



St. Xavier Province



Mission of the Father

Sparkle-October 2025

Vol II

Issue 9



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Pope Message

You also are my witnesses, because you have been with me” (Jn 15:27)

Walk with young people to be witnesses of peace and fraternity

‘You also are my witnesses, because you have been with me’ (Jn 15:27) is the verse that guides Pope Leo XIV's Message for the 40th World Youth Day (WYD), which this year will again be celebrated in particular Churches throughout the world on the Solemnity of Christ the King of the Universe, Sunday 23 November 2025.

The thematic journey begun on the occasion of the 39th WYD Message to young people with the theme ‘Those who hope in the Lord will run and not be weary’ (Is 40:31) now encourages young people to open themselves and accept the challenge of being ‘pilgrims of hope’ and courageous witnesses of Christ. The Message invites young people and youth pastoral ministers to focus on three central aspects of witness: friendship with Jesus, which is a gift of the Holy Spirit; witness as an experience of mission; and contribution to society, which is the building of peace.

Friends, therefore witnesses – Witnessing comes from love! And young people, as beloved disciples, are called to a relationship of friendship with Jesus that generates witness.

From the love they have received from Christ comes the ability to share this love with other young people, to accompany them, to face the challenges of society and to respond to evil with good.

Witnesses, therefore missionaries – The Holy Father reminds young people that being Christians means being missionaries: “In this way, dear young people, with the help of the Holy Spirit, you can become missionaries of Christ in the world. Mission is a Christian way of life and witness requires perseverance and courage. Pope Leo invites youth not to be discouraged: “So do not be discouraged: like the saints, you too are called to persevere with hope, especially in the face of difficulties and obstacles”.

Fraternity as a bond of peace - Finally, friendship with Christ gives rise to the call to build peace, as a social commitment, as a witness and tangible sign of fraternity. Fraternity and peace become fundamental themes to propose to young people because: “From friendship with Christ, which is a gift of the Holy Spirit within us, there arises a way of life that bears the character of fraternity.

POPE LEO XIV



Founder Message

“A life dedicated to God becomes a light for generations.”

With profound gratitude, we remember our beloved Founder, Rev. Fr. Dr. J. E. Arul Raj, whose life and vision continue to illuminate our path. A true servant of God, he dedicated himself to uplifting humanity through faith, love, and service. Guided by compassion for the poor and the marginalized, he founded our congregation to serve God through the service of humanity. His humility, faith, and tireless dedication built communities rooted in prayer, education, and empowerment. Through his inspiring example, countless lives were touched and transformed. He believed that every person, especially the young and the less privileged, deserves dignity, education, and the light of Christ.

His enduring message — “Let your life be a reflection of God’s mercy and compassion” — continues to guide us in our mission today.

As we enter the month of November, we are invited to reflect, remember, and renew our commitment to holiness. The Church begins this month with All Saints’ Day and All Souls’ Day, reminding us of our communion with the faithful who have gone before us. The saints inspire us to live with great love in our ordinary duties, while we lovingly remember all departed souls who now rest in God’s peace. May the vision and spirit of our Founder strengthen us to continue his mission with faith, zeal, and love — carrying forward his legacy of service and hope.

Rev. Dr. Fr. J. E. Arulraj



Provincial Message

November is Month of Grace and Gratitude

Dear Loving Sisters,

The month of November invites us into a deep spiritual reflection, a time to remember, honor, and renew. As we celebrate All Saints' Day, we are reminded that holiness is not a distant goal but a daily journey of love, faith, and self-giving. The saints inspire us to live our consecration joyfully and to find God's presence in every moment of our service.

On All Souls' Day, our hearts turn in prayerful remembrance of our departed sisters, benefactors, and loved ones. Their lives of faith continue to inspire us. Let us offer our sacrifices and prayers for their eternal peace, believing that love never dies in Christ.

As we conclude the liturgical year with the Feast of Christ the King, we are called to renew our loyalty to Him who reigns not with power but with love, mercy, and truth. May His kingship rule our hearts and communities, making us instruments of His peace and compassion.

Let this month strengthen our communion with the saints, our solidarity with the departed, and our total surrender to Christ our King.

**With love and prayers
Sr. A. Antoniammal DMI**

Provincial Program

Canonical visit

Sr. A. Antoniammal DMI, the Provincial had a canonical visit at Palayamkottai from 14.10.2025 to 16.10.2025.





