief Guest was Ms. Sindhyu Honey NB, Sub-Inspector of Police.



Graduation Day Celebration

DMI Engineering College celebrated its Graduation Day on 22 August 2026 with great enthusiasm.



DMI Engineering College emerged as the winner at the National Startup Summit, securing a cash prize of Rs. 1 lakh. This remarkable achievement reflects the institution's innovative spirit, entrepreneurial excellence, and the creativity and talent of its students.



Coimbatore

Spiritual Life

Community Sisters faithfully gather for Eucharistic Adoration every Friday. Each sister spends one hour in prayer, praise, thanksgiving, and petitions to the Lord.



On 02.08.2026, Annual family feast day was celebrated at St. Mary Magdalene church, karadamadai.



On 08.08.2026, One day leadership Training program for the faculty members was conducted at pollachi



Elupatti

St. Joseph's College of Engineering and Technology organized Fresher's Day on 28 August 2026. The chief guest was Mrs. Nivetha Hamsavardhan, Administration Head, Hamly Business Solutions, Tanjore.



Book Publications

The faculty members from CSE and S&H published a text book titled “Explainable Artificial Intelligence” and “Foundations of Discrete Mathematics” for the students.



Eraiyr

On 02.08.2026, the community sisters attended the Feast Mass at Perambalur Parish, where they had the opportunity to meet Most Rev. Dr. F. Antonysamy, Bishop of Kumbakonam.



On 22.08.2026, on the occasion of Mother Virgin's Birth Anniversary, special prayers were offered, and meals were provided for all the staff members.



Economic Activities

Mrs. Vahidha Banu and Mrs. Ayesha expanded their economic activities. Through tailoring, Vahidha Banu earned Rs. 20,000 per month, while Ayesha generated income through basket making and snacks preparation.



Awareness Program

On 06.08.2026, Sr. Arputham, along with staff Mrs. Rani organized the awareness on HIV/AIDS at Keelapuillur village. Totally 37 women participated and benefitted.



On 12.08.2026, Sr. Arputham organized the Dengue awareness program at Satana wadi village. Totally 25 women participated and benefitted.



St. Joseph Global School

On 30.07.2026, the KG students celebrated Green Day with enthusiasm. They prepared creative charts using green vegetables.



On 12.08.2026, Grade II A students commemorated International Youth Day with inspiring thoughts on the power of youth.



On 08.08.2026, the newly laid road on school campus was inaugurated by Rev. Sr. K. Sandiya, Director of Administration and Rev. Sr. Leetha Roseline, Correspondent. Rev. Fr. Martin, OMI, blessed the newly purchased school buses.



Independence Day Celebration

On 15 August 2026, 80th Independence Day was celebrated with pride. The National Flag was hoisted with respect, followed by the National Anthem.



Karaikal

On 11.08.2026, Sr. Arockia Mary and Sr. Michael Rani conducted an awareness programme on Violence against Women at Annaikoil village. A total of 21 members actively participated in the programme.



On 08.08.2026, Sr. Michael Rani conducted a drawing competition for the Children's Group to encourage their creativity, talents, and self-expression. A total of 14 children actively participated.



St. Joseph Global School

Independence Day Celebration

On 13.08.2026, 80th Independence day was celebrated. The celebration was graced by Dr. L. S. P. Sojasingarayar, President, Karaikal District Parent Association, and Mr. K. Punitharaj, PGT – Computer Science Teacher, Govt. Hr. Sec. School, Kilivanur.



Kavunji

From 07.08.2026 to 15.08.2026, 15 Servite Sisters stayed in Kavunji house for their field exposure. Kavunji community sisters provided them with food and accommodation.



Development Work

New mattresses, blankets, bedspreads, and pillows were purchased for Kavunji Centre. Three new bathrooms were also constructed for the guests' use.



World Tribal Day at Munkillpallam

On 09.08.2026, Kodaikanal sisters celebrated World Tribal Day at Munkillpallam village to honour the tribal people. Blankets were distributed to all 40 families as a gesture of love and solidarity.



பழங்குடியினர் தின விழா

கொடைக்கானல், ஆக. 11-



கொடைக்கானல் மூங்கில் பள்ளம் மலை கிராமத்தில் உலக பழங்குடியினர் தின விழா நடந்தது.

கொடைக்கானல் மேல் மலை மன்னவனூர் ஊராட்சி பகுதியில் மூங்கில் பள்ளம் ஆதிவாசிகள் மலை கிராமம் உள்ளது. இந்த கிராமத்தில் நூற்றுக்கும் மேற்பட்ட ஆதிவாசி பழங்குடியின மலைவாழ் மக்கள் வசித்து வருகின்றனர். இந்த மலை கிராமத்திற்கு சாலை உள்ளிட்ட போதிய அடிப்படை வசதிகள் இல்லை. இதை நிறைவேற்ற பொதுமக்கள் கோரிக்கை விடுத்து வருகின்றனர். இந்நிலையில் டி எம் ஐ அமைப்பின் சார்பில் இந்த மலை கிராமத்தில்

உலக பழங்குடியினர் தின விழா கொண்டாட்டப்பட்டது. அமைப்பின் நிர்வாகி அருட் சகோதரி அந்தோணி மேரி தலைமை தாங்கினார். விழாவில் மூங்கில் பள்ளம் மற்றும் மஞ்சம்பட்டியை சேர்ந்த ஆதிவாசி மலை கிராம மக்களுக்கு இந்த அமைப்பின் சார்பில் கம்பளிகள் மற்றும் உபகரணங்கள் வழங்கப்பட்டது. மேலும் மலை கிராம மக்களுக்கு பல்வேறு விதமான விழிப்புணர்வுகளும் ஏற்படுத்தப்பட்டது.

On 05.08.2026, DMI sisters observed World Justice day at Pondi village. Totally 29 women participated.



Independence Day Celebration

15.08.2026 Sr. Antony participated 80th independence day at Pondi High school and delivered the special speech and appreciated the teachers and students for getting 100% result in the public exam.



Kodikottai

On 06.08.2026, Sr. L. Susai Mary conducted a Leadership Training Program at Thirupakottai villages. Totally 25 members participated in the Program.



On 15th August 2026, the community sisters visited Seiyananthal School for the flag-hoisting ceremony. Thirty children participated in the celebration.



On 05.08.2026, Sr. Arul Mary conducted BLC meeting at Manapuvayal village. Totally 25 women participated in the program.



On 15th August 2026, sisters attended Gramasaba Meeting at panakulam panchayat. 75 men and women participated in the meeting.



St. Joseph International School

On 14th August 2026, Independence Day was celebrated with patriotic fervor. Students showcased their talents through dances and various cultural activities.



Muttom

On 25.07.2026, DMI sisters attended the CRI meeting in the Animation Centre of Bishop's House.



On 31.07.2026, Rev.Fr.Sijocap and six sisters came and stayed for 2 days and went back on 02.08.2026.



Independence Day Celebration

On 15.08.2026 DMI Sisters celebrated the 80th Independence day, Dr. Mohan the Dean hoisted the flag and gave the inspiring talk to everyone and Dr. Rajendran IAS too gave the talk to the Assembly.



