



St. Xavier Province



Sparkle - June 2026

Vol III

Mission of the Father

Issue-6



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Pope Message

“Healthcare Must Reveal God's Compassion to Those Who Suffer”

Dear Brothers and Sisters,

As we conclude this month dedicated to the Sacred Heart of Jesus, let us reflect on the boundless love that flows from the Heart of Christ—a love that heals, comforts, forgives, and restores hope. The Church is called to make this love visible through acts of mercy and compassionate service.

Today, many people experience loneliness, illness, poverty, and uncertainty. In these moments, our Christian vocation is not only to provide assistance but also to become a compassionate presence that reflects God's tenderness. Every act of kindness, every encouraging word, and every selfless service becomes a living witness to the Gospel. Healthcare is more than a profession; it is a sacred ministry that upholds the God-given dignity of every human person. Every patient is a brother or sister entrusted to our care. To serve those who suffer is to encounter Christ Himself, present in the sick, the weak, and the forgotten.

May the Sacred Heart of Jesus renew in us the spirit of humble and generous service. Let us continue to build a culture where every person is welcomed, cherished, and accompanied with love, especially those who suffer most.

May the Blessed Virgin Mary, Health of the Sick and Mother of Hope, intercede for all who are ill, for those who care for them, and for every family carrying the burden of suffering. May every healthcare ministry remain a living sign of God's compassion, where all who suffer encounter both loving care and the healing presence of Christ.

**With Apostolic Blessing,
Pope Leo XIV**



Founder Message

"Live in Holiness"

My Dear Daughters,

The first and greatest mission of every DMI missionary is to become holy. Before we transform the world, we must allow God to transform our hearts. Holiness is the foundation of our vocation and the source of a fruitful mission. To live in holiness is to remain in God's presence through prayer, sacrifice, charity, and faithful service. Every responsibility becomes holy when it is offered with love for the glory of God. A DMI missionary is called not only to do good but to reflect Christ through words, actions, and a life that proclaims the Gospel.

Holiness grows through faithful prayer, joyful community living, humble service, and perseverance. Never settle for an ordinary life. God has called each of you to a great purpose. The world needs not only capable missionaries but holy missionaries whose lives inspire faith and hope.

Let the Eucharist be your strength, the Word of God your guide, and the Blessed Virgin Mary your model of discipleship. Filled with the Holy Spirit, become instruments of God's mercy, peace, and love. Wherever you are sent, let others encounter Christ through your simplicity, commitment, and holiness. May each day draw you closer to God and make you a blessing to everyone you meet. Live in holiness, walk in faith, serve with love, and glorify God in all that you do.

"Holiness is the soul of mission; a holy missionary transforms the world by first allowing God to transform the heart."

**With Prayers and Blessings,
Rev. Fr. Dr. J. E. Arul Raj**



Provincial Message

Dear and Loving Sisters in Christ,
God-Fearing Obedience: The Foundation
of Authentic Religious Discipline
"The fear of the Lord is the beginning of
wisdom." (Proverbs 9:10)

As we conclude the month dedicated to the Sacred Heart of Jesus, let us prayerfully examine whether our lives truly reflect the beauty of our consecration. The fear of God is not fear of punishment but a profound reverence, love, and awareness of His holy presence. When this holy fear weakens, prayer becomes routine, obedience becomes selective, and community life loses its spirit of communion.

Our Founder envisioned holy women who sought God before recognition, service before status, and the Cross before the crown. The strength of our Society has never depended on positions or achievements but on sisters who faithfully knelt before God in prayer and joyfully lived the Gospel.

The Holy Eucharist, the Word of God, morning and evening prayer, and fidelity to our Constitutions are not mere obligations but sacred encounters with Christ, the source of our vocation. Jesus asks us,

Provincial Message

“Why do you call me, ‘Lord, Lord,’ and do not do what I tell you?” (Luke 6:46).

Genuine love for Christ is always expressed through faithful obedience.

Our obedience to the Constitutions and to the legitimate authority of the Founder, Superior General, Provincial, and Community Superior is an act of faith. Likewise, our reverence for our elderly sisters and one another reflects our reverence for God. As St. Paul reminds us, “Do nothing from selfish ambition... but in humility regard others as better than yourselves” (Philippians 2:3).

Let us therefore return to our first love with renewed zeal for prayer, deeper devotion to the Eucharist, sincere humility, joyful obedience, and fraternal charity.

May our communities become living witnesses of holiness, where Christ is loved above self and communion triumphs over personal ambition. Let us remember: A congregation remains strong not because it has many members, but because its members are holy and faithful.

**With prayerful blessings,
Sr. A. Antoniammal, DMI**

Provincial Program

Canonical Visit

From 26.06.2026 to 28.06.2026, Sr. Antoniammal made a canonical visit to the **R.M.Thurai Community**. During her visit, she held personal meetings with each of the sisters, conducted a community meeting, and verified all the community documents and accounts.



