



ST. XAVIER PROVINCE



Sparkle-March 2026

Vol III

Mission of the Father

Issue-3

HE IS RISEN!



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Pope Message

Holy Week Message: A Call to Peace in a Wounded World

Dear brothers and sisters,

As we enter the sacred days of Holy Week, we are invited to contemplate the mystery of Christ's Passion, where divine love encounters the violence of the world and transforms it into an offering of redemption. The Cross stands before us not as a sign of defeat, but as the triumph of charity over hatred.

In our own time, as nations are troubled by war and hearts are burdened with fear, the voice of Christ resounds: "Blessed are the peacemakers." True peace cannot be built upon force or domination, but upon justice, truth, and the recognition of the dignity of every human person.

War wounds not only the body, but the soul of humanity. It divides brothers and sisters, destroys the work of generations, and obscures the image of God in one another. Therefore, I earnestly exhort all who hold responsibility among nations: seek reconciliation, foster dialogue, and choose the path of peace over the illusion of victory through conflict.

Holy Week calls each of us to an interior conversion. As Christ forgave from the Cross, so must we learn to forgive. As He gave Himself completely, so are we invited to become instruments of charity and unity in a divided world.

May the contemplation of the Passion deepen in us a love that heals wounds and builds bridges. And may the joy of the Resurrection, toward which we journey, renew the face of the earth with the gift of lasting peace.

With Apostolic Blessing,

Pope Leo



Founder Message

Reflection on Quantum Leap

My dear Sisters,

In the journey of our life and vocation, I often reflect on how God leads us—not always in small, measured steps, but at times through what I would call a “quantum leap.” It is a movement of grace, where the soul is invited to rise beyond its fears, limits, and human calculations into the vastness of God’s plan.

When I began this mission, I did not have all the answers. Yet, I trusted that God who calls also leads. Every step forward required faith—faith to move beyond comfort, faith to embrace the unknown, and faith to believe that God’s providence is greater than our uncertainties.

A quantum leap is not about human strength; it is about surrender. It is in letting go of what is safe and familiar that we discover the newness God prepares for us. I invite each one of you not to remain where you are, but to grow—to deepen your prayer, to widen your love, and to respond generously to the needs around you.

Do not be afraid to take bold steps in your spiritual life. Grace will always accompany your courage. When you trust in the Lord, even the smallest step becomes a leap into His divine purpose.

May your lives be filled with such leaps of faith, leading you ever closer to God and making you instruments of His love in the world.

With my prayer and blessings,

Fr. J. E. Arul Raj



Provincial Message

Dear and loving Sisters in Christ Jesus,

Warm Easter greetings to each one of you!

I thank God for inspiring me to share a few reflections during this blessed season on interior silence, repentance, reconciliation, and the call to live with honesty, free from gossip and backbiting. As we journey through Holy Week into the joy of Easter, we are invited to enter into moments of calm and quiet. In these sacred moments, we rediscover who we truly are. Interior silence is not merely the absence of noise, but the presence of clarity where the heart listens and the soul speak. In this stillness, we recognize our shortcomings and open ourselves to transformation.

Repentance is not about guilt alone, but about growth. It gently leads us to acknowledge our faults and turn toward what is right and good. Through sincere repentance, we experience inner purification a renewal that restores peace and strengthens our spirit. Let us embrace this grace-filled opportunity to be renewed and become new persons, to carry the joy of the Risen Christ within us.

Following repentance, we are called to reconciliation. It is our duty and blessing to heal broken relationships with courage, honesty, and compassion. When we forgive and seek forgiveness, we create space for unity, love, and mutual respect. True peace with others begins with peace within ourselves.

To remain in this serenity, we must be mindful of our words in daily life. Gossip and backbiting, though they may seem small, can deeply wound hearts and divide communities. Let us instead speak words that uplift, encourage, and build trust, always bringing goodness to those we encounter.

We are also called to overcome fear; fear of harsh words, anger, or criticism. True strength lies not in reacting with fear, but in responding with patience and understanding. A calm heart in times of difficulty reflects the presence of Christ within us.

As we celebrate the joy of Easter, let us strive for purity in thought, word, and action. By embracing silence, practicing repentance, seeking reconciliation, and choosing kindness, we nurture a community rooted in peace, love, and harmony.

May the Risen Lord fill our hearts with joy, unite us in love, and guide us each day toward deeper peace and purpose.

With love and prayers,

Sr. A. Antoniammal, DMI

Provincial Program

Trichy Canonical Visit

Sr. Antoniammal made a canonical visit at Trichy Community from 24.02.2026, 26.02.2026 & 27.02.2026. She organized a Holy Hour and gave an input session on the theme: “Building Communion: From Division to Divine Love”



Provincial Program

Eraiyr Canonical Visit

Sr. Antoniammal made a canonical visit at Eraiyr Community from 27th February to 2nd March 2026. She gave input on different quotients of personal and community development.





Sr. Antoniammal visited the St. Joseph Global School, Eraiyur on 05.03.2026, she gave a motivational talk to the students and staffs.



Provincial Program

Annai Nagar Canonical Visit

Sr. Antoniammal made a canonical at Annai Nagar Community from 02.03.2026 to 05.03.2026. She gave an input on “Building Communion: From Division to Divine Love.”



On 05.03.2026, Sr. Antoniammal visited St. Joseph Global School, Annai Nagar motivated the teachers and distributed Olymbiad Medals and certificates to the students.



Provincial Program

Karaikal Canonical Visit

Sr. Antoniammal made a canonical visit at Karaikal community from 08.03.2026 to 10.03.2026. She addressed the SJG School and Social Work staffs.





Provincial Program

Nagapattinam Canonical Visit

Sr. Antoniammal made a canonical visit at Nagapattinam community from 10.03.2026 to 13.03.2026. She gave an input on the topic “Renewing Our Religious Life: From Comfort to Commitment.”



On 12.03.2026, Sr. Antoniammal along with community sisters visited Velankanni, prayed well, and participated in the Holy Mass.



Muttom Canonical Visit

Sr. Antoniammal made a canonical visit at Muttom community from 20.03.2026 to 24.03.2026. She Conducted community meeting and checked the files and accounts.



Provincial Casual Visit

On 06.03.2026, Sr. Antoniammal visited **Kodikottai community** and gave an input on “Faithful Stewardship and Authentic Leadership in Religious Community.”



Provincial Casual Visit

On 16.03.2026, Sr. Antoniammal made a casual visit at **Chettiapatti Community**.



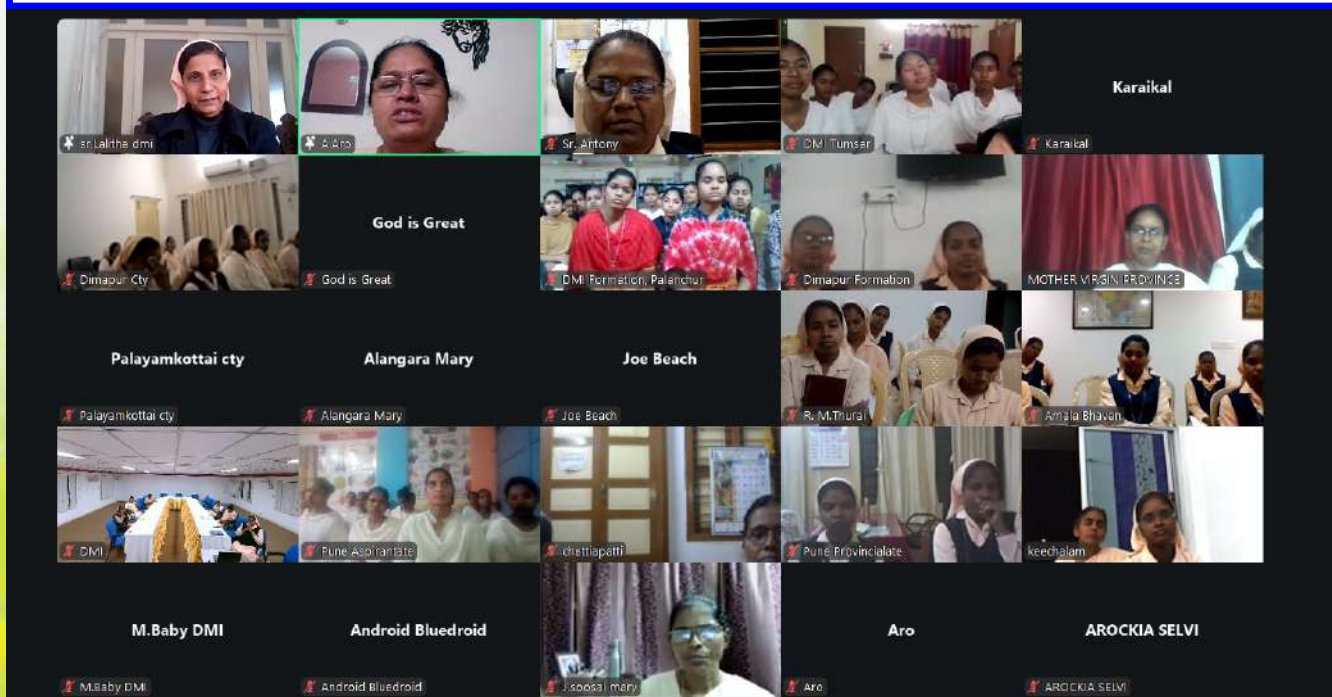
Provincial Casual Visit

On 16.03.2026 evening Sr. Antoniammal visited Palayamkottai community and gave an inspirational talk with student candidates.