Co foundress Day Celebration

On 22.08.2026, Sr. Virginammal Birthday was celebrated and conducted the Holy Mass.



On 23.08.2026, the DMI Sisters participated in the Eucharistic Celebration presided over by Rev. Fr. Nathan and Rev. Fr. Mahesh, followed by the land blessing and laying of foundation bricks in the presence of Dr. Rajendran, IAS.



On 31.08.2026, MBBS first and second year students were written their final exams. Our Vice Chancellor Dr. Subbaiya Barathi motivated them.



St. Joseph International School

On 07.08.2026, school canteen was opened to provide students and staff with hygienic and nutritious food in a safe and comfortable environment.



On 14.08.2026, 80th Independence Day was celebrated at School Campus. The sisters hoisted the National Flag.



Nagapattinam

On 21.8.2026, Nagapattinam and Karaikal sisters had Recollection on the theme of "Encountering God in Everyday life from Stillness to service". Fr. Domnic SMA was guiding the session.



Mrs. Josephine received ICICI loan and started an Aari work and tailoring business from home at P.R. Puram Panchayat . She now earns Rs.3,000–Rs.4,500 per day



On 08.08.2026, ten Ponmani Group women beneficiaries received Rs. 5,00,000 through ICICI Bank at Nagapattinam. Two beneficiaries have started new businesses: Mrs. Lakshmi opened an essential-items and tea shop near the Government Hospital, while Mrs. Malathi started a footwear shop near Nagai Bus Stand.



On 15.08.2026, Sr. Susai Mary and Sr. Malar visited Akkaraipettai Panchayat and formed a new children's group named "Thenmalargal". Totally 17 children joined in the new Parliament.



On 17.08.2026, Sr. Susai Mary and staff member Latha organized a Women's Rights Awareness Programme in Thyirkuvelli Village. A total of 38 women participated in the programme.



Palayamkottai

On 12.08.2026, community was blessed with the joyful and grace-filled casual visit of our Founder Father. Their presence brought great happiness and warmth to the community.



Every Thursday, Friday, and Sunday, the sisters gather reverently before the Blessed Sacrament for Holy Adoration, seeking God's grace, guidance, and strength for their lives and mission.



The Diocese-Level Anbiyam Meeting of the Palayamkottai Diocese was held on 25 July 2026 at the Jubilee Pastoral Centre, Tirunelveli. Nearly 100 members participated the programme.



Every Sunday, the community sisters visit the elderly and sick, pray with them, and distribute Holy Communion.



Don Bosco Matric School

On 02.08.2026, a new bus was purchased for School.



On 13.08.2026, Independence Day was celebrated at Don Bosco School Campus. Various cultural programmes were presented by the students



R.M.Thurai

On 12.08.2026 and 19.08.2026 Father founder celebrated the Holy mass at R.M.Thurai community.



On the evenings of August 12, 2026, and August 13, 2026, Sr. Christy, along with Sr. Periyannagammal and Sr. Selvamatha, visited the one to eight Anbiyangal with their assistant parish priest.



Independence Day Celebration

On 15th August 2026, community sisters went to the parish for Holy Mass. Following the Mass, the flag was hoisted at the high school, and sisters participation was made in the celebration.



Fellowship Day with the Poor

On 19th August 2026, the DMI sisters commemorated the birth anniversary remembrance of Mrs. Mary Cecily, the mother of our Founder, Rev. Fr. J. E. Arul Raj. Special prayers and Holy Mass were offered, and food was distributed to the people.



Rajapalayam

St. Joseph International School

On 20.08.2026, students were appreciated for the 80th Independence Day Celebration Competition jointly organized by the Children's Welfare, Education Trust and Thiruvalluvar Tamil Nadu Tamil Teachers' Tamil Sangam.



Independence Day Celebration

On 13.08.2026, the students and staff celebrated the 80th Independence Day with great joy and enthusiasm. The students came dressed as various national leaders and participated happily in the celebration.



Angel College of Education

On 11 August 2026, A Blood Donation Awareness Programme was organized at Angel College of Education, Rajapalayam.



Second year student teachers visited St. Joseph International School, CBSE, Mudukudi, and Rajapalayam, and observed various subject classes.



Salem

On 18 August 2026, the DMI Sisters formed two new women's groups, namely Sri Murugan and Thamarai, in Kalakkampadi and Kumangkuruchi. A total of 22 members newly joined the DMI Forum.



On 3rd August 2026, the DMI Sisters conducted a Block Level Federation (BLF) meeting in Karumanthurai. A total of 26 women participated in the meeting.



Awareness Program

On 21 August 2026, the DMI Sisters conducted a Mental Health Awareness Programme for the village women's group in Melnadupatty. A total of 68 women participated and benefited.



On 2nd, 4th & 17th of August 2026, Sr. Little, along with Mrs. Dhanam and the Novices, conducted an awareness programme on the Right to Food for women's groups in Pagadupattu, Munkilpattu, Perunchoor and Karumanthurai. A total of 194 women participated in the programme.



St. Joseph International School

On 14th August 2026, a rally was held from the Pagadupattu area to the Karumanthurai bus stand to raise awareness about the dangers of drug abuse. Students ranging from Kindergarten (KG) to Class 10 participated in the event.



Shenbaganur

Creative Craft Work by the Novices



On 14.08.2026, DMI sisters organized a DLF meeting conducted by Rev. Sr. Vincent Treasa DMI, the Country Coordinator. A total of 13 members participated in the meeting.



Awareness Program

An Awareness Programme on Violence Against Women was organized at Attuvampatti on 19.08.2026 by staff Ananthi and Sr. Jaya DMI. Totally 28 members participated.



On 14.08.2026, Dengue Awareness Program was organized at Kodaikanal. A total of 13 members participated and benefitted.



World Tribal Day

On 09.08.2026, World Tribal Day was observed and special program was conducted at Vadagaraiparai. As part of the program, notebooks, pouches, pencils, and pens were distributed to 35 children, and bed sheets were provided to 110 families.



On 21.8.2026, Life Skill Training Programme was organized at Vilpatti High School. Sr. Jaya was the chief guest and addressed the students on the importance of life skills. Totally 52 children participated.



On 22.8.2026, Sr. Flora and Staff Ananthi organized a Children's Group Meeting in Pallanki village. 15 Children participated in the programme.



Tenkasi

Community sisters had a recollection conducted by Rev. Fr. Pushpa Raj, HGN, on 08.08.2026.



On 15.08.2026, the community sisters went on a pilgrimage to Thannuthu.



JP College of Engineering

On 29.08.2026, 14th Graduation Day was celebrated at JP College of Engineering. Sr. GnanaSelvam, DFT Managing Trustee and Sr. I. Arockia Mary, Correspondent provided the certificates to the students.



JP College of Arts and Science

On 15.08.2026, 80th Independence Day was celebrated at JPCAS. Rev. Sr. Dr. I. Arockia Mary, Correspondent, hoisted the National Flag.