Provincial Program

Document Verification



Community meeting



Provincial Program

KMMC Inspection

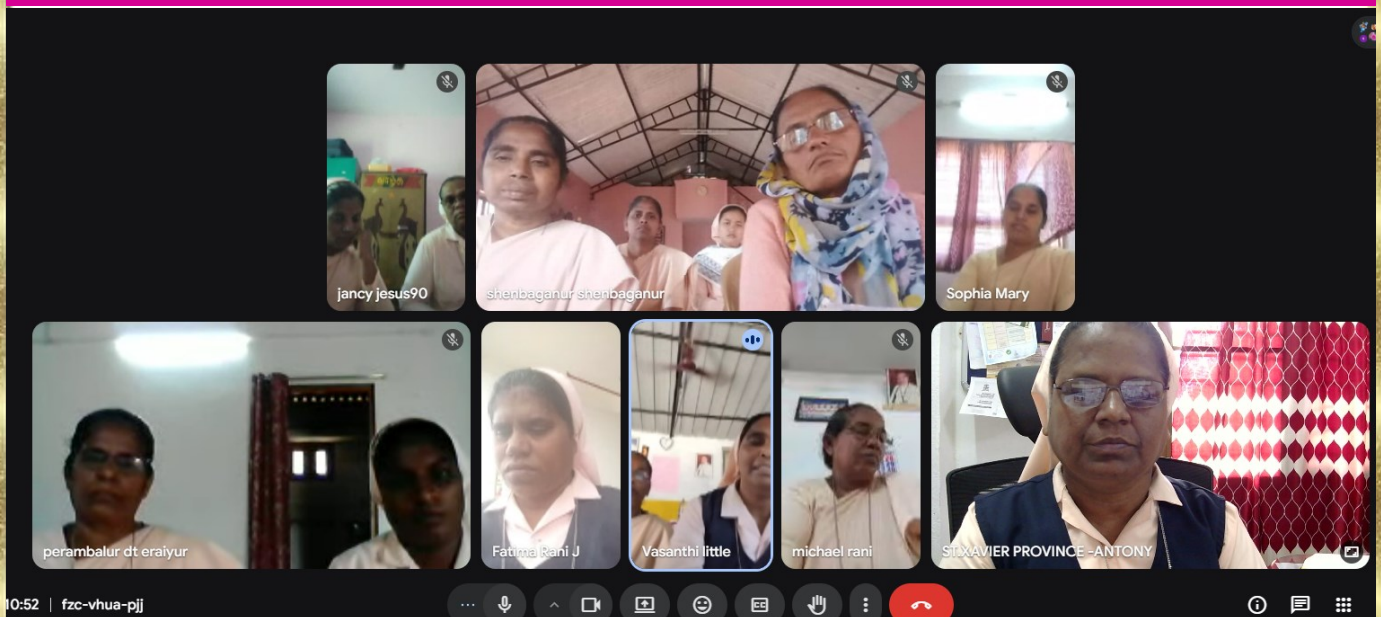
On 21 June 2026, the NMC Inspection was successfully conducted at KMMC Hospital, Muttom. A total of 44 Sisters from St. Xavier Province, including the Provincial, rendered their dedicated service and support for the inspection. Their wholehearted cooperation, commitment, and spirit of sacrifice contributed significantly to its successful and fruitful completion.



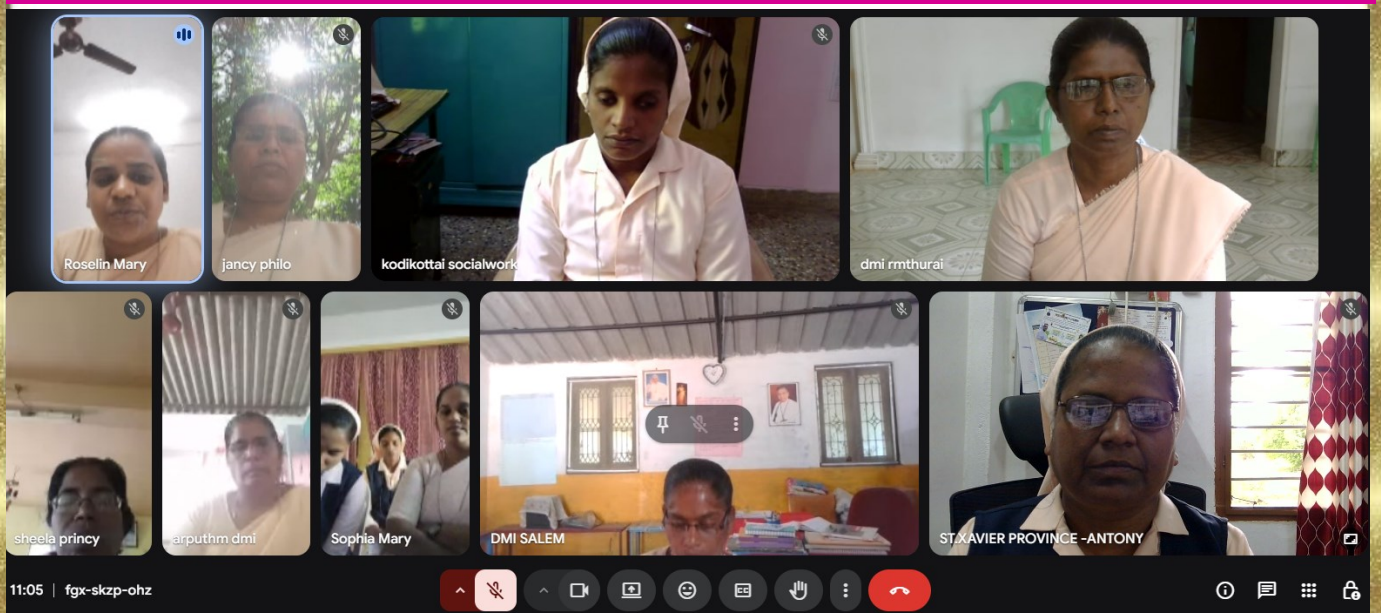
Provincial Program

Online meeting

On 05.06.2026, Sr. Antoniammal organized an online meeting for all the sisters of the Province to discuss the preparation of the history of the missions.



On 08.06.2026, Sr. Antoniammal conducted an online meeting on the Child Development Mission (CDM) activities and the Sponsorship Programme to discuss and coordinate the preparation of the Global Presentation Report.



Provincial Program

Online meeting

On 09.06.2026 and 10.06.2026 A Province-level online session on the Constitutions was organized by Sr. Antoniammal. The resource persons were Sr. Kanikkai Mary, Sr. Leetha Roseline, Sr. Mary Shybi, and Sr. Fatima Jecintha Rani