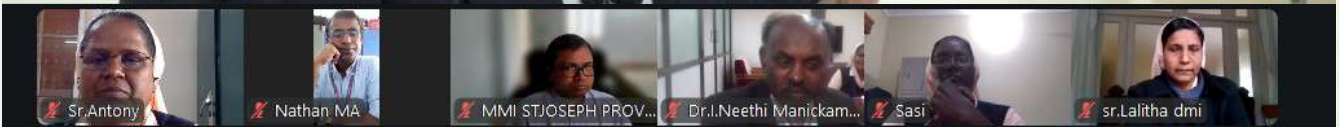
Provincial attended Input session

On 17.03.2026, Province sisters attended the online orientation on Quantum Spirituality organized by General Administration, the resource person was Fr. Charles MMI .



Provincial attended Input session

On 09.03.2026, Sr. Antoniammal attended the online input meeting organized by founder on Next Horizon



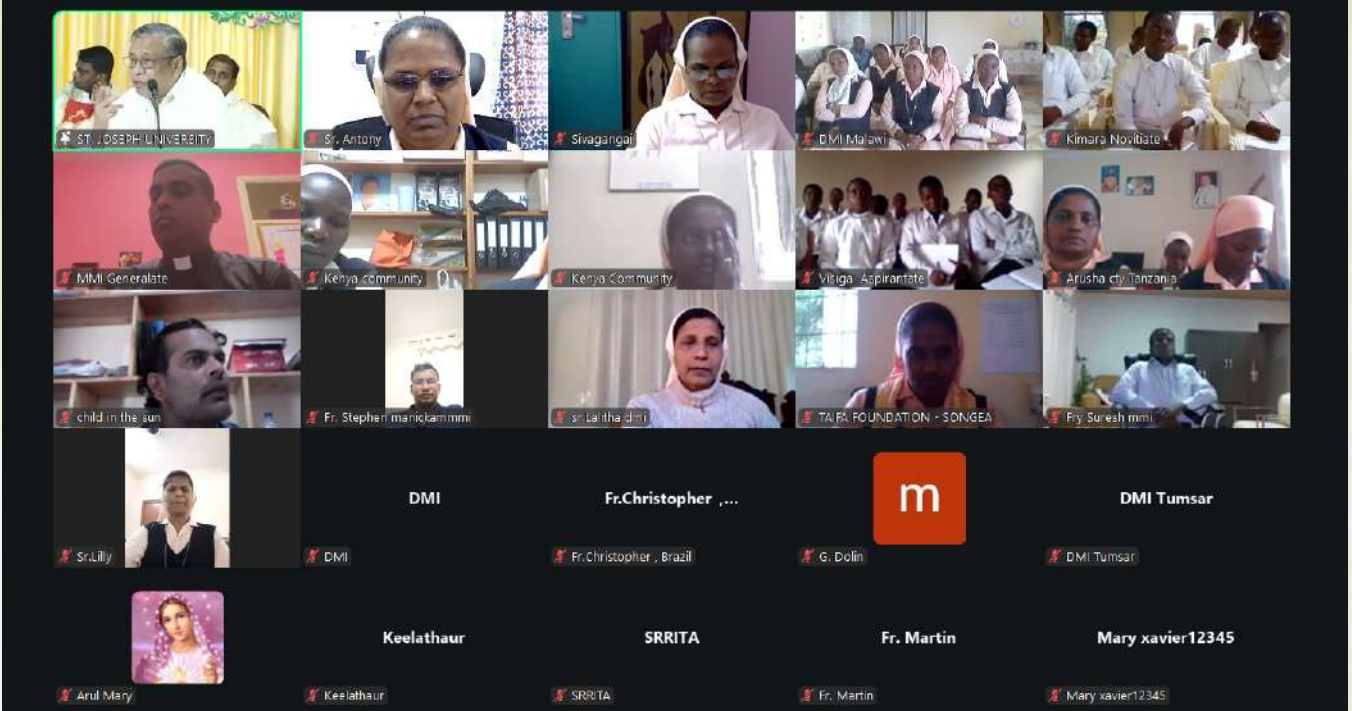
Provincial attended Input session

On 28.03.2026, Sr. Antoniammal and Province sisters attended the online motivational session organized by founder father.

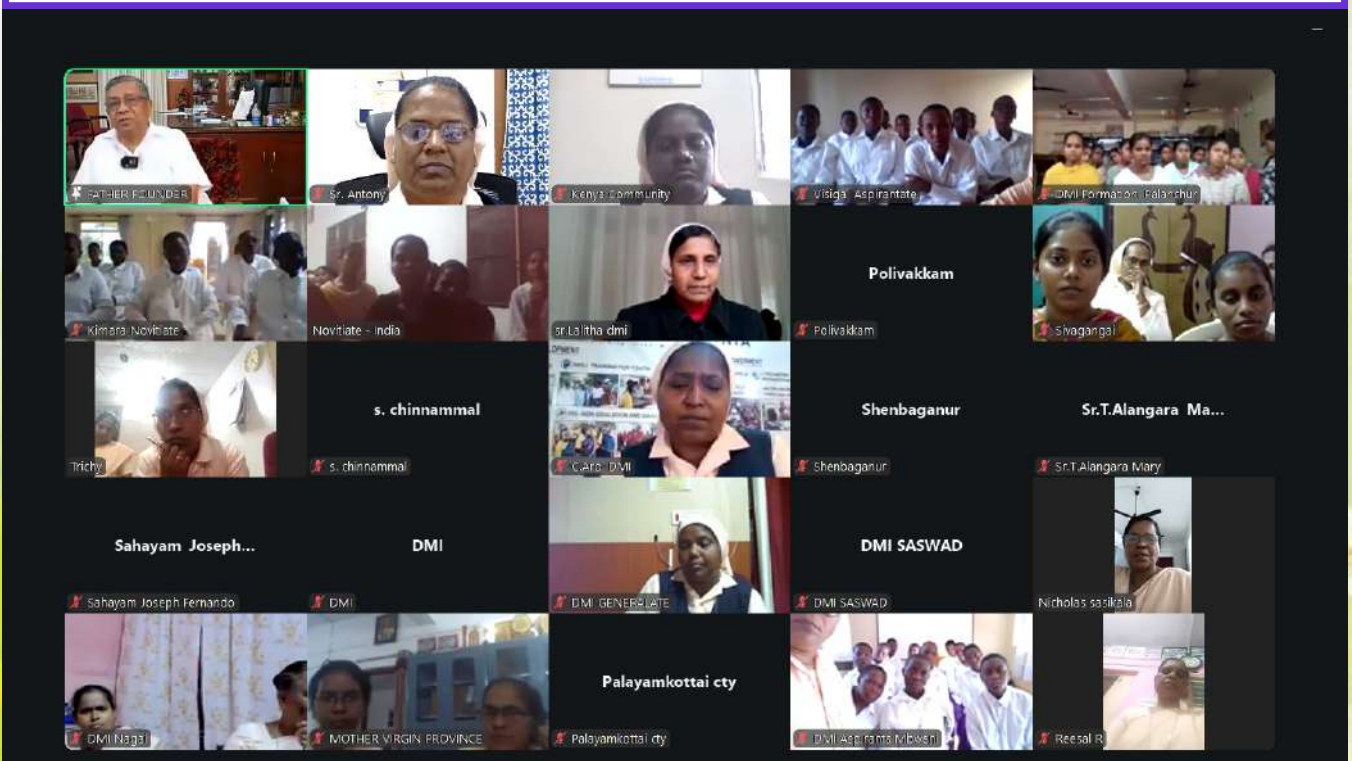


Provincial attended Input session

On 30.03.2026, Sr. Antoniammal and Province sisters attended the Chrisma mass organized by founder father.