On 12.08.2026, The 77th Anniversary of Geneva Convention and District Level Competitions 2026 was jointly organized by the Indian Red Cross Society, Tamil Nadu Branch – Tenkasi District Branch, Youth Red Cross.



St. Joseph Global School

On 07.08.2026, Vegetables Day was celebrated with enthusiasm to create awareness about the importance of vegetables in daily diet.



KG Students celebrated Blue Day on 21.08.2026 with great enthusiasm and excitement.



On 14.08.2026, Independence Day was celebrated at SJGS, Tenkasi with great enthusiasm and patriotic spirit. The programme highlighted the importance of India's independence, national unity, freedom, and responsibility.



Trichy

On 22.08.2026, Sr. Virginammal birthday was celebrated. The sisters conducted the special prayers and provided food.



Shrine Vailankanni Matric School

On 14.08.2026, 80th Independence day was celebrated at Shrine Vailankanni Matric School. Students participated in many activities and received prizes.



Articles

Magnifica Humanitas

A Personal Reflection on the
Greatness of Being Human

*We are
wonderfully
made.*

Introduction

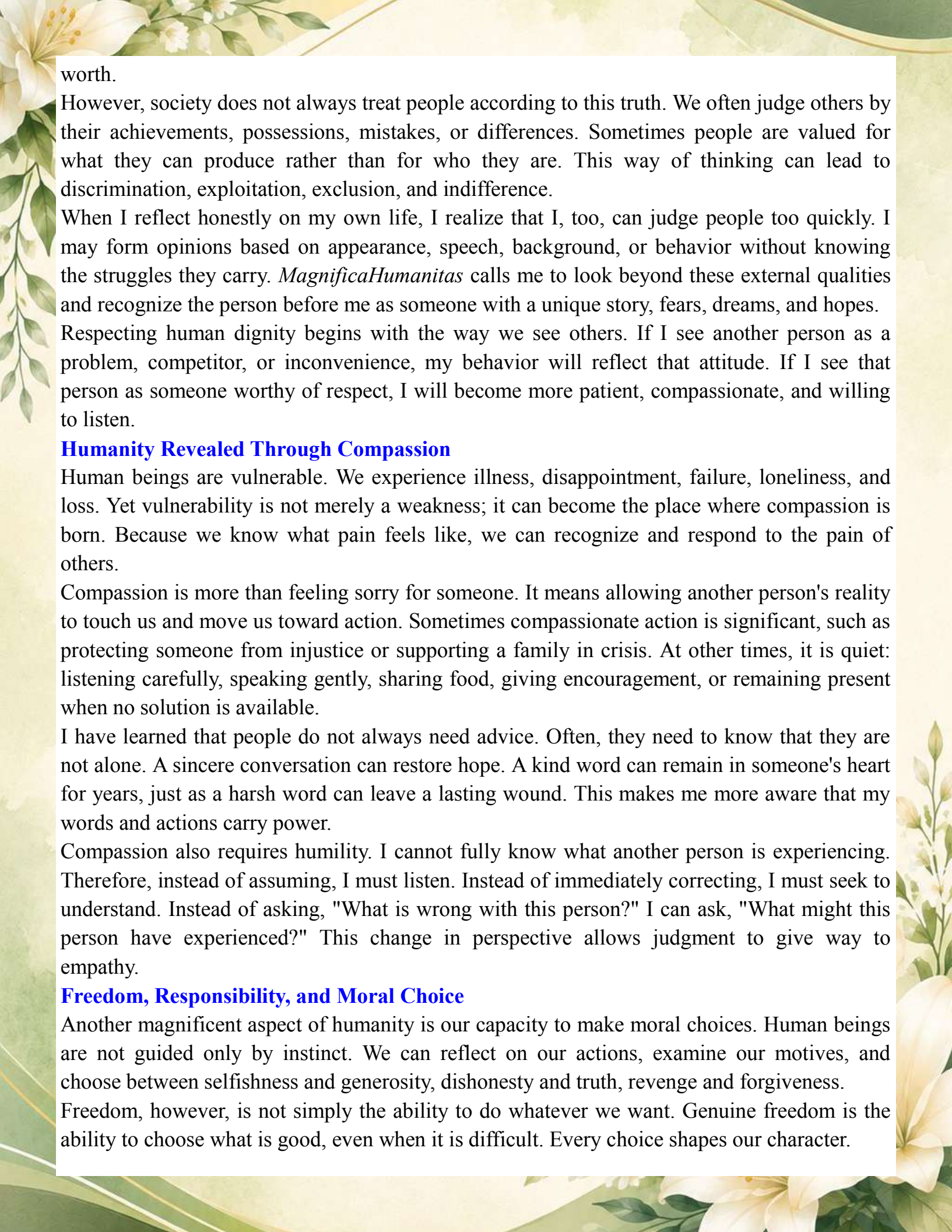
The Latin expression *Magnifica Humanitas* may be understood as "the magnificence of humanity" or "the greatness of being human." It invites us to reflect on the dignity, beauty, and responsibility found in every human life. In a world often divided by nationality, religion, social status, wealth, and ideology, this idea reminds us that something deeper unites us: our common humanity.

To be human is not simply to exist. It is to think, feel, love, suffer, forgive, create, and hope. Human greatness is visible not only in extraordinary achievements but also in ordinary acts of goodness. A parent who sacrifices for a child, a teacher who patiently encourages a struggling student, a stranger who helps someone in distress, or a friend who listens without judgment all reveal the beauty of humanity.

For me, *Magnifica Humanitas* is both an affirmation and a challenge. It affirms that every person possesses inherent worth, but it also challenges me to live in a way that respects and strengthens the dignity of others.

The Dignity of Every Person

The foundation of human greatness is dignity. Dignity does not depend on success, intelligence, appearance, usefulness, or social position. It belongs to every person simply because that person is human. A newborn child, an elderly person, someone living with a disability, a refugee, a prisoner and a powerful leader all possess the same fundamental human



worth.

However, society does not always treat people according to this truth. We often judge others by their achievements, possessions, mistakes, or differences. Sometimes people are valued for what they can produce rather than for who they are. This way of thinking can lead to discrimination, exploitation, exclusion, and indifference.

When I reflect honestly on my own life, I realize that I, too, can judge people too quickly. I may form opinions based on appearance, speech, background, or behavior without knowing the struggles they carry. *MagnificaHumanitas* calls me to look beyond these external qualities and recognize the person before me as someone with a unique story, fears, dreams, and hopes.

Respecting human dignity begins with the way we see others. If I see another person as a problem, competitor, or inconvenience, my behavior will reflect that attitude. If I see that person as someone worthy of respect, I will become more patient, compassionate, and willing to listen.

Humanity Revealed Through Compassion

Human beings are vulnerable. We experience illness, disappointment, failure, loneliness, and loss. Yet vulnerability is not merely a weakness; it can become the place where compassion is born. Because we know what pain feels like, we can recognize and respond to the pain of others.