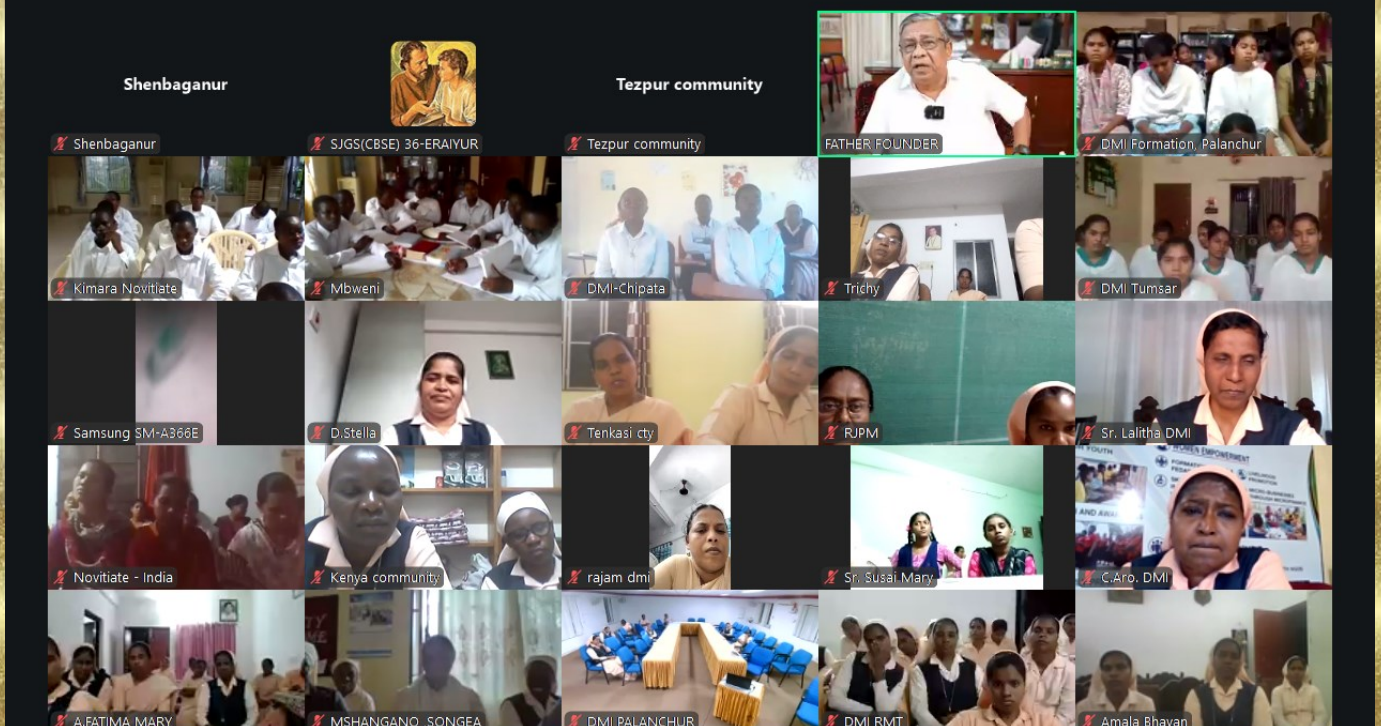
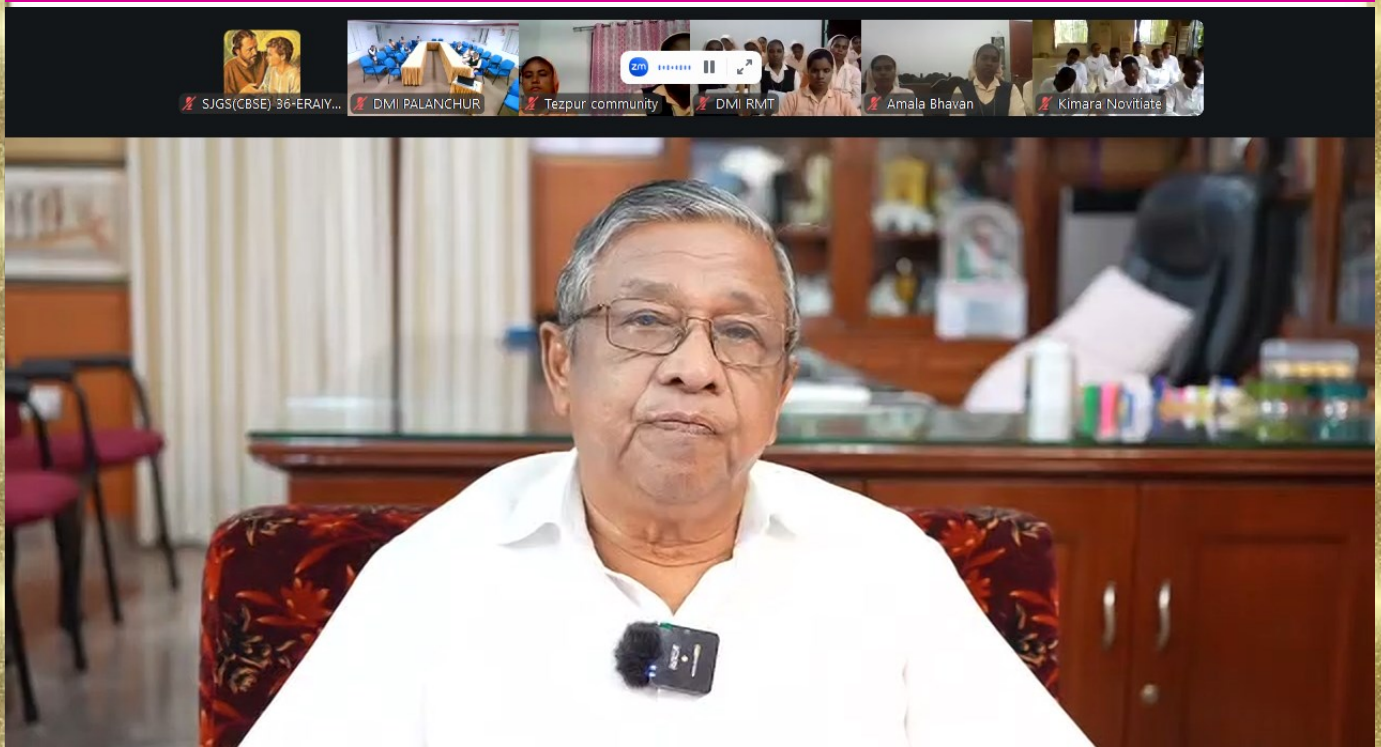
On 25.06.2026, All the sisters of St. Xavier Province attended an online session on the Constitutions, organized by the General Administration and conducted by Fr. Charles, MMI.



Provincial Program

Online meeting

On 22.06.2026, Our Founder Father conducted an online motivational session on the theme, "Walking Along with Immanuel and Walking Towards the Father." All the sisters of the Province actively participated in the session.



Annai Nagar

From 19.06.2026 to 21.06.2026, community sisters celebrated St. Antony's feast and decorated the alter in parish substation.



Renovation work was undertaken at Punitha Arockia Annai School in Annai Nagar.



BLF Meeting

On 15.06.2026, Sr. Sophia Mary conducted a BLF Meeting for the Ponnamaravathi Block. A total of 18 members participated in the meeting.



On 05.06.2026, Sivam SHG from Chithoor village received an ICICI Bank loan. The total loan amount is ₹10,00,000. A total of 11 members are included in the SHG.



International Yoga Day

On 20.06.2026, SHG members celebrated International Yoga Day at Sundaram Nagar. A total of 27 members participated in the program.