On 31.03.2026, Sr. Antoniammal and Province sisters attended the Lenten season input organized by founder father.



Women's Day Celebration

On 07.03.2026, Rajapalayam School celebrated a **World Record Women's Day Program**. Sr. Antoniammal, Provincial attended the program. More than 1250 women participated.



Women's Day Celebration

On 07.03.2026, Nagapattinam community sisters and SHG women groups celebrated the International women's day.



Women's Day Celebration

On 08.03.2026, Women's Day was celebrated joyfully at Karaikal. Sr. Antoniammal, Provincial participated in the program



08/03/2026 12:13 pm GMT+5
Railway Station Road Karaikal Puducherry
Lat: 10.918638 Long: 79.8393

Women's Day Celebration

On 09.03.2026, the International women's day was celebrated at Salem District. Around 1000 women participated.



Women's Day Celebration

On 15.03.2026, the International Women's Day celebration at Kodikottai, Devakottai, Sivagangai District, organized by the DMI Sisters, was a grand success. Around 250 Self-Help Group (SHG) members participated.



Leadership Training Programme

On 23.03.2026 and 24.03.2026 the DMI social Development Mission organized a two day Leadership Training Programme. The session was led by Mr. Micheal. Founder father Dr. J.E.Arul Raj met the women's group and sisters and encouraging everyone to develop an entrepreneurial spirit that promotes "live and let live".



Annai Nagar

Skill Training

On 11.03.2026, 30 women participated in a Dry Flower Graft Work Skill Training at the Agricultural College and Research Institute, Kudumiyanmalai. All the participants received the Government certificates.



Awareness Program

On 12.03.2026, Sr. Soosai conducted RBA awareness program for the children group. Totally 17 children participated in this program.



On 14.03.2026, Sr. Soosai conducted a meeting for the children to encourage their involvement in life skills training. 10 children participated.



St. Joseph Global School

On 6th March 2026, International Women's Day was celebrated in SJG School with great enthusiasm.



St. Joseph Global School

On 14.03.2026, KG Graduation Day was successfully conducted in SJGS. The event was organized to celebrate the achievements of the kindergarten students.



Aralvaimozhi

On 19.03.2026, community sisters celebrated the Feast of St. Joseph. Fr. Austin the parish priest and the campus Fathers Fr. Justin and Fr. Bosco celebrated the mass.



St. Joseph International School

SJIS organized “RIADDA 2K26” – Sports Day for Pre KG to Grade II on 27th February 2026 at the school campus.



St. Joseph International School

On 07.03.2026, International Women's Day was celebrated at the school campus. The Chief Guest was Mrs. Sundarameenatchi, Senior Manager, UBI, Nagercoil.



DMI Engineering College

DMI Engineering College, Aralvaimozhi, won the first prize along with a cash award of Rs. 5,000 in the short film contest held at Joy University.”



Dr. Regupathy and his team have successfully designed and developed a helmet using Palmyra fiber and resin as part of the product outcome of the TANSCST-funded project



Chettiapatti

On 08.03.2026, Chettiapatti and Rajapalayam community sisters attended the recollection, the preacher Fr. Paul Jeyaseilan CFM in karumathur theme on “Community life in the Modern world”



On 19.3.2026, sisters and home children celebrated St. Joseph feast and had a special prayer for home children



On 23.3.2026, community sisters conducted awareness programme for the home children about “Swachta Hi Sewa” Drawing competitions



Coimbatore

On 03.03.2026, Christ the King Engineering College NSS team, the Department of Police, and KaavalPaarvai Press jointly organized an “Anti-Drug Awareness Rally” in Kavundampalayam, Coimbatore.



Women's Day Celebration

On 06.03.2026, community sisters celebrated the women's day celebration along with Christ the King Matric Hr. Sec. School students.



Elupatti

On 13th March 2026, community sisters met Tanjore Bishop in parish



**From our
Elupatti
community,
sent one
12th std
candidate to
the
Palanchoor
Formation
House**

St. Joseph College of Engineering

Women's Day Celebration

On 6th March 2026, Women Empowerment Cell celebrated International Women's Day.



Final year Students Placement

On 13th March 2026, eight students placed in HDFC on-campus drive



Thanjavur, Tamil Nadu, India

During the March 2026, 200+ students placed via Reliance



Eraiyyur

On 20.03.2026, Eraiyyur community sisters attended the recollection on the theme “Healing through Divine Presence”, the preacher was Fr. Martin OMI.



Gardening



On 09.03.2026, sisters conducted the PLF meeting for the women group at Keelapuliur village . Totally 35 women participated.



On 19.03.2026, Sr. Arpudham conducted the DLF meeting for the women group at DMI office, Eraiur. Totally 16 women participated.



Skill Training Program

From 09.03.2026 to 14.03.2026, Mrs. Annammal IOB, perambalur conducted masalla making and pickle training at Keelapuliur village. Totally 35 women participated.



Awareness Program

On 05.03.2026, Sr. Arputham ,Sr. Mono organized awareness on HIV/AIDS at Velvimangalam village. More than 76 women participated in the program.



On 09.03.2026, Sr. Mono organized awareness program in world Environmental safety day at Vayalur village, 102 women participated in the program.



St. Joseph Global School

The Science Expo Scinova-2K26 was successfully conducted on 28th February 2026. The Chief Guest was Mrs. Dr. K. R. Jaya, Guest lecturer, Government Arts and Science College for Women, Veppur



SJGS students visited the Book Fair in Perambalur as part of an educational programme on 04.03.2026.



Karaikal

SHG Meeting

On 10.2.2026, Sr. Michael Rani conducted SHG meeting for 30 groups at Poraiyar, Tharagambadi & Rajivpuram villages.



Awareness Program

On 10.03.2026, Sr. Michael Rani and staffs conducted health awareness at Church Street.



On 16.03.2026 Awareness session conducted for women on food rights. Participants became more aware of their entitlements. Total participants –10.



DMI St. Joseph Global School

On 20th March 2026, an AI Introductory Session was conducted by the JIO team. Coordinators and teachers attended the session, which provided valuable insights into the AI Certificate Course and its benefits in education.



SJG school students achieved state-level recognition in the Silver Zone Foundation Maths and GK Olympiad, securing gold, silver, and bronze medals along with certificates.



Women's Day Celebration

On 10th March 2026, Women's Day was celebrated for the teaching and non-teaching staff. The celebration included cake cutting and distribution of Women's Day gifts.



Kavunji

SHG Meeting

During the March 2026, kavunji sisters conducted self help group meeting for Poondi, Mannavanur, Kannapuram, Kumpoor, Keelavarai, keelanavayal, Polur Nattampatty, munkillpallam and spoke about DMI Membership loan repayment Totally 476 women participated.



On 05.03.2026 Sr.Antony had visited Mannavanur village and conducted women leadership training and Environment training total participants are 31 women.



On 10.03.2026 Sr. Antony conducted Legal Aid training to pondi women 17 women participated.



On 15.03.2026 Kavunji community sisters visited Munkillpallam people at kumpoor, since there is fire in the forest. Sisters met them twice and given clothes, food and food items they were very happy. The sisters are also getting ready with the house construction.



ஈரான் போரில் உயிரிழந்த மக்களுக்கு
மெழுகுவர்த்தி ஏந்தி அஞ்சலி



▶ கொடைக்கானல் மேல்மலை கவுஞ்சி மலை கிராமத்தில் ஈரான் போரில் உயிரிழந்த மக்களுக்கு மெழுகுவர்த்தி ஏந்தி பெண்கள் அஞ்சலி செலுத்தினர்.

கொடைக்கானல், மார்ச் 21: ஈரான் போரில் உயிரிழந்த மக்களுக்கு கொடைக்கானலில் பெண்கள் மெழுகுவர்த்தி ஏந்தி அஞ்சலி செலுத்தினர்.

ஈரான், இஸ்ரேல்

போரில் ஆயிரத்திற்கும் மேற்பட்ட மக்கள் உயிரிழந்துள்ளனர். போரை உடனடியாக நிறுத்த வேண்டும் என்றும், போரில் உயிரிழந்த பொது மக்களுக்கு அஞ்சலி செலுத்தும் வகையிலும்

கொடைக்கானல் கவுஞ்சி மலை கிராமத்தில் பெண்கள் மெழுகுவர்த்தி ஏந்தி அஞ்சலி செலுத்தினர். டிஎம்ஐ அருட்சகோதரி அந்தோனி தலைமையில் மலை கிராம பெண்கள் அஞ்சலி செலுத்தினர்.