Compassion is more than feeling sorry for someone. It means allowing another person's reality to touch us and move us toward action. Sometimes compassionate action is significant, such as protecting someone from injustice or supporting a family in crisis. At other times, it is quiet: listening carefully, speaking gently, sharing food, giving encouragement, or remaining present when no solution is available.

I have learned that people do not always need advice. Often, they need to know that they are not alone. A sincere conversation can restore hope. A kind word can remain in someone's heart for years, just as a harsh word can leave a lasting wound. This makes me more aware that my words and actions carry power.

Compassion also requires humility. I cannot fully know what another person is experiencing. Therefore, instead of assuming, I must listen. Instead of immediately correcting, I must seek to understand. Instead of asking, "What is wrong with this person?" I can ask, "What might this person have experienced?" This change in perspective allows judgment to give way to empathy.

Freedom, Responsibility, and Moral Choice

Another magnificent aspect of humanity is our capacity to make moral choices. Human beings are not guided only by instinct. We can reflect on our actions, examine our motives, and choose between selfishness and generosity, dishonesty and truth, revenge and forgiveness.

Freedom, however, is not simply the ability to do whatever we want. Genuine freedom is the ability to choose what is good, even when it is difficult. Every choice shapes our character.

Small decisions, repeated daily, gradually determine the kind of people we become.

This realization makes *MagnificaHumanitas* deeply personal. It is easy to speak about humanity in general, but the real question is how I treat the people around me. Do I show respect to those who cannot benefit me? Am I honest when dishonesty would be easier? Do I admit my mistakes? Can I forgive someone who has hurt me? Do I remain silent when another person is treated unfairly?

Human greatness is not perfection. Every person has weaknesses and makes mistakes. What makes us truly human is our ability to acknowledge failure, seek forgiveness, learn, and begin again. Growth becomes possible when we stop defending every mistake and accept responsibility for our actions.

Human Connection in a Divided World

Modern technology allows us to communicate across great distances, yet many people feel increasingly isolated. Social media connects us instantly but can also encourage comparison, misunderstanding, and hostility. People can be reduced to profiles, labels, opinions, or statistics. When this happens, it becomes easier to insult, ignore, or dehumanize them.

MagnificaHumanitas reminds us that authentic human connection requires more than digital contact. It requires presence, attention, and mutual respect. Listening to someone without checking a phone, sharing a meal, caring for a neighbor, and participating in community life can all restore a sense of belonging.

This reflection also challenges the tendency to divide people into "us" and "them." Differences are real and should not be ignored, but they do not erase our shared humanity. We may disagree strongly while still respecting one another. We may defend truth without humiliating those who think differently.

The greatness of humanity is revealed when people build bridges instead of walls. Reconciliation does not mean pretending that harm never occurred. It means facing the truth, seeking justice, and refusing to allow hatred to have the final word.

Practical Points for Daily Life

The ideals of *MagnificaHumanitas* become meaningful only when they shape everyday behavior. I can practice them in the following ways:

1. Recognize each person's dignity. I should treat everyone respectfully, including people whose background, opinions, or lifestyle differ from mine.
2. Listen before judging. Giving someone my full attention communicates that their experiences and feelings matter.
3. Use words carefully. Before speaking or posting online, I can consider whether my words are truthful, necessary, and respectful.
4. Perform small acts of kindness. Greeting someone warmly, helping with a task, sharing what I have, or encouraging a discouraged person can make a genuine difference.

5. Defend those who are excluded. Respect for humanity requires me not only to avoid injustice but also to speak when another person's dignity is being violated.
6. Practice forgiveness. Forgiveness does not excuse wrongdoing or remove healthy boundaries, but it prevents resentment from controlling my life.
7. Admit mistakes and make amends. A sincere apology, followed by changed behavior, is a sign of courage and maturity.
8. Care for the vulnerable. Children, elderly people, those living in poverty, people with disabilities, and others at risk deserve protection, inclusion, and practical support.
9. Build genuine relationships. Regularly giving people undivided attention can strengthen trust and reduce loneliness.
10. Reflect on my choices. At the end of each day, I can ask whether my actions respected the dignity of others and what I should do differently tomorrow.

Conclusion

MagnificaHumanitas celebrates the extraordinary value present in ordinary human life. Our magnificence is found not only in intelligence, creativity, and achievement but also in our capacity for compassion, moral courage, forgiveness, solidarity, and hope.

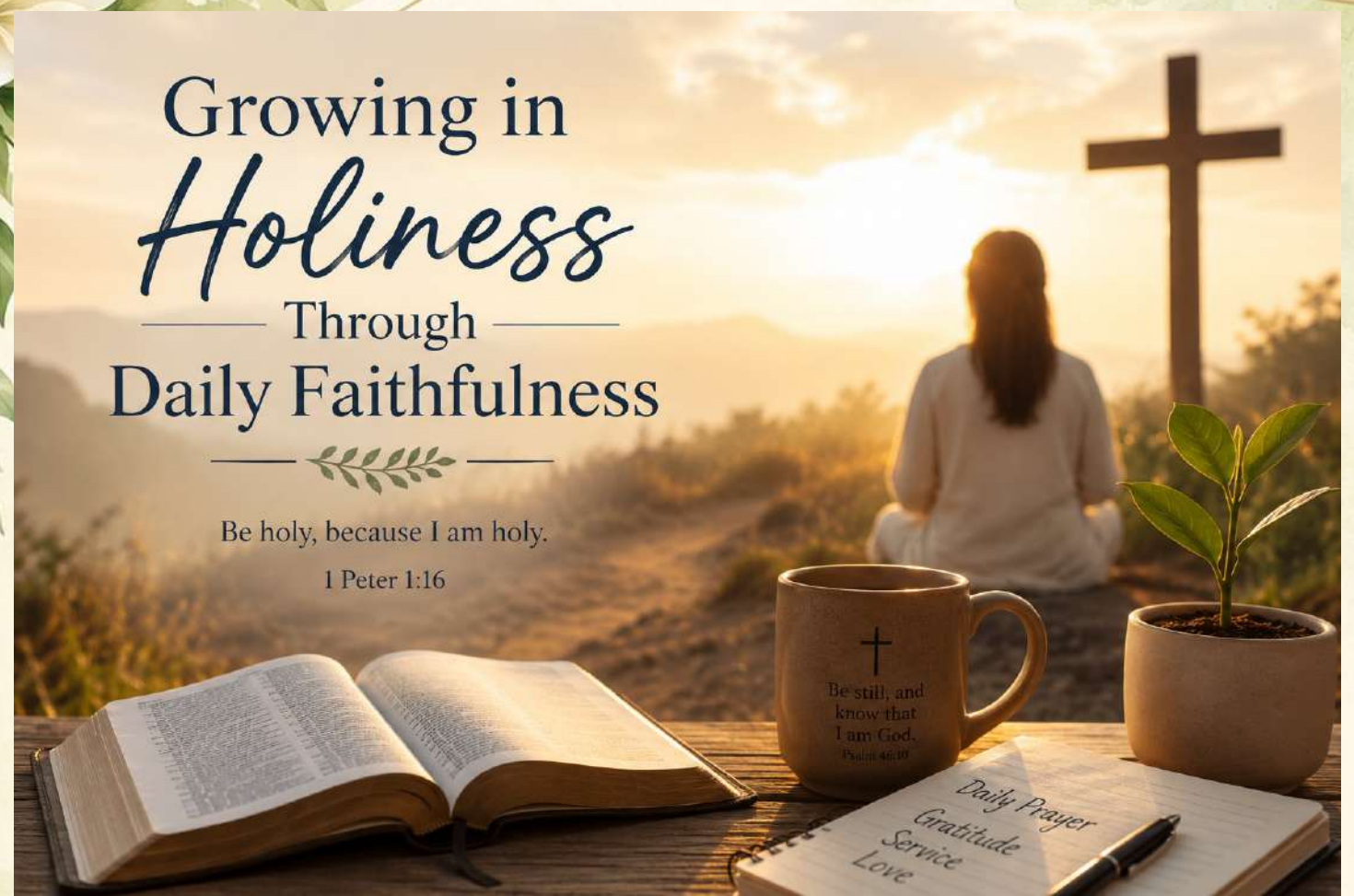
My reflection on this idea leads me to an important conclusion: humanity becomes magnificent when dignity is recognized and love is translated into action. It is not enough to admire human goodness as an abstract ideal. I must practice it in my relationships, choices, words, and responsibilities.