Adolescent Group Meeting

On 1st June 2026, Mrs. R. Anbarasi met the Adolescent Group in Senthamangalam village. A total of 15 adolescents participated in the meeting.



St. Joseph Global School

On 8th June 2026, SJGS has reopened for the new academic year. A priest visited the school and offered prayers for God's blessings upon the school, staff, students, and vehicles.



Aralvaimozhi

On 7th June 2026, community sisters made a pilgrimage visit to Tuticorin, Puliampatti, and Malayankulam.



St. Joseph International School

Students of St. Joseph International School excelled in the Indian Talent Olympiad (ITO), winning Gold and Bronze Medals in various subjects.



School reopening



DMI Engineering College

On 22.06.2026, DMIEC students received certificates from the Assistant Collector at Rohini College of Engineering for their participation in the EDII-TN Nimirndhu Nil Hackathon.



The Placement Team, along with the Principal, visited Technopark, Trivandrum, for placement and industry collaboration activities.



Coimbatore

Every Thursday and Friday community sisters had Holy Adoration in college campus Followed by Mass.



On 06.06.2026, third year students celebrated the farewell day function. Conducted various games and distributed the prizes.



Eraiyyur

On 2nd and 11th June 2026, BLF meeting was conducted by Sr. Arpudham and Sr. Mono. Totally 66 members participated.



On 20.6.2026, Sr. Arpudham and Sr. Mono conducted awareness on Agriculture at keelapuliur village. 103 women are participated in the programme.



St. Joseph Global School

On 8th June, Grade I to X and on 10th June, KG class and on 15th June Grade XI students new academic year 2026-27 reopened.



Karaikal

Feast Celebration

In the substation of St. Antony church, community sisters celebrated feast day mass and took all the decoration and arrangements work.



St. Joseph Global School

On 19th June 2026, the school celebrated International Yoga Day with great enthusiasm to promote physical fitness, mental well-being, and a healthy lifestyle.



On 13th June 2026, the school proudly honored the Grade X and Grade XII School Toppers for securing the highest marks in the Board Examinations.



Kavunji

On 05.06.2026, in Kumpur SHG members and community sisters observed the environment day and spoke about the importance of planting and protecting the nature.



On 21.06.2026, the DMI sisters and SHG members celebrated International Yoga Day. Nearly 20 members participated.



Kodikottai

On 04.06.2026, Sr. L. Susai Mary conducted the SBM training program at Nallakudi Village. A total of 19 women participated in the programme.



On 2nd June 2026, the sisters visited the children parliament at Sarukani. Twenty children were participated.



St. Joseph International School

On 8th June 2026, Grade I to X students new academic year 2026-27 was reopened.



St. Joseph International School

International Yoga Day

On 21st June 2026, International yoga day was observed and all students were participated in yoga.



Muttom

NMC Inspection

On 20.06.2026, NMC Inspection was held at KMMC to increase the medical seats from 100 to 200. A total of 44 DMI sisters were contributed.



On 22.05.2026, International women's health day and menstrual hygiene day was observed. The program promoted the awareness among the students.



Nagapattinam

On 28.05.2026, Sr. Jancy Philo participated in the Silver Jubilee celebration of Sr. Vija Rani at Savariya Samuthiram in Ramanathapuram District.



Sr. Jothi collected sponsor letters from the sponsored children and distributed school fees and dresses to them.



Palayamkottai

On 25.06.2026, community sisters had a community meeting for the month of June .



Community sisters regularly involved in the spiritual activities, and had adoration on every week Thursday, Friday and Sunday.



On 26.06.2026 Sr. Kanikai Mary participated in the DCRI general body meeting at St. Ignatius College of Education, Palayamkottai.



On 3rd June 2026, Sr. A. Kanikai Mary was handed over all the School and the Community documents to the new Animator & Campus Superior Sr. A. Victoria



Don Bosco Matric School



On 06.06.2026, Environment Day awareness program was conducted and cycle Rally held in school campus. The chief guest was Mr. Eliyas Meeran, Forest Range Officer, Thirunelveli Range.



R.M.Thurai



On 19th June 2026, Sr. Roja, Sr. Sahagam, Sr. Nijni, and Sr. ElinaKachua brought the children from Keechalam and Ottanthangal to R.M.Thurai community.



On 21st June 2026, Rev. Sr. Chinnammal, Sr. Santosh Rosline Markey, and 24 Novices arrived to visit the birth place of our founder.

Gardening

On 17.06.2026, community sisters plucked the coconuts, Banana and Jack fruit from the garden



This month every Tuesday Sr. Christy and Sr. Amrita attended mass and administered Holy Communion to the congregants at Periyakadu Church.



During the month of June 2026, community sisters provided free food for 189 people.



St. Joseph International School

St. Joseph International School

On 08.06.2026, School was reopened for Grade I to XII students in the new academic year 2026-27.



Angel College of Education

On **18 June 2026**, certificates were distributed to the winners of the **Shakespeare's Club** and **Valenora Club** competitions.



On **16 June 2026**, the **Farewell Day** for the 2nd year students was organized by the 1st year students. The celebration was a memorable occasion, filled with gratitude, joy, and cherished moments.



Salem



On 14th June 2026, Sr. Little and Mrs. Jyothi formed a new Self-Help Group (SHG) called Karmegam with 12 members.



On 5th June 2026, Ecology Day was observed at Pagadupattu Village. Nearly 68 women participated in the program and benefited from the activities.



On 9th June 2026, Sr. Little conducted a Small Business Management (SBM) training program at Athimarathuvalu. A total of 48 women participated and benefited from the training.



On 2nd June 2026, Sr. Malar conducted an awareness training program on Dengue Fever at Valakkapattu Village. A total of 26 members participated in the program and benefited.

St. Joseph International School

On 19th June 2026, SJIS, Salem celebrated the graduation ceremony in the school campus. Staffs honored the SPL and ASPL winners in this celebration.



St. Joseph International School

On 14th June 2026, DMI sisters have arranged the Free Eye checkup Camp at school campus with Vinayaka Mission Kirupananda Variyar Medical College, Chinnasiragapadi, Salem.



Shenbaganur

On 13th June 2026, Kodaikanal DMI sisters had a monthly recollection in Jesuit campus. The talk was given by Rev. Fr. James on the topic of “Love of Jesus that we experience in our life”.



Karmegam and Natchathiram these two SHGs members received ICICI lone Rs.22, 00,000.



On 2nd June 2026, Sr. Flora conducted the leadership training at Poolathur Village. Total participants were 13 Members equipped the knowledge of leadership qualities.