On 21.03.2026,
Kavunji
sisters
organized the
women group
members to
pray for the
world peace as
well as the
people are died
on Eran War.

Leadership Training

On 17.03.2026 Sr. Antony conducted the leadership training for SHG members at Mannavanur village, total participants are 32 women.



Awareness Program

On 04.03.2026 Sr. Antony had visited Kauvnji village and conducted Cancer awareness training total participants are 21 women.



Kodikottai

During this month of March 2026, Sr. Arul Mary conducted SHG meetings in different places, especially in Nallakudi, Thalakkavayal, Variyanvayal, Pannaranthal, and Kodikottai villages. Nearly 65 women participated.



St. Joseph International School

On 07.03.2026, SJIS staffs and students celebrated the International Women's Day



Achievements

**21st South Indian Level Yoga Championship - 2026
Held at Fatima College Indoor Stadium, Madurai on
01.03.2026. Students participated and won the prizes.**



**Silambam Championship Cup-2026 held on 07.03.2026 at
Town Hall North Main Street, Pudukottai. SJIS students
participated and won the prizes.**



Muttom

On 13.03.2026, the community sisters plucked the brinjals along with founder father and sowed the seeds too.



Medical Camp

Medical Camp conducted at Sahayapuram Punitha Edaivida Sahaya Matha Church on 08.03.2026. Total Screening –109



Medical Camp

Medical camp organized at Vadaseri St. James Church on 15th March 2026(Sunday). Total Screening – 104



St. Joseph International School

On 20.03.2026, SJIS conducted the St. Joseph feast mass at School Campus, Manavazhakurichi. School students and staffs participated in the prayer mass.



On 26.03.2026, KG Graduation Day was celebrated at SJIS, Manavazhakurichi.



Nagapattinam

On 01.03.2026 Sisters. M. Sophia and V. Anandha Jothi went to Solavidhyapuram and met Sr. Suganya's grandfather who was sick and prayed for him.



On 08.03.2026, Sr. M. Sophia conducted a catechism class for the parish children. A total of 7 children were present in the class. She spoke about the Way of the Cross.



On 19.03.2026, Sr. M. Sophia and staff member Mrs. W. Suguna visited Sola Vidhyapuram and met the members of St. Antony SHG. Totally 9 members participated.



On 30.03.2026, Sr. Sophia went for the recruitment to Tirupathur, Kovilur, Somallapuram and Kurumaneri Pudur. She met 12th standard girl, Supriya from Kovilur, expressed her willingness to join DMI society.



Palayamkottai

Spiritual Activity

Every day community sisters meditate the passion of Christ through the "Way of the Cross" in the community.



On 19th March 2026, sisters celebrated the feast of St. Joseph the Spouse of Mother Mary. Community sisters, Rev. Fr. Kashmeer and Rev. Fr. Martin MMI celebrated the holy Mass.



Gardening



Don Bosco Matric School

Achievements

47 of **KINDER GARTEN** students were honored and awarded with medals and certificates for **INDIAN TALENT Olympiad** exam on 09.03.2026 .



Rajapalayam

KG Graduation Day Celebration

On 25.03.2026, St. Joseph International School celebrated KG Graduation day.



Farewell Day Celebration

On 21.03.2026 St. Joseph International School celebrated XII Farewell day.



Angel College of Education

On 14th March 2026, an International Conference was organized on “Innovative Teaching strategies and Pedagogy Models for 21st century professionals”. The Resource Persons are Prof Dr B William Dharma Raja Visiting Professor (Honorary), Gandhigram Rural Institute. & Dr Smitha Baboo, Associate Professor, Christ Deemed University from Bangalore. Totally 450 students participated and benefited.



R.M.Thurai

St. Joseph Feast Day Celebration

On 19.03.2026, community sisters celebrated St. Joseph feast day and our Founder father conducted the mass.



Founder Visit

On 05.03.2026, Father Founder called all the student sisters and he gave talk about “Failures Crisis Regeneration”. On 06.03.2026 casually visited at R.M.Thurai Community and gave a motivational talk to the sisters.



Assistant General Visit

On 18.03.2026 Sr. C. Arockia Mary the assistant general, met the student sisters and had a meaningful interaction with them. She shared her insights, encouraged and motivated them



Pastoral Ministry

On 7th March 2026, Sr. Christy distributed holy communion to the ill parishioners and offered prayers for them within the parish community.



This month everyday afternoon the sisters feed the 214 people.



Salem

Birthday Celebration

On 2nd March 2026, and 17th March 2026, the sisters celebrated the birthday of Sr. Malar and Sr. Mercy in a grand manner. The day began with a special prayer and Holy Mass.



SHG Meetings

During the month of March 2026, the sisters conducted an SHG meeting for 129 groups at Salem district discussing several important topics, including: Economic activities, Skill training program, Regular group meetings etc.



Newly professed sisters came to the Salem community for their experience. They visited the Self-Help Groups (SHGs), children's groups, and School. Gained their knowledge in Social work mission, School ministry and pastoral ministry.



St. Joseph International School

On 28th February 2026, SJIS conducted DMIite STEM Expo 2026. Students from KG to grade IX presented their project in the expo and won the prizes.



On 2nd March 2026, From Tamilandu Fire and Rescue Department, Karumandurai conducted Fire safety precaution quiz competition at Salem school. Students from grade VI to grade VIII participated in this competition and won the Prizes.



Shenbaganur

On 15th March 2026, the sisters attended the CRI meeting at Madurai. Resource person Most. Rev. Dr. Antony Samy Savarrimuthu Bishop Madurai



SHG Meeting

On 11.03.2026, Sr. Jeya and Sr. Flora conducted the SHG meeting at Kovilpatti and Puliur villages.



On 20.3.2026, Sr. Flora conducted SHG meeting for Udhayam SHG at Kovil patti, 12 members participated.



Awareness Program

Sr. Jeya conducted awareness about violence against women on 11.3.2026 at puliyur. 12 members were participated.



Vocation Promotion

On 31.3.2026 Sr. Jaya and Sr. Flora visited the kodaikanal, perumalmalai parish and B L Shed area and met 3 girls studying 9th Std named Jenifer, Berveena and Benita.



Tenkasi

Sr. Irudhaya Mary and Sr. Lisa went for vocation promotion on 19.03.2026 at Sankaran Koil and spoke with the candidates.



Women's Day Celebration

The Women Empowerment Cell of J.P. College organized the International Women's Day celebration on 07 March 2026.





JP College of Engineering

JPCOE organized an International Conference on Emerging and Transformative Technologies in Computer Science (Hybrid Mode), ICET²-CS 2026, on 11 March 2026.



JPCOE organized TECHATHON 2026, an intra-college project expo, on 28.02.26.



JP College of Arts and Science

The Department of BBA proudly appreciates the outstanding achievements of its students at the Intercollegiate Fest held on 18th March at Bharat Institute of Education. Students received the overall runner up awards.





JP COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

Run by DMI Sisters
Ayikudy, Tenkasi - 627852



*The Management, Principal and Staff Congratulate
our University Rank holders*

Hearty Congratulations

UNIVERSITY RANK HOLDERS



Batch: 2022-2025

Academic Excellence

"Consistent Achievement Amidst 108 Colleges"



JP College of Education

On March 16th golden opportunity program was conducted for arts and science Master students the Principal Dr. A Suresh John Kennedy gave speech regarding important of B.Ed course.



DMI St. Joseph Global School

On 05.03.2026 Students from Grade 5 to Grade 8 were taken on an educational Court Visit to the Tenkasi District Court.



On 08.03.2026 students participated in an Inter-School Athletic Competition organized by the Oxford Group of Schools.



Trichy

On 07.03.2026, Women's Day was Celebrated at Shrine Vailankanni Matric School. The Chief Guest Rajalakshmi G, MS, Psycho therapist counsellor.



On 14.03.2026, UKG Graduation Day was Celebrated. The Chief Guest Ms. Lakshmi Karpaganathan, M.Sc., B.Ed., Managing Director- Lead Sky Technical Services.



Admission Canvassing



Articles

The Beauty and Mission of Religious

Introduction

Religious life is a special call from God. It is not simply a profession or a human decision, but a response to God's loving invitation. From the beginning of the Bible, God has called men and women to dedicate their lives completely to Him and to serve His people. Religious life is a journey of love, sacrifice, prayer, and service. Those who embrace this vocation choose to follow Jesus more closely through the evangelical counsels of poverty, chastity, and obedience.