I may not be able to solve every problem in the world, but I can influence the world immediately around me. I can listen more attentively, judge less quickly, speak more kindly, oppose injustice, and respond to suffering with compassion. Through such actions, the greatness of humanity becomes visible.

Ultimately, *MagnificaHumanitas* is not only a description of what human beings are capable of becoming. It is an invitation addressed to each of us: to recognize the dignity of every person and to make our shared humanity more beautiful through the way we live.



Sr. A. Antoniammal
9th Batch
Aralvaimozhi community



Growing in *Holiness* Through Daily Faithfulness

Be holy, because I am holy.

1 Peter 1:16



Introduction

Holiness is not reserved only for saints or extraordinary people. Every baptized Christian is called to become holy through a life of faith, love, and obedience to God. Holiness is a daily journey, shaped by small acts of faithfulness rather than dramatic moments. It is found in our prayers, our service to others, our forgiveness, our humility, and our willingness to do God's will every day. As consecrated women, our vocation invites us to deepen our relationship with Christ and become living witnesses of His love in the world.

The path to holiness requires perseverance, trust, and complete surrender to God. Each day presents new opportunities to grow in virtue and reflect Christ's presence through our words and actions.

"Be holy, because I am holy." — 1 Peter 1:16

Personal Reflection: When I reflect on my own religious life, I realize that holiness is not about being perfect but about remaining faithful to God's call every day. There are moments when I experience weakness, tiredness, or discouragement, yet God patiently invites me to begin again. Every prayer, every sacrifice, and every act of charity becomes a step toward holiness when offered with love.



Growing Through Daily Faithfulness

Daily faithfulness is the foundation of a holy life. Jesus Himself remained faithful to His Father's will in every circumstance. He teaches us that true discipleship is lived one day at a time. Faithfulness means praying even when we do not feel like praying, serving joyfully even when unnoticed, and loving others even when it is difficult.

In religious life, faithfulness is expressed through fidelity to prayer, community life, ministry, and the vows we have professed. Small acts of obedience, kindness, patience, and forgiveness shape our hearts into the likeness of Christ. God often works through ordinary moments, transforming them into extraordinary experiences of grace.

"Whoever is faithful in very little is also faithful in much." — Luke 16:10

Personal Reflection: I have learned that my greatest spiritual growth often comes through ordinary responsibilities rather than extraordinary events. Preparing meals, participating in community prayer, helping those in need, and carrying out daily duties with love are beautiful opportunities to meet Christ. Whenever I faithfully fulfill these responsibilities, I experience a deeper peace and joy because I know I am serving the Lord Himself.

Holiness Through Prayer, Service, and Love:

Prayer is the heart of holiness. It keeps us connected to Jesus, who is the source of all grace. Without prayer, our spiritual life weakens, but with faithful prayer, we receive strength to overcome temptations and remain faithful to our vocation.

Service is another expression of holiness. Jesus came not to be served but to serve. Every act of compassionate service reflects God's love to the world. Holiness also grows through forgiveness, humility, patience, and sincere love for one another. These virtues make Christ visible through our lives.

"Abide in me as I abide in you." — John 15:4

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me." — Matthew 25:40

Personal Reflection: Whenever I spend time in silent prayer before the Blessed Sacrament, I discover renewed strength for my mission. Jesus gently reminds me that holiness begins by remaining close to Him. Serving others becomes meaningful only when it flows from a heart united with Christ. I realize that every person I meet is an opportunity to love Jesus more deeply.

Conclusion

Growing in holiness is a lifelong journey. It does not happen overnight but through faithful commitment to God each day. Every prayer offered, every sacrifice accepted, every act of love, and every moment of obedience prepares us for eternal life. God is continually shaping us into His image, inviting us to trust Him completely.

As we continue our journey of faith, may we remain steadfast in prayer, joyful in service, humble in heart, and faithful in every responsibility entrusted to us. Let us encourage one another to walk the path of holiness with hope and confidence, knowing that God who began the good work in us will bring it to completion.

"He who began a good work in you will carry it on to completion until the day of Christ Jesus." — Philippians 1:6

Personal Reflection: My desire is to grow closer to Jesus every day. I know that holiness is His gift, but it also requires my daily response of faithfulness. I pray that my life may become a reflection of Christ's love through humble service, joyful obedience, and unwavering trust. May every ordinary day become an unexpected offering to God, leading me and those around me closer to His Kingdom.



Sr. L. Susai Mary
7th Batch
Kodikottai Community

Give Your Agenda to God

Commit your plans to the Lord;
trust in Him, and He will act.