This month DMI sisters organized RBA training in two places Poolathur and Pallngi on 02.06.2026 and 09.06.2026. Totally 43 members participated.



On 05.06.2026, Environmental day was organized at Ganthiji Primary school in Pallangi. 43 children were participated.



On 06.06.2026, community sisters organized the Health and hygiene program in Vilaptti village. Totally 29 children were participated and benefited.



Tenkasi

JP College of Engineering

MSME Hackathon 5.0 incubatees Mrs. K. Ramalakshmi, Mrs. P. Manonmani, Mrs. N. Magesh Meena along with Correspondent Rev. Sr. Dr. I. Arockiamary were appreciated by the Tenkasi District collector for their achievements.



J.P. COLLEGE OF ENGINEERING

RUN BY DMI SISTERS
Affiliated to Anna University | Approved by AICTE
Ayikudi, Tenkasi - 627852



JPCOE MSME Business Incubation

We are happy to announce that our JPCOE MSME Incubation Center has been appreciated by Tenkasi District Collector Thiru Ranjeet Singh IAS for its outstanding performance in Tamil Nadu. Our institution achieved a remarkable milestone with five ideas selected in MSME Idea Hackathon 5.0.



JP College of Arts and Science

Departments of Visual Communication, Chemistry, and Mathematics for the excellent organization of the Orientation Programme on “Artificial Intelligence: Transforming Creativity, Science & Future Careers”, held on 15 June 2026.



The Orientation Programme on “A Gateway to Professional Facilitation and Vocational Mentoring”, organized by the Department of Commerce in association with the Internal Quality Assurance Cell (IQAC) on 19 June 2026, was successfully conducted.



JP College of Education

On 6th June 2026, Graduation day was celebrated at JP College of Education, the chief guest was Mr. R J V BELL correspondent Hilton Matric Hr Sec School.



St. Joseph Global School

The School Reopening Ceremony for the academic year 2026–2027 was conducted on 10th June 2026 with great enthusiasm and joy. The programme commenced with a prayer and special blessings offered by Rev. Fr. Alocious Dhurai Raj, Parish Priest of Saint Anthony Church, Agarakattu.



On 19th June 2026, Sr. Teresa visited the school campus. She encouraged the students and addressed the teachers, motivated them.



Trichy

26 June 2026: The Trichy Community had a recollection on the theme, **"Proclaiming the Good News to the Whole World."** The recollection was preached by Rev. Fr. Baskar IVD, who delivered an inspiring reflection, encouraging the Sisters to renew themselves spiritually and deepen their commitment to proclaiming the Gospel.



Articles

God-Fearing Obedience: The Foundation of Religious Discipline

Dear and Loving Sisters in Christ,
Greetings of peace and prayer.

"The fear of the Lord is the beginning of wisdom." (Proverbs 9:10)

My dear sisters every religious is called not merely to preserve external structures of religious life but to cultivate an interior life that is deeply rooted in the fear of God, nourished by prayer, strengthened by the Eucharist, and expressed through joyful obedience.

The Holy Scriptures repeatedly remind us that the fear of God is not fear of punishment but a profound reverence, awe, love, and awareness of God's holy presence. When this holy fear diminishes, discipline weakens, prayer becomes optional, obedience becomes selective, and community life gradually loses its beauty.

Our Founder envisioned religious who would first seek God before seeking recognition; who would embrace the Cross before accepting the crown; who would choose service before status. The strength of our Society has never depended on positions, authority, or achievements. It has always rested upon holy women who knelt before God before they stood before people.

Our daily participation in the Holy Eucharist, faithful meditation on the Word of God, morning and evening prayer, personal prayer, and community prayer are not merely items on a time table.

They are sacred encounters with the Living God. Every time we neglect them without serious reason, we do not merely miss an obligation we distance ourselves from the very source of our vocation.

Jesus asks each one of us: "Why do you call me, 'Lord, Lord,' and do not do what I tell you?" (Luke 6:46)

These words deserve our silent reflection. A religious life cannot flourish if our lips profess Christ while our actions resist His invitation.

The Letter to the Hebrews exhorts us: "Obey your leaders and submit to them, for they keep watch over your souls as those who will give an account." (Hebrews 13:17)

Obedience in religious life is never about the superiority of one person over another. It is an act of faith. Through our Constitutions, our Founder, the Superior General, the Provincial, and the Community Superior, Christ continues to guide our Congregation. To disregard legitimate authority is ultimately to weaken our communion with the Lord who called us.

Saint Paul beautifully reminds us: "Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves." (Philippians 2:3)

True greatness in religious life is measured not by office, influence, or authority but by humility, availability, fidelity, and love. Leadership is a ministry of service, never a privilege to be possessed. Every responsibility entrusted to us is temporary; only holiness accompanies us into eternity.

Our attitude toward our elderly Sisters and those placed in authority also reveals the depth of our spiritual maturity. Respect is not earned only by personalities; it is first given because of vocation, age, experience, and the responsibility entrusted by God. Pope Francis wisely reminds us: "where

there is no virtue."

Likewise, Saint Benedict teaches: "The first step of humility is unhesitating obedience."

Our religious discipline should never arise from fear of correction but from love for Christ. External observance without interior conversion becomes mere routine; however, interior conversion naturally bears fruit in faithful observance.

Let us ask ourselves sincerely:

- Do I approach the Eucharist with love or merely by habit?
- Is my participation in morning and evening prayer faithful and wholehearted?
- Do I listen attentively to the Word of God and allow it to transform my life?
- Do I receive the guidance of my superiors with faith or with resistance?
- Do I honour and encourage my Sisters, especially the elderly and those who have sacrificed their lives for the mission?
- Do I seek positions and recognition more than opportunities to serve?

The answers to these questions are known not to others but to God.

The Lord continues to say: "If you love me, you will keep my commandments." (John 14:15)

Love always expresses itself through obedience.

Dear Sisters, our Society does not need religious who are merely efficient administrators, talented professionals, or successful organizers. It needs women consumed by love for Christ women whose first desire is to please God, whose joy is found in prayer, whose strength comes from the Eucharist, whose wisdom flows from the Scriptures, whose humility builds communion, and whose obedience reflects the

obedience of Christ Himself.

The world is not transformed by religious who seek importance but by those who seek holiness.

As Saint Teresa of Calcutta often reminded her Sisters: "God has not called me to be successful; He has called me to be faithful."