In the Gospel, Jesus invites His disciples to leave everything and follow Him. In the Gospel of **Matthew 19:21**, Jesus says, "If you want to be perfect, go, sell what you possess and give to the poor... then come, follow me." This invitation continues even today. Religious men and women dedicate their lives to prayer, community life, and service to the poor, the sick, and the needy. Through their witness, they reveal the love of Christ to the world. Religious life also becomes a sign of hope for society. In a world that often focuses on material success and personal comfort, religious persons remind people about the importance of spiritual values, love, and selfless service.

Personal Reflection: When I reflect on religious life, I feel that it is a beautiful gift from God. It inspires me to think about how God calls people to live not only for themselves but also for others. This reflection encourages me to listen more carefully to God's voice in my own life and to grow in faith and generosity.

1. RELIGIOUS LIFE AS A CALL FROM GOD

Religious life begins with God's call. It is not chosen merely by personal desire, but by listening to the voice of God in one's heart. Many people in the Bible were called by God for a special mission. God called Abraham to leave his homeland, Moses to lead His people, and the prophets to proclaim His message.

For example, God called the young prophet Samuel while he was still a child. In the First **Book of Samuel 3:10**, Samuel responded, “Speak, Lord, for your servant is listening.” This response shows the attitude of every religious person: openness and readiness to listen to God. Religious life therefore requires discernment, prayer, and guidance from spiritual leaders. It is a gradual process of discovering God's plan and responding with trust and faith.

Personal Reflection: When I think about God's call, I realize that He speaks to us in many ways—through prayer, Scripture, and the people around us. Sometimes it is not easy to understand God's will, but with patience and prayer we can recognize His guidance. This reflection helps me to remain open to God's plan for my life.

2. FOLLOWING JESUS THROUGH THE EVANGELICAL COUNSELS

Religious men and women follow Christ in a special way through the vows of poverty, chastity, and obedience. These vows help them to live more freely for God and to serve others without selfish interests.

Poverty teaches religious persons to depend completely on God rather than material possessions. It encourages simplicity of life and solidarity with the poor. Jesus Himself lived a simple life. In the Gospel of **St. Luke 9:58**, Jesus said, “The Son of Man has nowhere to lay his head.” **Chastity** is a sign of total dedication to God. By living a life of chastity, religious persons give their hearts completely to Christ and become available to serve all people with universal love. **Obedience** helps religious persons follow the will of God just as Jesus did. In the Letter to the Philippians 2:8 it says about Jesus: “He humbled himself and became obedient unto death.” Through obedience, religious persons learn humility, trust, and faith in God's guidance.

Personal Reflection: Reflecting on these vows helps me understand the deeper meaning of commitment in religious life. Poverty teaches simplicity, chastity teaches pure love, and obedience teaches humility. These values challenge me to grow spiritually and to place God at the centre of my life.

3. RELIGIOUS LIFE AS SERVICE TO OTHERS

Religious life is not only about prayer but also about service. Jesus Himself showed the true meaning of service when He washed the feet of His disciples. In the Gospel of **St. John 13:14**, Jesus says, "If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet." Religious men and women continue this mission by serving in schools, hospitals, parishes, orphanages, and mission areas. Many religious communities work among the poor, the sick, migrants, and those who are neglected by society. Their service reflects the compassion of Christ and brings hope to many people who are suffering. Through education, healthcare, and social service, religious persons help to build a more just and loving society.

Personal Reflection: When I reflect on this aspect of religious life, I understand that service is an important part of following Christ. Serving others teaches humility and compassion. It reminds me that true happiness comes from helping others and sharing God's love with them.


4. COMMUNITY LIFE IN RELIGIOUS VOCATION

Another important aspect of religious life is community life. Religious people live together as a family, supporting one another in prayer and mission. Community life helps them share their experiences, struggles, and joys. The early Christian community is a model for religious life. **In Acts of the Apostles 2:44** it says, "All who believed were together and had all things in common." Living in community requires patience, forgiveness, and mutual respect. Each member has different talents and personalities, but together they form a united community dedicated to God's mission. Community life also strengthens their mission because they work together and support each other in serving God's people.

Personal Reflection: Community life teaches me important values such as understanding, cooperation, and forgiveness. Living with others is not always easy, but it helps us grow in love and maturity. This reflection reminds me that unity and mutual support are essential in religious life.

5. THE IMPORTANCE OF PRAYER IN RELIGIOUS LIFE

Prayer is the heart of religious life. Through prayer, religious men and women build a deep relationship with God and receive strength for their mission. Without prayer, religious life loses its meaning and direction. Jesus Himself showed the importance of prayer by often going



to quiet places to pray. **In the Gospel of Luke 5:16** it says, “But Jesus often withdrew to lonely places and prayed.” Religious persons follow this example by spending time daily in personal prayer, meditation on the Word of God, and participation in the Eucharist. Prayer helps them remain faithful to their vocation and gives them spiritual strength to face difficulties. Prayer also helps them grow in humility, gratitude, and trust in God's providence.

Personal Reflection: Prayer is very important in my life because it helps me stay connected with God. Through prayer, I can share my thoughts, struggles, and hopes with Him. It gives me peace and strength to continue my journey of faith and vocation.

6. WITNESSING CHRIST IN TODAY’S WORLD

In today's world, many people face difficulties such as poverty, loneliness, injustice, and lack of faith. Religious men and women are called to be witnesses of hope and compassion in such situations. Through their simple lifestyle, dedication, and love for others, they reveal the presence of Christ in society. As Jesus teaches in the Gospel of **St. Matthew 5:16**, “Let your light shine before others, that they may see your good works and give glory to your Father in heaven.” Religious persons serve people through education, healthcare, pastoral care, and social work. Their presence among the poor and suffering becomes a sign of God's mercy and love.

Personal Reflection: This reminds me that religious life is not only about personal holiness but also about witnessing Christ to the world. Every action, word, and service can become a testimony of God's love. I feel encouraged to live in a way that reflects Christ's compassion and kindness.

CONCLUSION

Religious life is a special calling from God that invites a person to live a life of prayer, service, and dedication. It is not always an easy path, but it is a meaningful journey that allows one to grow closer to God and serve others with love and compassion. Through religious life, individuals

become witnesses of God's presence in the world and bring hope to those around them.

Reflecting on this vocation helps me understand the importance of faith, commitment, and trust in God's plan. It reminds me that following God's call requires courage and sacrifice, but it also brings deep joy and fulfilment. Religious life shows us that true happiness is found not in worldly things, but in loving God and serving humanity. In the end, religious life continues to inspire many people to dedicate themselves completely to God. It encourages us all to listen to God's voice in our lives and to respond with generosity, faith, and love.

Although religious life involves sacrifices and challenges, it also brings deep joy and fulfilment because it is lived in union with God. As Jesus reminds us in the Gospel of **St. Mark 10:29–30**, "There is no one who has left house or brothers or sisters... for my sake and for the gospel, who will not receive a hundredfold now in this time and in the age to come eternal life." Religious life continues to inspire many people to dedicate themselves completely to God and to serve humanity with love and compassion.



Sr. L. Susai Mary

7th Batch

Kodikottai Community

Hidden but Fruitful: The Silent Power of Consecrated

Introduction:

Consecrated life is deeply rooted in a loving and living personal relationship with God, from which it draws its strength and meaning. Though often hidden from the eyes of the world, it becomes a powerful witness through prayer, sacrifice, and self-giving love. In the silence of daily life, consecrated persons remain united with Christ, allowing their lives to bear unseen yet abundant spiritual fruit. Their fidelity and surrender reveal that true fruitfulness flows not from recognition but from being firmly rooted in God's grace and presence.

1. A Life Rooted in Hiddenness


In a world that often measures value by visibility, success, and recognition, consecrated life stands as a quiet yet powerful contradiction. It is a life that does not seek applause, yet bears abundant fruit. Hidden from the public eye, consecrated persons live deeply rooted in God, drawing strength not from worldly approval but from divine intimacy. Like seeds buried in the soil, their lives remain unseen, yet they silently bring forth a rich harvest.

2. Following Christ in Simplicity

The hidden nature of consecrated life reflects the life of Christ, who spent many years in the simplicity of Nazareth. Before His public ministry, His life was marked by silence, humility, and obedience. In the same spirit, consecrated persons embrace ordinary daily living—prayer, work, and community life—as the path to holiness. Their witness teaches that greatness lies not in extraordinary deeds alone, but in faithful living of the ordinary.