**On 14th
October 2025,
Provincial
visited
Sacred Heart
Superior
General
Fr. Victor Dass
Where she
discussed and
requested their
Guidelines.**



Meeting with NCRI

On 14.10.2025, Sr. A. Antoniammal went to Servite's Provincialate and had a meeting with NCRI and DCRI executive members, TNCRI in collaboration with AICUF organizes cycle rally from Kanyakumari to Chennai crossing 11 districts of Tamilnadu.



Land Visit

On 15th October 2025, Sr. A. Antoniammal DMI, the Provincial visited Pettai land along with two staff of Francis Xavier College in consultation of Mrs. Menandes.



Casual visit

Palayamkottai Community

On 02.10.2025, Sr. A. Antoniammal DMI, the Provincial went Palayamkottai Community and spoke on community building to sisters and candidates.



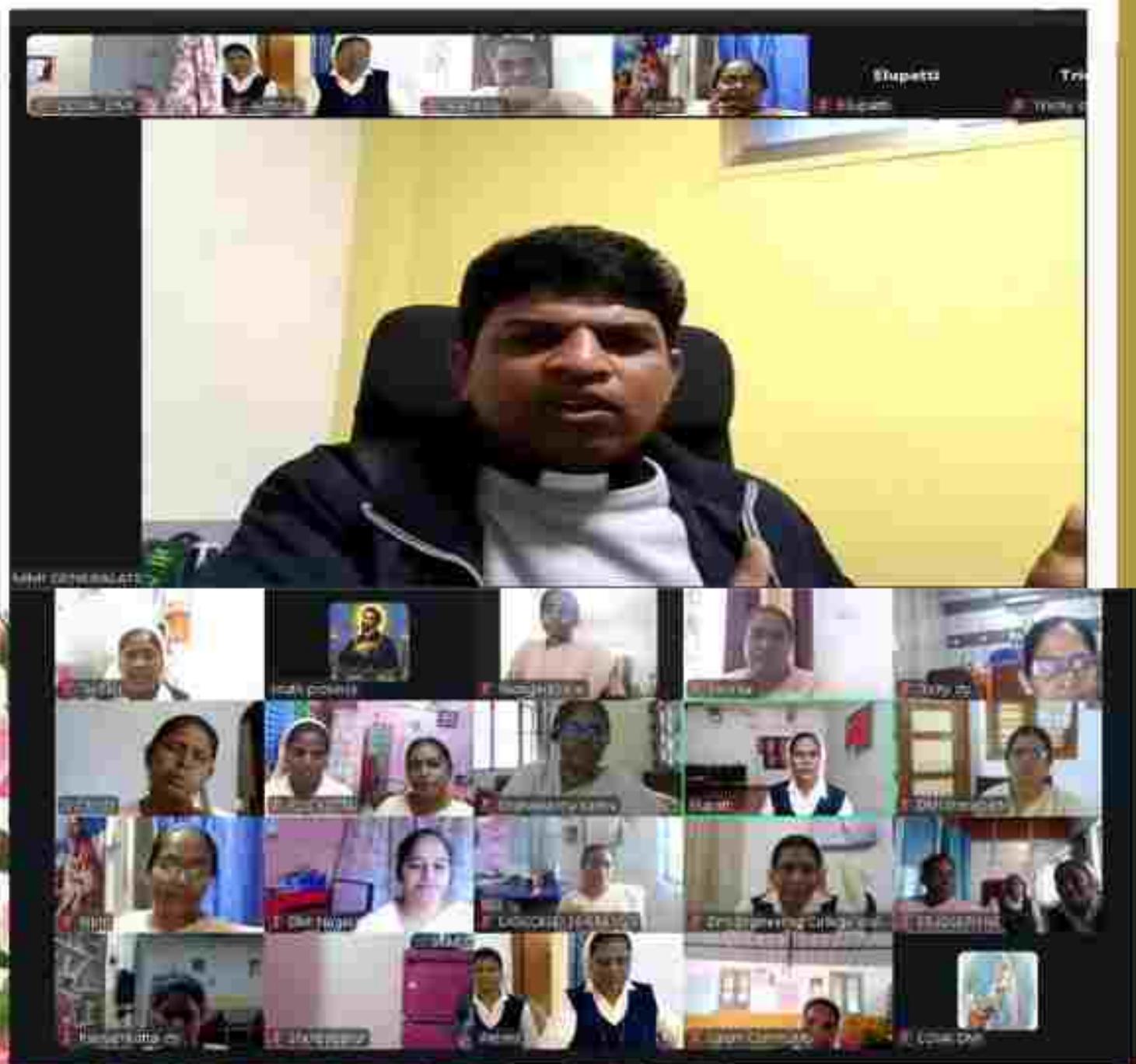
Rajapalayam Community

On 22nd October 2025, Sr. A. Antoniammal DMI, the Provincial made a casual visit to the Rajapalayam community. She motivated the community sisters and gave an Input on “Religious Community living Challenges in today’s contrast” more than one and



Animators Meeting

On 11th October 2025, online Animators meeting was organized by the Provincial. Online Input session was given by Fr. Doline MMI, the topic –“Commitment to Communion: Rooted in Charism, Living in Hope and Renewing Mission Today”.



Eco Spirituality Input session

On 3rd & 4th October 2025, from 1 to 14 batch sisters attended the input session and 17th & 18th October 2025, from 15 to 31 batch sisters attended the Eco Spirituality Input session organized by General Administration.



Councilors Meeting – 09.10.2025



Working Committee Meeting – 30.10.2025



Annai Nagar

Sunday liturgy for catechism children on 19.10.2025



SBM Training



Honey Bee Training

On 24th September 2025, twelve women group were awarded government-recognized certificates the successful completion of honey bee training.



Awareness Program



International Girl Child Day