Let us therefore renew our first love. Let us return wholeheartedly to the feet of Jesus. Let us rediscover the beauty of silence, prayer, reverence, obedience, fraternity, and humble service.

May every community become a sanctuary where Christ is loved above self, where authority is respected, where every Sister is valued, where prayer is faithfully celebrated, and where our Founder would rejoice to see his daughters living the Gospel with simplicity, fidelity, and joy.

May the Sacred Heart of Jesus kindle within each one of us a renewed fear of God, a deeper love for the Eucharist, unwavering fidelity to our Constitutions, joyful obedience to legitimate authority, and a sincere commitment to live as holy women religious who glorify God through communion, humility, and charity.

Let us remember: "A congregation will remain strong not because it has many members, but because its members are holy."



Sr. A. Antoniammal
9th Batch
Aralvaimozhi community

The Grace of Perseverance

Introduction:

The Christian life is a continuous journey of faith, commitment, and trust in God. Along this journey, believers often face trials, temptations, failures, and moments of discouragement that challenge their faith and spiritual strength. In such situations, human effort alone is not sufficient to remain faithful to God. What sustains a person in times of weakness is the Grace of Perseverance — a special gift from God that enables us to remain firm in faith, steadfast in prayer, and faithful to His will until the end.

Perseverance is not simply enduring hardships; it is the courage to continue following Christ despite difficulties and uncertainties. The Bible teaches us the importance of perseverance in the spiritual life. **Jesus says in Matthew 24:13, “The one who perseveres to the end will be saved.”** This reminds us that perseverance is essential for Christian discipleship and spiritual growth.

In today's fast-changing world, many people lose hope, become discouraged, or drift away from their faith because of worldly distractions and personal struggles. Therefore, the Grace of Perseverance becomes more necessary than ever. Through prayer, the sacraments, and trust in God's providence, believers receive strength to continue their spiritual

journey with hope and confidence. This article reflects on the meaning, importance, and need for the Grace of Perseverance in our daily Christian life.

Perseverance in the Hidden Life of Prayer

The life of a Sister begins on her knees. Yet prayer is not always consolation. There are seasons of dryness when God seems silent and the Rosary feels heavy. The world teaches us to quit what no longer feels good. Grace teaches us to remain. Perseverance in prayer is choosing the chapel when the bed is warmer and choosing silence when distractions are louder. It is Mother Teresa continuing her work through decades of interior darkness because God was enough, even when unfelt. This fidelity is the furnace where love is purified.

Personal Reflection: Lord, how quickly I abandon prayer when I don't feel your presence. Teach me to remain like Your Sisters, believing that faithfulness matters more than feelings. Help me to show up, even in the desert.

Perseverance in Community and Obedience:

Community life is where perseverance is tested daily. It is easy to love humanity in general. It is grace to love the sister who misunderstands me, corrects me, or simply irritates me. Perseverance here means choosing charity over being right and unity over my opinion. It also shines in obedience. When the Major Superior asks for further studies or a new mission for the common good, the Sister lays down her preference. This is not passive resignation. It is active trust that God's will often come through the voice of the community.

To stay, to obey, and to begin again without bitterness: this is perseverance made flesh.

Personal Reflection: Where do I resist when authority redirects my plans? Jesus, you obeyed unto death. Give me the grace to trust that my true freedom is found in saying “yes” to your will through others.

Perseverance in Mission through Change and Suffering:

A Sister's mission is never her own. One year she is teaching, the next she is nursing, the next she is in formation or in the infirmary. Health changes, places change, and people change. Perseverance means believing that fruitfulness does not depend on what I do, but on how deeply I am united to Christ. It is the elderly Sister who can no longer walk to the classroom, yet offers every pain for the young sisters in formation. It is the sick sister who smiles because her bed has become her altar. The world measures success by results. The grace of perseverance measures it by faithfulness.

Personal Reflection: I fear change and I fear being useless. Help me, Lord, to see that my worth is not in what I do but in whose I am. When my role is taken away, let my love remain.

Personal Reflection

As I reflect on the Grace of Perseverance, I realize that my life journey is filled with both joyful and difficult moments. There are times when I feel strong in faith and hopeful about the future, but there are also moments of weakness, discouragement, and fear. In those difficult

times, I understand that I cannot continue only by my own strength. I truly need God's grace to remain faithful and steadfast in my vocation and daily responsibilities.

Many times, challenges, misunderstandings, failures, and worries make me tired and disappointed. Yet, whenever I turn to God in prayer, He gives me new strength and peace. I experience that God never abandons me, even when life becomes difficult. His grace encourages me to rise again after every failure and continue my journey with hope and trust.

The lives of Jesus, Mother Mary, and the saints inspire me to persevere with patience and faithfulness. Their lives teach me that perseverance is not giving up during hardships but remaining faithful to God with courage and humility. I also realize that perseverance requires daily prayer, sacrifice, patience, and trust in God's plan.

Through this reflection, I feel called to deepen my relationship with God and depend more on His grace each day. I pray that God may continue to strengthen me so that I may remain faithful in my mission, overcome every struggle, and become a witness of hope and love to others. Above all, I believe that with God's grace, I can persevere faithfully until the end.

Conclusion

The Grace of Perseverance is one of the greatest gifts that God grants to His faithful people. It strengthens us to remain steadfast in faith, hopeful in difficulties, and faithful to God's commandments throughout our lives. In moments of weakness, suffering, temptation, and

discouragement, this grace helps us to trust in God's presence and continue our spiritual journey with courage.

True perseverance is not based on human strength alone but on complete dependence on God's mercy and guidance. Through prayer, participation in the sacraments, meditation on God's Word, and a life rooted in faith, we receive the strength to overcome every obstacle. The lives of the saints remind us that those who persevere with faith and patience will experience the joy of eternal life.

In today's world, where many challenges weaken human faith and values, Christians are called to remain firm and faithful witnesses of Christ. Therefore, we must constantly pray for the Grace of Perseverance so that we may never lose hope or turn away from God. With His grace sustaining us, we can continue to walk in holiness and finally attain the eternal reward promised by Him.



Sr. L. Susai Mary
7th Batch
Kodikottai Community

Emerging Trends in Humanities: Building a Better Future

Introduction

The humanities help us understand people, culture, values, and society. In today's rapidly changing world, they are evolving by embracing technology, global perspectives, and interdisciplinary learning. These changes make the humanities more relevant than ever in addressing modern challenges.