3. The Power of Silent Prayer

Prayer is the heartbeat of consecrated life. Within convents and monasteries, countless prayers are offered each day for the needs of the world. Though hidden and unheard, these prayers have immense spiritual power. They become channels of grace, bringing hope to the suffering to



the weak and light to those in darkness. The fruit of such prayer may not always be visible, but it is deeply transformative.

4. Community Life: A Witness of Love

Living in community is both a gift and a challenge. Consecrated persons share their lives with others, learning to grow in patience, understanding, and forgiveness. This daily commitment to love and unity becomes a silent yet powerful testimony to the Gospel. In a divided world, their communal life reflects the possibility of harmony and mutual respect rooted in God.

5. Service in Humility

The mission of consecrated life is often carried out in simple and unnoticed ways—teaching children, caring for the sick, supporting the poor, and guiding those in need. These acts of service may not gain recognition, but they are filled with love and compassion. Each small act becomes a reflection of God's presence and a sign of His enduring care for humanity.

6. Fruitfulness Beyond Visibility

In today's fast-paced and noisy world, the silent witness of consecrated life speaks profoundly. It reminds us that true fruitfulness is not always visible. What is offered in hidden sacrifice, prayer, and fidelity becomes a source of grace for many. God works powerfully through what the world often overlooks.

7. A Beacon of Hope

To live a hidden life is not to live an insignificant one. Consecrated life, in its quiet strength, becomes a beacon of hope and inspiration. It calls all people to rediscover the value of silence, the beauty of surrender.

Conclusion

The silent power of consecrated life reveals a profound truth: what is hidden in God becomes a source of grace for the world. Though often unnoticed, the lives of consecrated persons are deeply fruitful, and the power of faithful love. Indeed, what is hidden in God is never lost—it blossoms in grace and bears fruit for the life of the world. sustained by prayer, strengthened through community, and expressed in humble service. Their quiet fidelity speaks louder than words, reminding us that true greatness lies in love, surrender, and faithfulness to one's calling. In a world that seeks recognition, consecrated life gently points to a higher reality—that God works most powerfully in silence and simplicity. Thus, this hidden life continues to shine as a beacon of hope, bearing lasting fruit for the Church and for all humanity.



Sr. I. Lilly Pushpam
19th Batch
Aralvaimozhi Community

Healing Through Divine Presence

Healing is one of the deepest desires of the human heart. Every person experiences wounds in life—physical pain, emotional struggles, broken relationships, disappointments, and spiritual emptiness. While medicine and counselling can help in many ways, true and lasting healing often comes through experiencing the loving presence of God. The divine presence brings peace, hope, and restoration to the human soul.

The presence of God has the power to calm troubled hearts. When people feel overwhelmed by fear, sadness, or anxiety, turning to God in prayer allows them to encounter His comforting presence. In that quiet moment of prayer, many people experience a deep sense of peace that the world cannot give. This inner peace becomes the beginning of healing.

Divine presence also reminds people that they are not alone in their suffering. God walks with every person through difficult moments. When someone believes that God is close to them, their pain becomes easier to bear. Faith gives strength to continue the journey of life with courage and hope.

Throughout the Bible, we see many examples of healing through God's presence. Jesus healed the sick, comforted the sorrowful, and restored those who were rejected by society. His presence brought new life to those who believed in Him. Even today, many people experience healing through prayer, worship, and the sacraments.

Healing through divine presence is not always instant or miraculous. Sometimes healing happens slowly as the heart learns to trust God more deeply. Through prayer, meditation, and reflection on God's word, people begin to experience spiritual renewal and emotional strength.

Another important aspect of divine healing is forgiveness. When people forgive others and themselves, they release the burdens of anger and resentment. God's presence helps individuals to open their hearts to forgiveness, which becomes a powerful path toward inner healing.

In conclusion, healing through divine presence is a journey of faith, trust, and surrender. When people open their hearts to God, they receive peace, strength, and hope. God's loving presence transforms pain into growth and suffering into a path of spiritual renewal. Through His presence, broken hearts are restored, and wounded lives are made whole again.



Sr. S. Mono Chinnammal
28th Batch
Eraiyr Community

The Art of Sacred Harmony: Compromise in Religious Life

Compromise is a fundamental value in any human relationship, but within the sacred walls of a convent, it becomes something far more profound. It is not merely a social skill or a tool for conflict resolution—it is a spiritual discipline, a daily offering, and an act of love rooted in Christ.

For a religious sister, compromise is not about losing oneself, but about finding oneself more deeply in God. It is the conscious choice to surrender personal preference for the sake of unity, peace, and charity. In a community where women from different cultures, personalities, and life experiences live together, compromise becomes the invisible thread that weaves hearts into one body.

A Strength Clad in Humility

In the eyes of the world, compromise may appear as weakness. But in religious life, it is a quiet strength—a strength born of humility and self-mastery. A nun embraces the evangelical counsels of poverty, chastity, and obedience. These vows are not restrictions, but pathways to freedom. Within this framework, compromise becomes an expression of interior discipline. It is the daily dying to self that allows Christ to live more fully within.

Every time a sister chooses silence instead of argument, patience instead of irritation, or understanding instead of judgment, she participates in a hidden victory. These small sacrifices, though unseen by the world, are seen by God and shape the soul into His likeness.

A s S c r i p t u r e r e m i n d s u s :
“Whoever wants to be first must be last of all and servant of all.” (Mark 9:35)

The Ultimate Blueprint: “Not My Will, But Yours”

The perfect model of holy compromise is found in Jesus Himself. In the Garden of Gethsemane, facing suffering and death, He did not cling to His human desire to avoid pain. Instead, He surrendered completely:

“Father, not my will, but yours be done.” (Luke 22:42)

This moment reveals the true essence of compromise in religious life—not a compromise of truth, but a surrender of self.

For a sister, this surrender is lived out daily: in accepting assignments she did not choose, in embracing community decisions, and in trusting God’s will even when it is unclear. It is in these moments that faith

deepens and love becomes authentic.

Building the Bond of Peace

Community life is both a gift and a challenge. Living closely with others inevitably brings differences—differences in opinion, habits, preferences, and temperament.

Without compromise, these differences can easily lead to tension and division. But when approached with love and openness, they become opportunities for growth and grace.

St. Paul encourages this spirit beautifully: “Make every effort to keep the unity of the Spirit through the bond of peace.” (Ephesians 4:3)

Compromise, then, is not about suppressing individuality, but about harmonizing differences. Like instruments in an orchestra, each sister plays a unique role—but only through cooperation does true harmony emerge.

Obedience as a Path to Growth

The vow of obedience is where compromise finds one of its deepest expressions. It calls a sister to trust not only in God, but also in the leadership and structure of her community.

This often means accepting decisions that do not align with personal desires. Yet, when embraced with faith, these moments become powerful opportunities for spiritual growth.

“Have confidence in your leaders and submit to their authority... so that their work will be a joy.” (Hebrews 13:17)

Through such obedience, the heart is purified. Pride softens. Self-centeredness fades. And in its place grows a spirit of generosity and trust.

As St. Paul further teaches: “Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.” (Philippians 2:3)

The Hidden Cross of Daily Life

Compromise in religious life is often not dramatic—it is hidden in the ordinary. It is waking up when one feels tired, helping a sister without being asked, accepting correction with grace, or letting go of the need to be right. These small acts form the “hidden cross” that every religious carries. They are not burdens, but blessings in disguise—opportunities to share in Christ’s sacrifice. “Whoever does not take up their cross and follow me is not worthy

of me.” (Matthew 10:38) In this way, compromise becomes a participation in the mystery of redemption.

The Boundary of Truth

However, it is essential to understand that true compromise has limits. It never means compromising truth, faith, or moral integrity. A religious sister is not called to abandon the Gospel, but to live it more fully. True compromise is always guided by love, truth, and justice. It is not about pleasing others at the cost of righteousness, but about adjusting oneself in charity while remaining rooted in Christ. As Jesus declares: “You will know the truth, and the truth will set you free.” (John 8:32)

Compromise as a Witness to the World

In a world marked by division, conflict, and self-interest, the life of a religious community stands as a powerful witness. When sisters live in unity despite their differences, they become a living testimony of God’s love. Their harmony speaks louder than words. Jesus Himself prayed for this unity: “That they may all be one... so that the world may believe.” (John 17:21) Thus, compromise is not only for the sake of the community—it is a mission. It reflects Christ to a broken world.