Psalm 37:5



Introduction

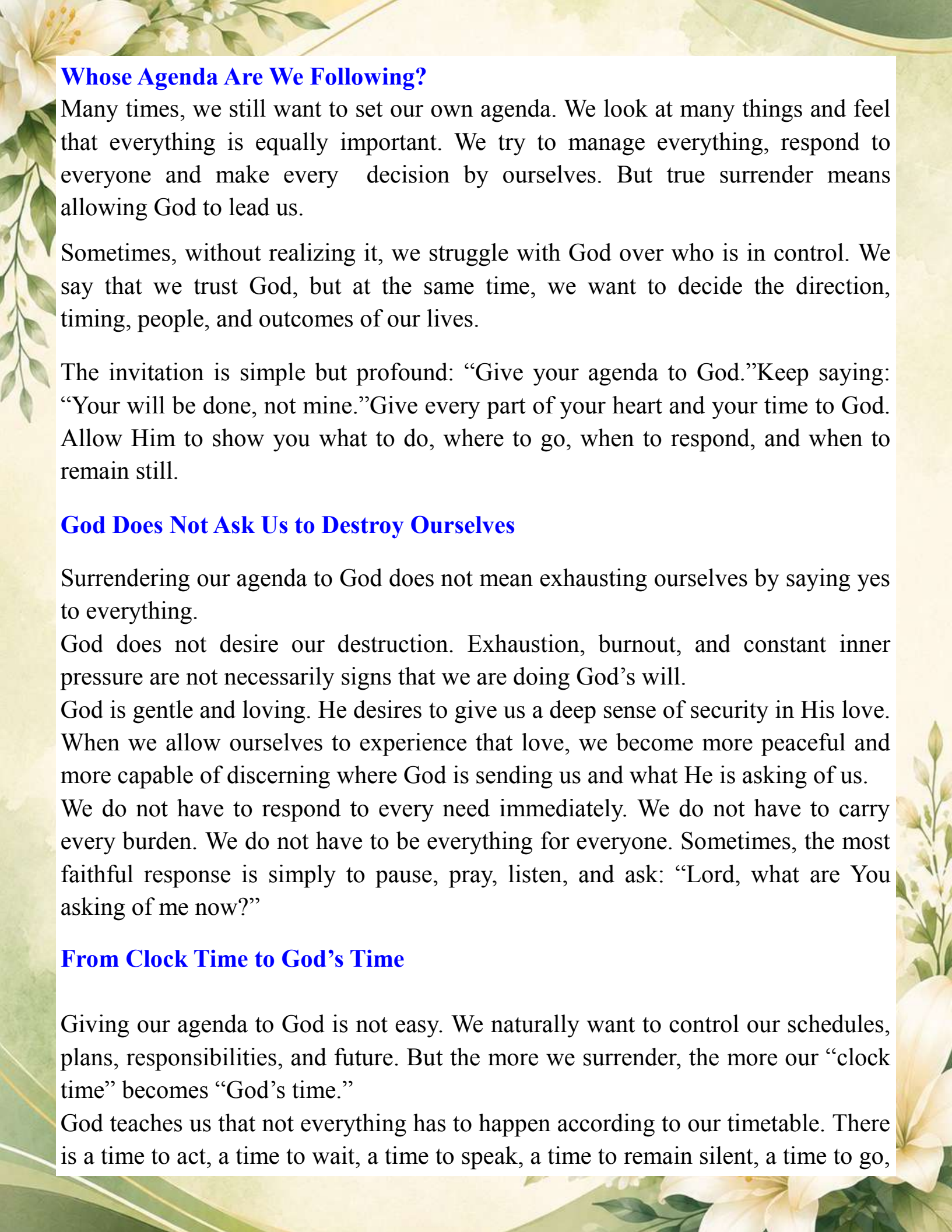
We often become deeply concerned about making the right choices in our work and daily lives. Many options may lie before us, and we can easily become overwhelmed by the questions: “What should I do?” and “What should I not do?” Every day, there are people who need our attention—people to visit, people to receive, and people who simply need our presence. There are responsibilities that demand our time, books that seem important to read, and many other good things that invite our attention. Yet, in the midst of all these possibilities, we need to ask ourselves: “What truly deserves my time and energy?”

Do Not Let Others Possess You

The first step is to stop allowing people, responsibilities, and problems to possess our hearts. When we begin to believe that we need the approval, acceptance, or affirmation of others in order to feel valuable, we lose our inner freedom.

Sometimes, the urgency we feel does not come from God but from our own desire to be accepted, appreciated, or needed. Therefore, we must continually return to the source: God’s unconditional love for us.

Our identity does not come from how much we accomplish, how many people we help, or how much others appreciate us. Our deepest identity comes from knowing that we are loved by God.



Whose Agenda Are We Following?

Many times, we still want to set our own agenda. We look at many things and feel that everything is equally important. We try to manage everything, respond to everyone and make every decision by ourselves. But true surrender means allowing God to lead us.

Sometimes, without realizing it, we struggle with God over who is in control. We say that we trust God, but at the same time, we want to decide the direction, timing, people, and outcomes of our lives.

The invitation is simple but profound: “Give your agenda to God.” Keep saying: “Your will be done, not mine.” Give every part of your heart and your time to God. Allow Him to show you what to do, where to go, when to respond, and when to remain still.

God Does Not Ask Us to Destroy Ourselves

Surrendering our agenda to God does not mean exhausting ourselves by saying yes to everything.

God does not desire our destruction. Exhaustion, burnout, and constant inner pressure are not necessarily signs that we are doing God’s will.

God is gentle and loving. He desires to give us a deep sense of security in His love. When we allow ourselves to experience that love, we become more peaceful and more capable of discerning where God is sending us and what He is asking of us.

We do not have to respond to every need immediately. We do not have to carry every burden. We do not have to be everything for everyone. Sometimes, the most faithful response is simply to pause, pray, listen, and ask: “Lord, what are You asking of me now?”

From Clock Time to God’s Time

Giving our agenda to God is not easy. We naturally want to control our schedules, plans, responsibilities, and future. But the more we surrender, the more our “clock time” becomes “God’s time.”

God teaches us that not everything has to happen according to our timetable. There is a time to act, a time to wait, a time to speak, a time to remain silent, a time to go,

So today, instead of asking only, “What should I do?” let us ask: “Lord, what do You want me to do?”

Instead of holding tightly to our own plans, let us pray:

“Lord, I give You my agenda. I give You my time, my responsibilities, my desires, my relationships, and my plans. Lead me according to Your will. Let Your will be done, not mine.”

Conclusion

When we truly give our agenda to God, we discover that we do not lose control. Instead, we discover the peace of being guided by the One who loves us completely. His direction brings clarity to our choices, strength to our responsibilities, and peace to our hearts.



Sr. S. Roselin Mary
23rd Batch
Aralvaimozhi Community

Encountering God in Everyday Life: *From Stillness to Service*

*"Be still, and know
that I am God."*
Psalm 46:10

In Stillness
We Listen

In Everyday Life
We Discover

In Service
We Share His Love



PRAY



REFLECT



SERVE

*A Life Encountered...
A World Transformed.*

Introduction:

Encountering God is not limited to churches, chapels, retreats, or extraordinary spiritual experiences. God can be encountered in the ordinary moments of everyday life—in silence, prayer, relationships, work, nature, and service to others. Christian spirituality reminds us that everyday life itself can become a place where we recognize God's presence.

From Stillness

In today's busy world, silence and stillness are often difficult to find. We are surrounded by noise, responsibilities, technology, and many distractions. Yet, stillness gives us the opportunity to stop, listen, and become aware of God's presence.

Prayer is one of the most important ways of entering into this stillness. When we spend a few quiet moments with God, we do not always need many words. Sometimes simply remaining peacefully in God's presence can deepen our relationship with Him. Scripture invites us to recognize God in stillness and silence rather than expecting Him only through dramatic experiences.

Stillness also teaches us to become attentive. When our hearts are calm, we begin to notice the small blessings around us—the beauty of creation, the kindness of another person, the gift of family and friends, and the opportunities God gives us each day.