Digital Humanities

Digital technology has transformed humanities research and education. Online archives, AI, and digital tools make learning more interactive and accessible. Scholars can preserve historical documents and cultural heritage digitally. It improves research accuracy and global collaboration. Digital humanities connect tradition with innovation.

Interdisciplinary Studies

Humanities now work closely with science, technology, medicine, and social sciences. This approach provides broader perspectives on complex issues. It encourages creative problem-solving and critical thinking. Students gain diverse knowledge and practical skills. Interdisciplinary learning prepares them for real-world challenges.

Globalization and Cultural Diversity

Globalization has increased interaction among different cultures and societies. Humanities promotes respect for cultural diversity and global citizenship. Comparative studies help people understand different traditions and values. They encourage peace, dialogue, and international cooperation. Cultural exchange enriches human understanding.

Artificial Intelligence and Ethics

The growth of AI has raised important ethical and social questions. Humanities examine issues like privacy, human dignity, and responsible innovation. Ethical thinking helps guide the use of technology for the common good. It ensures that technological progress remains human-centered. This field is becoming increasingly significant.

Environmental Humanities

Environmental humanities explore the relationship between humans and nature. They promote ecological awareness through literature, history, philosophy, and ethics. This field encourages sustainable living and environmental responsibility. It inspires people to care for the planet and future generations. It highlights that protecting nature is a shared human responsibility.

Conclusion

The humanities continue to evolve with the changing world. By integrating technology with human values, they remain essential for creating compassionate, inclusive, and sustainable societies.

"The future belongs not only to those who create technology, but also to those who preserve humanity."



Sr. I. Lilly Pushpam
19th Batch
Aralvaimozhi Community

Rooted in Silence and Radiating God's Presence

Introduction

Amid the busyness of daily life, silence is often overlooked as a source of spiritual strength. We are surrounded by constant conversations, notifications, and responsibilities that compete for our attention. Yet God frequently invites His people into moments of stillness where they can hear His voice and experience His presence. As the Psalmist says, "Be still, and know that I am God" Psalm 46:10. Silence is not emptiness; it is a sacred encounter with the One who speaks to the heart.

Silence: A Sacred Meeting Place

Throughout Scripture, God reveals Himself in quiet and unexpected ways. The prophet Elijah found God not in the wind, earthquake, or fire, but in "a sound of sheer silence" 1 Kings 19:12. Silence creates space for us to move beyond distractions and focus on Him. In these moments, we become aware that God is not distant but near, gently guiding and sustaining us. As St. Teresa of Calcutta taught: "We need to find God, and He cannot be found in noise and restlessness. God is the friend of silence." When we embrace silence, we learn to listen with faith. Rather than bringing endless words to God, we open our hearts to receive what He desires to communicate. Silence becomes a holy meeting place where our souls find rest.

Deepening Our Spiritual Roots

A healthy tree survives storms because its roots extend deep beneath the surface. In the same way, believers who spend time in God's presence develop spiritual roots that provide strength and stability. The Lord says through Jeremiah: "Blessed are those who trust in the Lord... They shall be like a tree planted by water, sending out its roots by the stream".

These roots are formed through prayer, reflection, worship, and quiet trust. The Catechism of the Catholic Church reminds us: "Contemplative prayer is silence, the 'symbol of the world to come' or 'silent love' (CCC 2717). The deeper our connection with God, the less dependent we become on external circumstances for our sense of security. Our confidence grows because it is anchored in God's unchanging character.

The Gift of Inner Renewal

Silence has the power to renew the weary soul. Jesus Himself withdrew to lonely places to pray Luke 5:16. Many burdens lose their weight when placed before God in stillness. In quiet moments, we remember His promise: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" Matthew 11:28.

God uses silence to restore our perspective, heal our anxieties, and strengthen our faith. What seems impossible through human effort becomes manageable when we rest in His presence and trust in His care. As Isaiah proclaims: "In quietness and in trust shall be your strength" Isaiah 30:15.

Becoming a Reflection of God's Character

Time spent with God inevitably shapes who we are. St. Paul writes: "And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image" 2 Corinthians 3:18.

As we dwell in His presence, we begin to reflect His character in our thoughts, attitudes, and actions. A heart rooted in God becomes more compassionate toward others. Patience replaces frustration, forgiveness overcomes resentment, and love triumphs over selfishness. Pope Benedict XVI said: "The man who has God in his heart will radiate God's love and peace." These qualities are evidence of God's transforming work

within us.

Radiating God's Presence in Everyday Life God's presence is not meant to remain hidden within us. Jesus commands: "Let your light shine before others, so that they may see your good works and give glory to your Father in heaven" Matthew 5:16. People are often drawn not by impressive words but by lives marked by peace, kindness, humility, and joy. Radiating God's presence happens through ordinary acts of faithfulness – a caring conversation, a helping hand, a word of encouragement, or a willingness to listen. St. Francis of Assisi urges us: "Preach the Gospel at all times. When necessary, use words." Such actions reveal God's love in practical and meaningful ways.

Living with Continual Awareness of God

Silence teaches us that God's presence is not limited to designated moments of prayer. St. Paul exhorts: "Pray without ceasing" 1 Thessalonians 5:17. As we cultivate stillness, we become more aware of Him throughout the day – in our work, relationships, challenges, and successes.

Brother Lawrence, in *The Practice of the Presence of God*, wrote: "The time of business does not with me differ from the time of prayer; and in the noise and clatter of my kitchen... I possess God in as great tranquility as if I were upon my knees." This awareness transforms daily life into an ongoing journey of fellowship with God. Every moment becomes an opportunity to walk with Him and reflect His grace.

Conclusion

To be rooted in silence is to be firmly planted in the presence of God. It is through stillness that we gain spiritual strength, experience inner renewal, and deepen our relationship with Him. As our roots grow deeper, God's love flows through us, enabling us to radiate His presence wherever we go.

In a world longing for peace and hope, a life rooted in silence becomes a living testimony to the power and beauty of God's presence. As St. John of the Cross said: "Silence is God's first language; everything else is a poor translation." May we learn to be still, to listen, and to let our lives speak of Him.