Conclusion: The Peacemaker’s Reward

Compromise in religious life is a silent sermon—a daily proclamation of love, humility, and faith. It is the sacred art of choosing “we” over “me,” of building bridges instead of walls, and of trusting God’s plan above personal desire. In every small act of surrender, a sister becomes a peacemaker, reflecting the heart of Christ. And in doing so, she fulfills the promise of the Beatitudes: “Blessed are the peacemakers, for they will be called children of God.” (Matthew 5:9)



Sr. Prahima
29th Batch
Trichy Community

The Joy of Religious Life: A Biblical and Papal Reflection with Practical Implications

Introduction:

Religious life is often perceived as a path marked by sacrifice, discipline, and detachment from worldly pleasures. While these elements are indeed part of the vocation, they do not define its essence. At the heart of religious life lies a profound and enduring joy that springs from a deep relationship with God and a life lived in faithful service. This joy is not superficial or temporary; rather, it is a spiritual reality rooted in divine love and sustained by grace.

The teachings of the Church, especially through the writings of Pope Francis, Pope Benedict XVI, and Pope John Paul II, affirm that joy is essential to religious life. It is both a gift received from God and a witness offered to the world.

Papal Teachings on the Joy of Religious Life:

The modern popes have consistently emphasized the importance of joy in the Christian vocation.

Pope Francis, in his apostolic exhortation *Evangelii Gaudium*, highlights that the Gospel itself is a message of joy. He urges religious men and women to be visible witnesses of this joy, reminding them that a life without joy cannot effectively proclaim Christ. For him, joy is missionary; it draws others to the faith.

Pope Benedict XVI teaches that joy arises from encountering God's love. He explains that when a person experiences divine love, it transforms their life and brings deep fulfillment. This joy is rooted in truth and is not shaken by external difficulties.

The Nature of Joy in Religious Life:

The joy experienced in religious life differs significantly from worldly happiness. It is not based on comfort, success, or material gain. Instead, it

1. Spiritual – rooted in a relationship with God
2. Enduring – present even in times of suffering
3. Transformative – shaping one’s outlook on life

This joy is often described as a “quiet inner peace” that remains steady despite challenges. It is closely linked to the Paschal mystery the life, death, and resurrection of Christ showing that true joy can coexist with sacrifice and suffering.

Practical Implications for Religious Life Today:

In today’s world, where stress, anxiety, and materialism are widespread, the joyful witness of religious life is more important than ever. The following practical implications can help sustain and express this joy:

Deepening Personal Prayer:

A strong relationship with God through daily prayer is the foundation of lasting joy. Without this connection, religious life can become routine and burdensome.

Fostering Healthy Community Life:

Living in community provides emotional support and shared joy. Mutual respect, forgiveness, and open communication are essential for maintaining harmony.

Embracing Service with Love:

Serving others, especially the poor and marginalized, brings a deep sense of fulfilment. It reflects the mission of Christ and strengthens one’s sense of purpose.

Practicing Simplicity and Detachment:

Letting go of material attachments allows individuals to experience freedom and inner peace, which are essential for true joy.

Witnessing Joy to the World:

Religious individuals are called to be visible signs of hope. A joyful presence can inspire others and attract them to the values of the Gospel.

Conclusion:

The joy of religious life is not an optional aspect but its very essence. Rooted in Scripture and affirmed by papal teachings, this joy arises from a deep relationship with God, is nurtured in community, and is expressed through loving service. It is a joy that transcends circumstances and reflects the presence of God in one's life.

In a world searching for meaning and happiness, the joyful witness of religious life stands as a powerful testimony that true fulfilments found not in possessions or achievements, but in love, surrender, and communion with God.



Sr. J. Anushiya Mary
34th Batch
Annai Nagar Community

Important Days to be Observed



Worship Schedule for Holy Week
March 29 to April 5



Jesus looked at them and said, "With man this is impossible, but not with God; all things are possible with God. - Mark 10:27"



APRIL
2

Maundy Thursday

Remember His Sacrifice

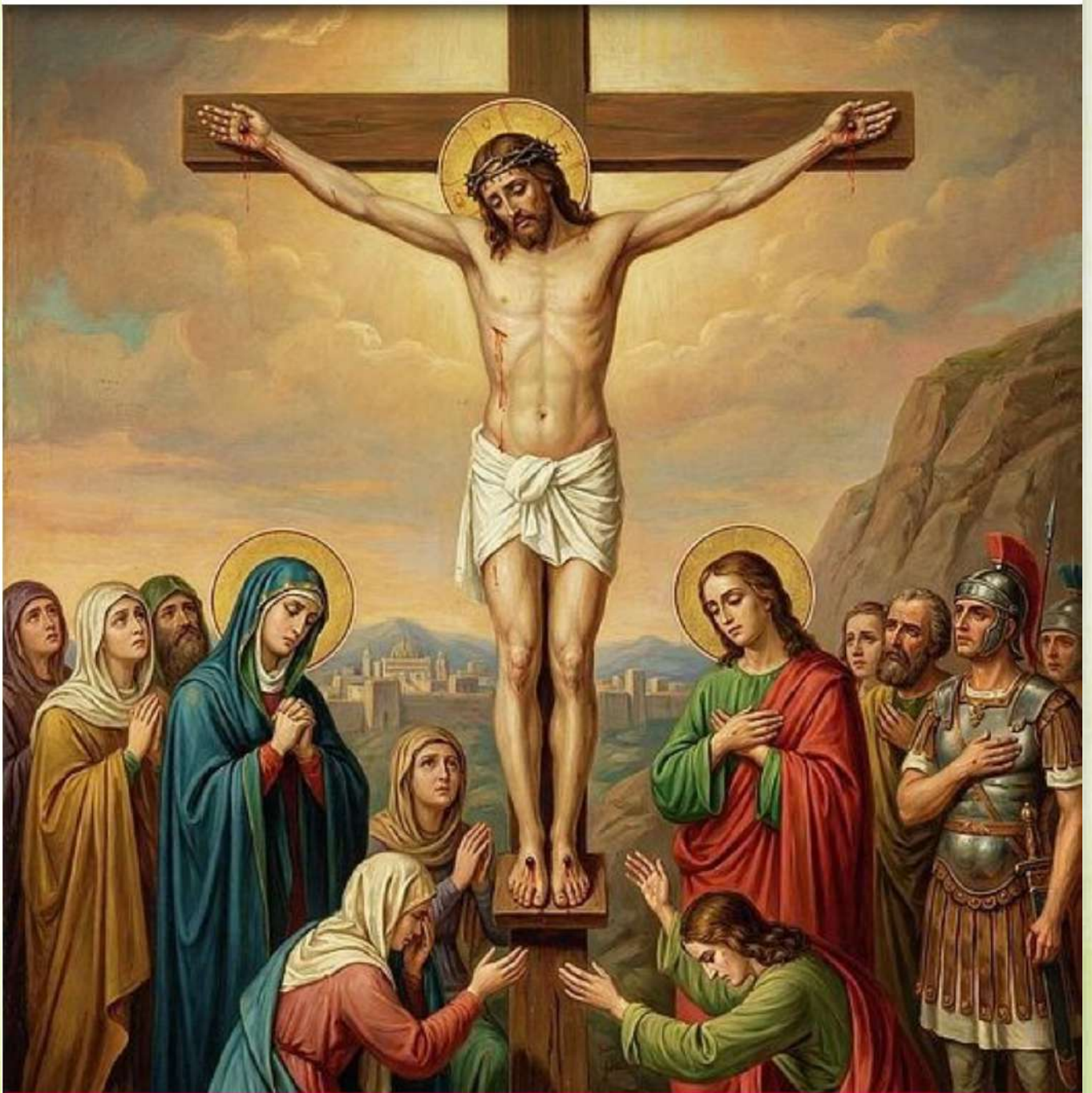


*When you look at the crucifix,
you understand how much Jesus loved you.
When you look at the Sacred Host
you understand how much Jesus loves you now.*