On 15th October, Sr. Susai Mary organized International Girl Child Day at Keelapaluvanchi Government High School. The chief guest was Mrs. Ramapriya from the Pudukkottai District Child Protection Office.



புதுக்கோட்டை மாவட்டம் இலுப்பூர் அருகே உள்ள கீழப்பழுவஞ்சி அரசு உயர்நிலைப்பள்ளியில் குழந்தைகள் பாதுகாப்பு குழு கூட்டம் நடந்தது. கூட்டத்திற்கு பள்ளி தலைமை ஆசிரியர் உஷாராணி தலைமை தாங்கினார். கூட்டத்தில் மாவட்ட குழந்தைகள் பாதுகாப்பு நல ஆற்றுப்படுத்துனர் ரமாபிரியா கலந்துகொண்டு குழந்தைகளுக்கு எதிரான பாலியல் வன்முறைகள், குழந்தை திருமணம், குழந்தை கடத்தல், குழந்தைகள் மீதான வன்முறை, குழந்தை தொழிலாளர் போன்றவற்றை தடுக்கும் முறைகள், இளமை திருமணத்தை தடுத்தல் நல்ல தொடுதல் கெட்ட தொடுதல் பாலியல் வன் கொடுமை, தன் சுத்தம் குறித்து விழிப்புணர்வு ஏற்படுத்தினார். கூட்டத்தில் டிஎம்ஐ மாவட்ட ஒருங்கிணைப்பாளர் சூசை மேரி உள்ளிட்ட ஆசிரியர்கள் மாணவிகள் பலர் கலந்து கொண்டனர்.

St. Joseph Global School

Vijayadasami Admission

On October 2, 2025, Vijayadasami was celebrated by organizing a special admission event, successfully 13 new students enrolled .



Abdul Kalam Birthday celebration, 15.10.2025



Picnic

On 04.10.2025, tour to Black Thunder for students from Grade V to Grade X.



Awareness Program

On 15.10.2025, a Fire and Safety Awareness Programme was organized to educate students about the safe handling of Diwali firecrackers and the first-aid measures to follow in case of burns or injuries.



Aralvaimozhi

On 28.09.2025 Community sisters celebrated the Bible Sunday in the Parish.



On 07.10.2025, Community sisters had a special Rosary along with Hostel students.



On 15.10.2025 the people from Subash Nagar came to Aralvaimozhi campus and prayed through the Rosary and had dinner with us



On 25th October 2025, Sr.Lalitha's mother passed away, and community sisters went for the funeral on 26th October 2025.



DMI Engineering College

The inter departmental symposium “Tech Sangamam 2K25” was organized by students from various departments on 17th October 2025.