Sr. S. Mono Chinnammal
28th Batch
Eraiyyur Community

Important Days to be Observed

JULY

03

*Feast of St. Thomas,
The Apostle*



My Lord & My God



2nd Heavenly Anniversary of Sr.R.Grace Mary, DMI



SR.R.GRACE MARY, DMI



BIRTH : 06.01.1979

DEATH : 08.07.2024

**God Grant your soul eternal rest, and may
perpetual light shine upon you always...**



The Feast of Our Lady of Mount Carmel



*"Take this scapular—a sacred sign of
Grace and a shield for the faithful."*



The Feast of St. Mary Magdalene, Disciple of the Lord



*"Tell us Mary, what did you see on the way? I saw the glory of the
risen Christ, I saw his empty tomb" - Saint Mary Magdalene*



The Feast of St. James, the Apostle and Martyr



*When troubles of any kind come your way,
consider it an opportunity for great joy*



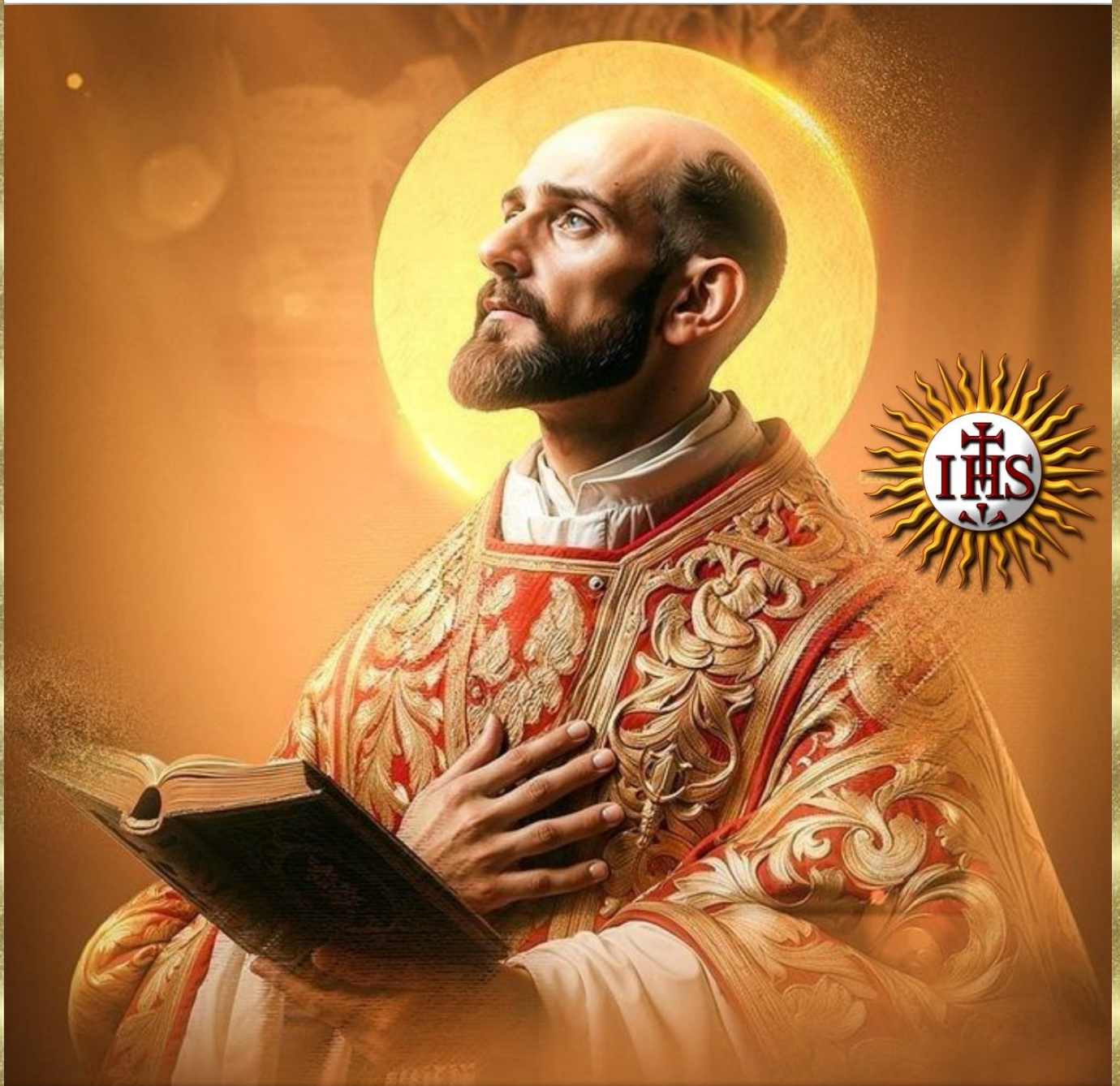
Feast of St. Joachim and St. Anne



"O blessed couple, all the world is indebted to you, for it is by your means that it can offer to its Creator the most excellent gift possible, her who is worthy to be Mother of his only son."



*The Feast day of St. Ignatius Loyola,
the founder of the Society of Jesus*



*"For those who love, nothing is too difficult, especially
when it is done for the love of our Lord Jesus Christ."*



Happy Birthday



July 2025

S.No	Name of the Sisters	Batch	D.O.B	Community
1	Sr. S.Merlin Asha	24	1	Muttom
2	Sr. A. Veronical	21	3	Coimbatore
3	Sr. S. Jancy Arul Mary	25	3	Kodikottai
4	Sr. S. Lourdhu Mary	8	4	Muttom
5	Sr. Magdali Lugun	29	6	R.M.Thurai Srudent
6	Sr. P. Lawra	31	7	R.M.Thurai Srudent
7	Sr. Reeta Kindo	35	9	R.M.Thurai Srudent
8	Sr. Smita Ekka	35	15	R.M.Thurai Srudent
9	Sr. R. Selva Matha	30	17	R.M.Thurai Srudent
10	Sr. N. Steffy	30	17	R.M.Thurai Srudent
11	Sr. Yojana Raj Lokende	23	20	Muttom
12	Sr. M. Arockia Mary	21	23	Tenkasi
13	Sr. D. Helan Mary	12	24	Coimbatore
14	Sr. S. Selva Packiam	18	27	Muttom
15	Sr. A. Victoria Hemrom	33	30	Aralvaimozhi

Quiz Winners

First - Eraiyur and Tenkasi

**Second– Nagapattinam,
Shenbaganur and Palayamkottai**

Third– Kodikottai

A decorative card with a gold border and pink roses. The card features a central text area with a gold border. The text is "Thank you for your support". The card is decorated with pink roses and green leaves. There are large roses in the corners and smaller ones along the sides. The background is white with faint, repeating "pngtree" watermarks.

Thank
you
for
your
support