APRIL
3

Good Friday

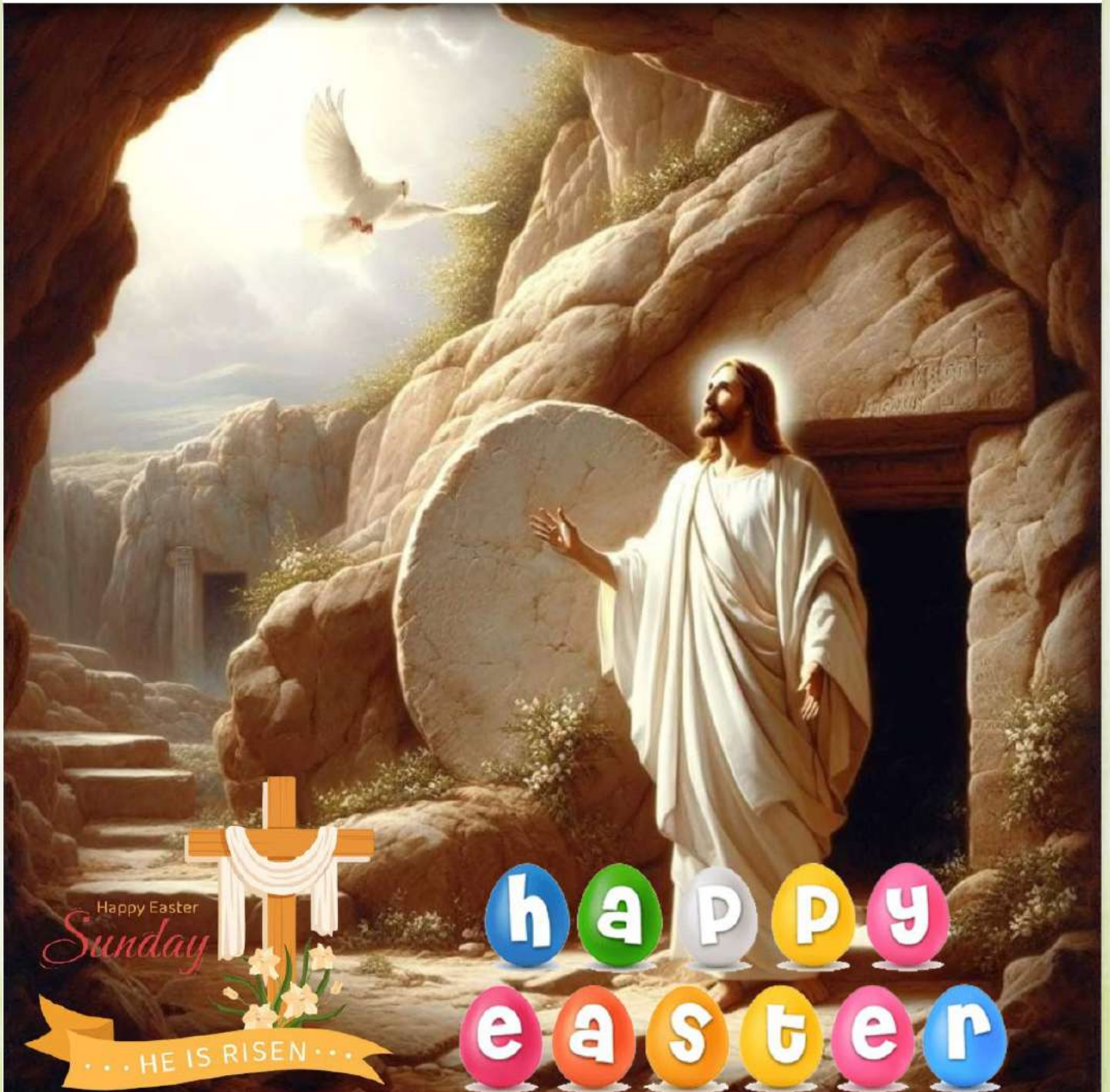
Day that Changed the World



"God so loved the world that He gave His only begotten son." – John 3:16

APRIL
5

Easter - The Resurrection of Jesus
Rejoice for He is Risen!



Happy Easter
Sunday

... HE IS RISEN ...

happy
easter

He is risen! Death could not hold Him.
Rejoice in the resurrection of Jesus Christ!



APRIL
12

Divine Mercy Sunday

Jesus, I Trust in you!



"Remember My Passion, and if you do not believe My words, at least believe My wounds."

APRIL
25

Feast of St. Mark, the Evangelist

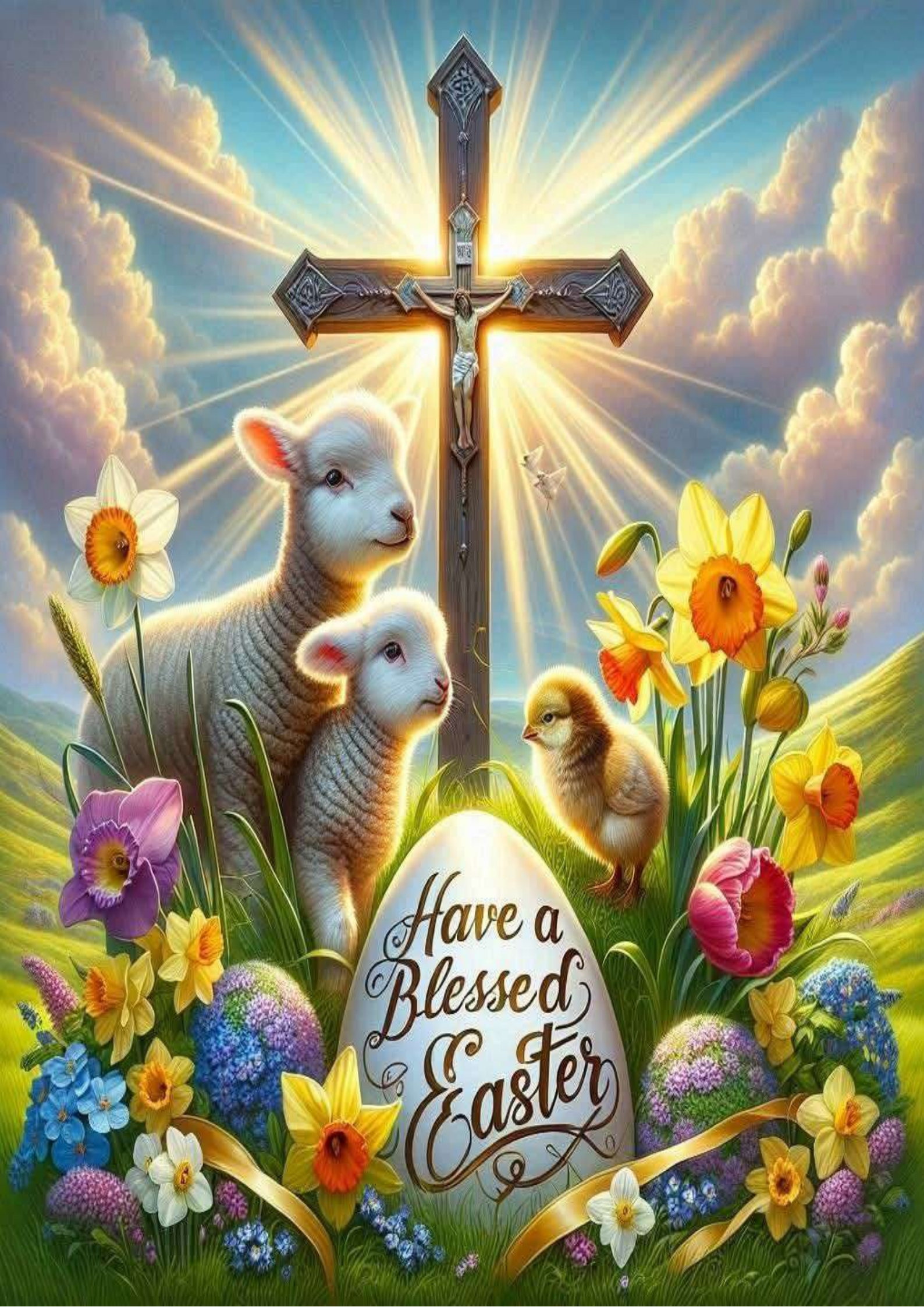
Go into all the world & preach the gospel to every creature



What does it profit a man to gain the whole world, yet forfeit his soul? - Mark 8:36

Birthday wishes for April

S.No	Name of the Sister	Batch No	DOB	Community
1	Sr. C. Little Flower	19	01	Salem
2	Sr. M. Arockia Sasi	26	06	R.M. Thurai student
3	Sr. S. Paschali	1	08	Muttom
4	Sr. D. Mary Josephine	5	08	Aralvai-mozhi
5	Sr. A. Shanthi Kumari	12	11	Rajapalayam
6	Sr. Arul Shneha	35	19	R.M. Thurai student
7	Sr. G. Sangeetha	25	21	R.M. Thurai student
8	Sr. T. Maria Suganya	31	22	R.M. Thurai student
9	Sr. S.MonoChinnammal	28	25	Eraiyr



Have a
Blessed
Easter