Encountering God in Ordinary Life

God is present not only in special moments but also in ordinary experiences. Preparing food, working, studying, travelling, meeting people, helping our family, and spending time with others can all become opportunity to recognize God's Presence.

The spirituality of St. Ignatius of Loyola especially emphasizes finding God in all things. This means learning to see our daily experiences with faith and gratitude.

Sometimes we expect God to speak through extraordinary events. However, God may touch our lives through a simple conversation, a kind word, a person who needs our help, or a moment of peace. The challenge is not that God is absent; rather, we may be too busy to notice Him.

From Encounter to Service

A genuine encounter with God does not end in personal prayer. It moves us towards love and service. When we experience God's love, we are invited to share that love with others. Jesus showed this through His life. He welcomed people, cared for those in need, served others, and taught His disciples to love one another. Therefore, prayer and service belong together. Our time of silence with God should strengthen us to become instruments of compassion, justice, forgiveness, and hope.

Service can begin with small acts: listening to someone who is struggling, helping a person in need, encouraging a child, visiting someone who is lonely, caring for creation, or simply offering a kind word. These simple actions can become expressions of God's love.

Becoming Instruments of God's Love

Encountering God in everyday life changes the way we look at the world. We begin to see people not as strangers or problems but as brothers and sisters. We become more grateful for what we have and more sensitive to the needs of others. Stillness gives us awareness, awareness leads us to encounter God, and encountering God inspires us to serve. Thus, the journey can be understood as:

Stillness → Awareness → Encounter → Love → Service

The more deeply we encounter God, the more naturally we are called to serve. Our prayer becomes visible through our actions, and our service becomes an expression of our prayer.

Conclusion

Encountering God in everyday life is an invitation to live with open hearts and attentive eyes. God is present in the silence of prayer, in the beauty of creation, in our relationships, in our daily responsibilities, and especially in those who need our love and care. Let us therefore learn to pause in stillness, recognize God's presence in ordinary moments, and respond through loving service. Our daily lives can become a continuous journey from stillness to service, from prayer to action, and from encountering God's love to sharing that love with others.



Sr. S. Mono Chinnammal
28th Batch
Eraiyrur Community

Important Days to be Observed

SEPTEMBER 5



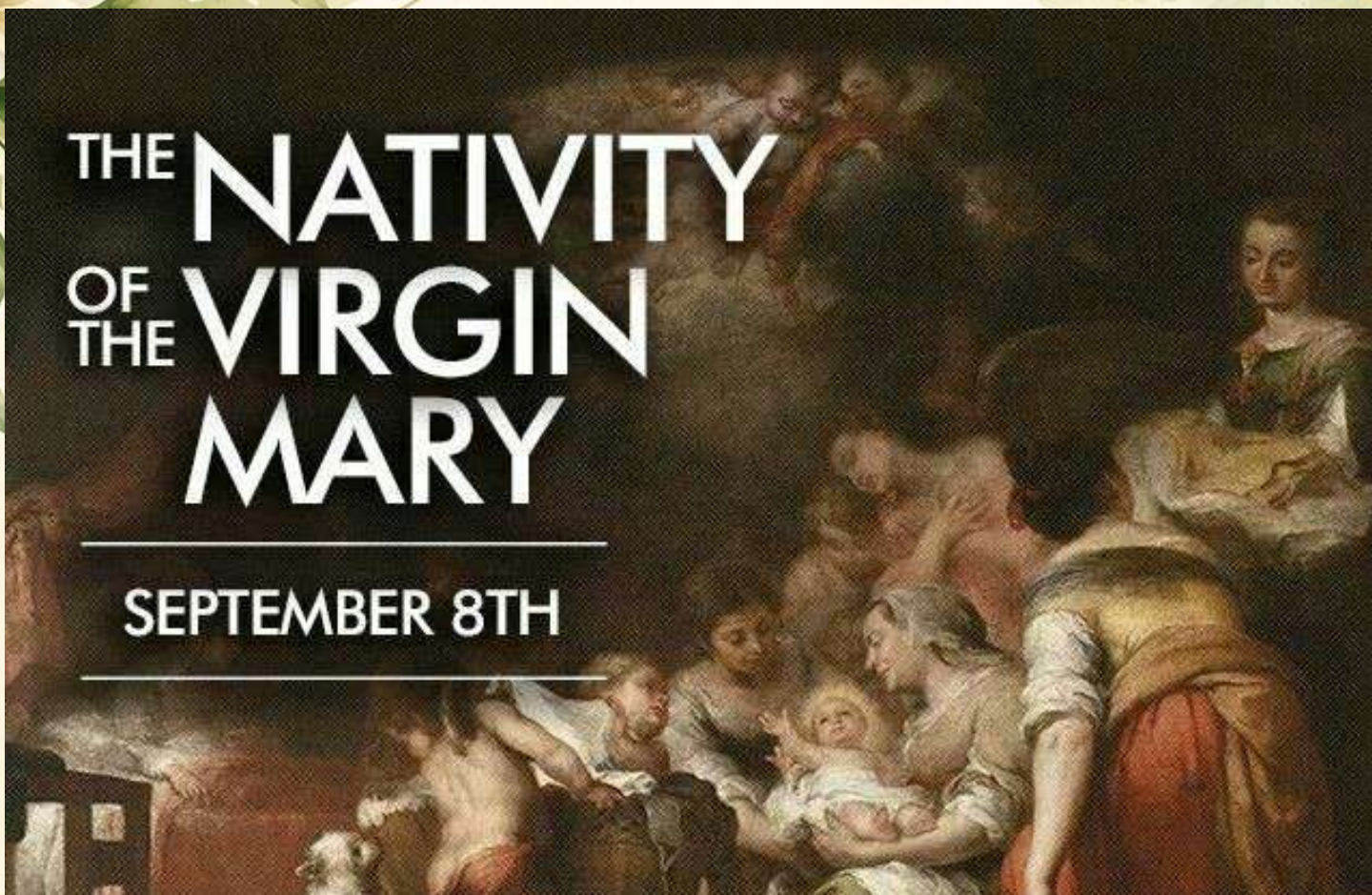
FEAST OF

Saint Teresa of Calcutta

"We cannot do great things, but we can do small things with great love." – Saint Teresa of Calcutta