Achievements



St. Joseph International School

Awards & Achievements

On 14th October 2025, proudly appreciated and honored the students who won medals in the State Level Drawing Competition under the title 'Talent Kids'



On 17th October 2025, our Kindergarten students joyfully celebrated **Transport Day**



Ayudha Pooja Celebration

01.10.2025



Vijayadhasami Admission

02.10.2025



Picnic

On October 9 and 10, 2025, students from Classes V to XII went on an educational trip to Munnar and Wonderla in Kochi, providing them with both learning and recreational experiences.



Chettiapatti

On 21.10.2025, recollection was conducted at Chettiapatti, the Resource person was Fr. Ingsimuthu OCD. The Topic -The prayer of Christ : Deepening our Relationship with God .



On 16th October 2025, the DMI sisters, R.C. Middle School teachers, home children, celebrated the 7th-day Novena Feast of St. Fatima, Mother Mary, at Usilampatti Parish.



Ayudha Pooja Celebration-01.10.2025



On 16th & 17th October Sr.Jancy Philo attended the Juveniles accessing Mental Health services[JAMS] Training.



Coimbatore

On 30.09.2025, Ayudha Pooja was Celebrated at Christ the King College



On 03.10.2025 community sisters had the Holy adoration and Holy mass with the college students.



On 3rd & 4th October 2025, Sr.Helan and Sr.Sahaya Rani attended two days online class about Eco-Spirituality.



Eraiyyur

On 05.10.2025, Elakurichi Adaikala Matha Church From 11 am To 4 P.M. Community sisters had a Holy Mass Offered for Welfare of Our Missions and Sisters.



Awareness Program

On 07.10.2025 in Keelapuilyur Village Sr.Arputham and Sr.Mono gave awareness on Cancer for women group 30 women are participated.



Dengue Awareness-09.10.2025



On 10.10.2025 in Kadur Village Sr.Arputham arranged Mental health day Awareness Program. 65 members are participated .



SHG Meeting

On 09.10.2025, SHG Meeting was organized by Sr. Arpudham and Sr. Mono. Totally 35 women participated.



St. Joseph Global School

On 02.10.2025, Vijayadhasami admission was done and Ayudha Pooja was celebrated on the same day.

**VIJAYADHASAMI
ADMISSION
02.10.2025**



Free Eye Camp

On 11th October 2025, free eye camp was organized by the 'Maxi Vision' Eye Hospital, Perambalur at SJGS, Eraiyur



Achievements & Awards

District Level Skating Championship held on 30.09.2025 at Trichy.



School students won the prizes in the Silambam Grand World Record Event held on 12.10.2025 at Trichy.



Karaiikal

On 20.10.25 from the parish, Mary Rosary came to Karaiikal community along with parish people.



St. Joseph Global School

**Ayudha Pooja Celebration-
30.09.2025**



On 15th October 2025, Dr. A.P.J. Abdul kalam birthday was celebrated and over 500 students dressed up like Dr. Kalam and formed the words "SALAM TO KALAM."



On 10th October 2025, KG department celebrated Red Day. The classrooms were beautifully decorated with red balloons, toys, and charts.



Kavunji

Pilgrim Visit at Vadipatti



Catechism for the catholic children



Leadership Training

On 02.10.2025, Sr. Antony Mary conducted the leadership training at Kilavarai. Totally 27 women participated.



Women's rights Training – 10th October 2025, at Kavunji Village



Awareness Program

On 9th October 2025, Sr. Antony and Sr. Josna Conducted world mental health day awareness at Mannavanur government hospital total participants were 37.



On 08.10.2025, Sr. Antony organized Environmental day awareness rally for children.



Medical Camp

On 05.10.2025 at Nattampatty with collaboration of Peak People education action at kodaikanal Jesuits conducted medical camp 83 members participated.



On 03.10.2025 Sr.Jeya and Sr.Antony have visited Mungilpallam people and discussed about their upcoming housing project



Kodikottai

Leadership Training

On 4th and 10th October 2025, leadership training was conducted at thalakkavayal and manapuvayal. 50 women participated.



SBM Training

On 4 & 15th October 2025, at Nallakudi and Variyanvayal village, a Small Business Management Training was organized for 30 women



Violence Against women awareness

On 16th and 24th we had violence against women awareness at Thirupakkottai and Pothukuruchi village 60 women participated.



St. Joseph International School



**Vijaya-
dhasami
Admission-
02.10.2025**

**Ayudha Pooja Celebration-
03.10.2025**



On 10.10.2025, SJIS organized Field Trip for Grade VIII & IX students at India Post, Devakottai.