THE NATIVITY OF THE VIRGIN MARY

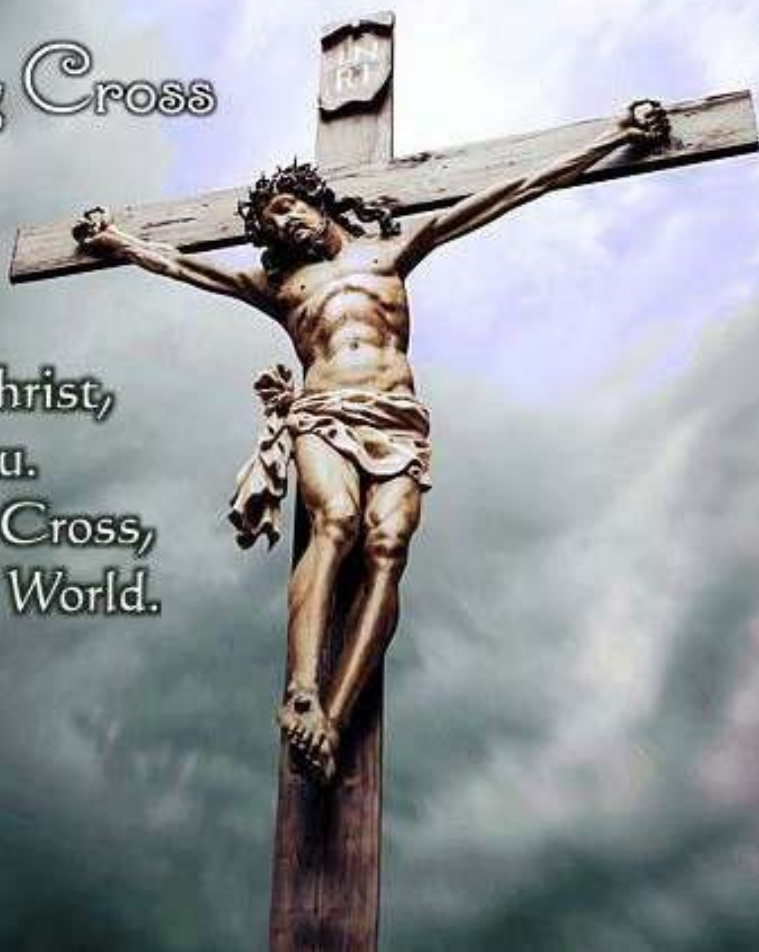
SEPTEMBER 8TH



Exaltation of the Holy Cross

September 14

We Adore You, O Christ,
and We Praise You.
Because by Your Holy Cross,
You have redeemed the World.



September 8

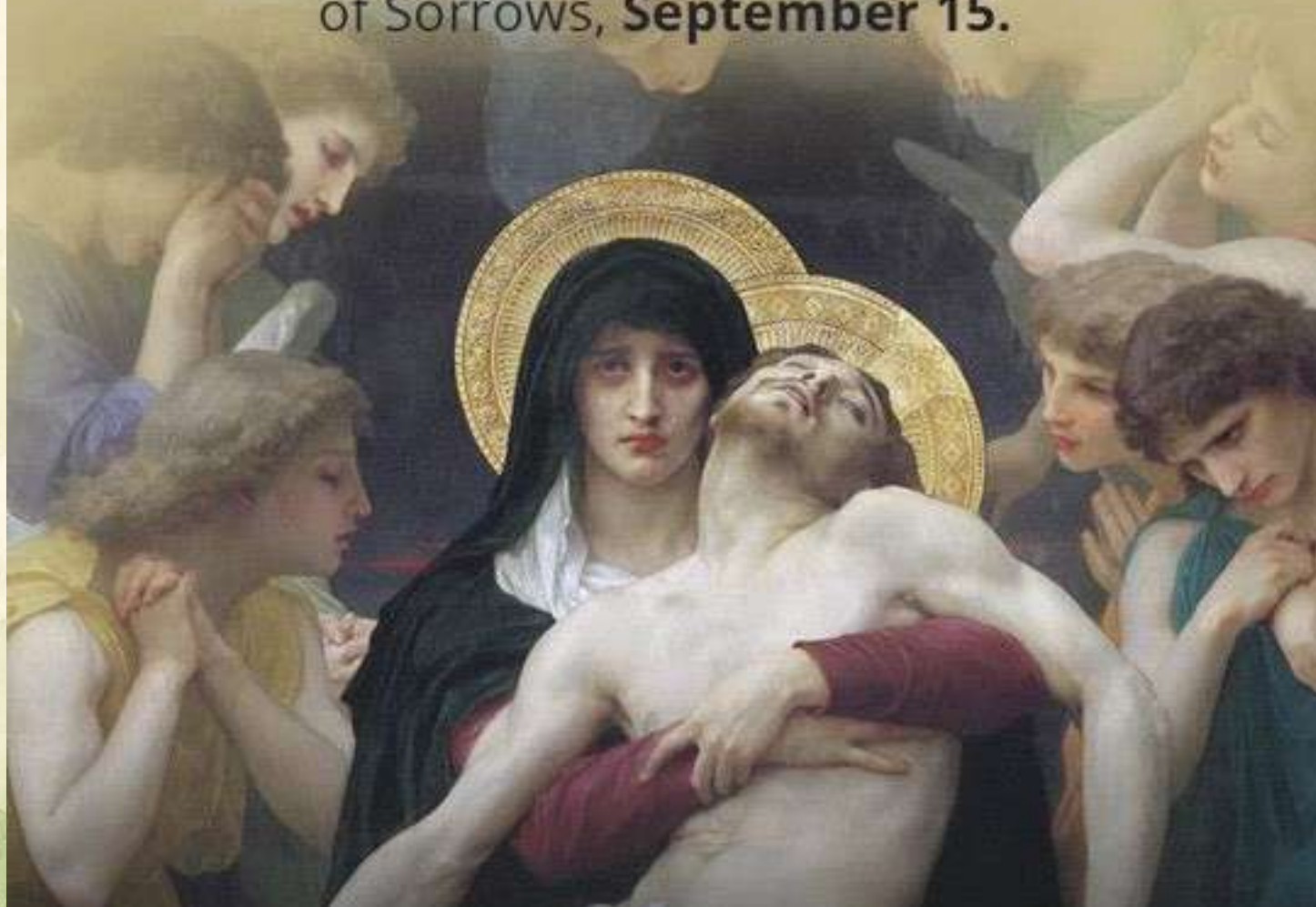
Final Oblation of our founder Rev. Fr. J. E. Arul Raj as OMI



"Like Our Lady, remain at the Cross of Jesus."

- St. Pio of Pietrelcina

Learn about the Feast of Our Lady
of Sorrows, **September 15.**



September 17

Founding Members Day and Amala Bhavan Day



**"YOU SHALL BE THE CROWN OF BEAUTY
IN THE HAND OF THE LORD! "**

HAPPY FEAST DAY!

SEPTEMBER 21

SAINT
MATTHEW
APOSTLE

PRAY FOR US!

Millennial Catholics | Share the Light

September 29
Pontifical Status



THE FEAST OF
**SAINTS MICHAEL,
GABRIEL AND RAPHAEL,**
HOLY ARCHANGELS



***Happy Birthday
Dear Sisters!***



S.No	Name of the Sister	Batch No	D.O.B.	Community
1	Sr.J.Victoria Amali	15	14	Salem
2	Sr. K.Leetha Roselin	12	16	Trichy

**With Love and Prayers
Sr. A. Antoniammal DMI**



Quiz Winners

**First- Muttom, Tenkasi, Karaikal,
Annai nagar, Eraiyur.**

**Second –Kodikottai, Rajapalayam, Salem,
Shenbaganur, Nagapattinam, Palayamkottai**

**Third-Coimbatore, Kavunji,
Aralvaimozhi, R.M.Thurai.**



THANK YOU!