Free eye test camp

On 11.10.2025, free eye test camp was organized by Vasan eye care hospital at SJIS, Kodikottai.





Achievements



STATE LEVEL DRAWING COMPETITION



**State Level Drawing Competition
(Tamilnadu & Puducherry) 1st Prize Winners**



Muttom



On 09.10.2025,
the **Abba
Father statue**
was erected on
the top of the
prayer hall,
marking a
moment of
deep faith and
devotion.



Ayudha Pooja Celebration

On 01.10.2025, Pooja celebration was observed in the campus, and the program was blessed by Fr. Antony Jerald MMI, the Provincial of MMI.



Picnic

Joyful community picnic was organized at Kalicasam on 03.10.2025



On 17th and 18th October, Fr. William MI conducted an Input Session on Eco-Spirituality for the 15th–30th group.



Funeral of Superior General's mother

On 25.10.2025, Mrs. Mary Boniface, the mother of Sr. Lalitha DMI, passed away. The sisters prayed for her soul and attended her funeral Mass on 26.10.2025.



KMMC Medical College & Hospitals

World Heart Day

World Heart Day was observed at KMMC on 29.09.2025, promoting awareness on heart health.



On 05.10.2025, Ammandivilai Nalavazhvu Panikuzhu members visited the patients at KMMC, praying for their healing.



Food Safety Inspection

Dental college inspection was held on 14.10.2025, followed by food safety inspection at the canteen, mess, and food court on 15.10.2025.



St. Joseph International School

On 06.10.2025, Correspondent visited for a planning meeting for the Indian Book of Records event.



Orange Day celebration –17.10.2025

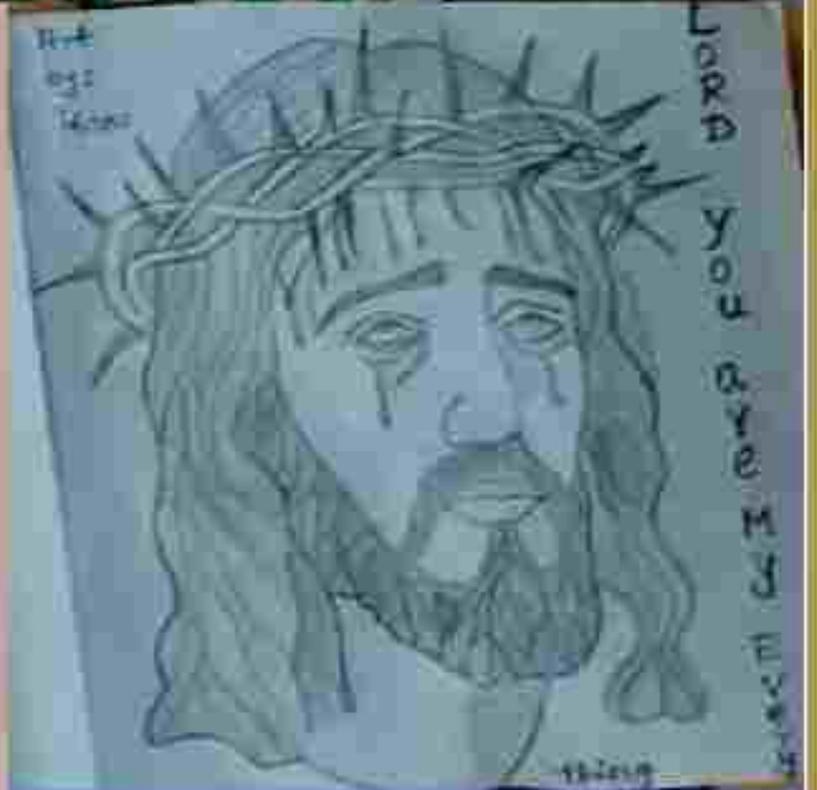


On 08.10.2025, a career guidance seminar for Grade 12 was conducted by DMI Aralvaimozhi School of Law.



Nagapattinam

On 2nd October 2025, community Mass was conducted by the Assistant Parish Priest, Fr. Arockia Doss.



Sr. Kani's Drawing

**On 17th October 2025, Sr. M. Sophia
had a personal conversation with
Sister M. Kani.**



**Sponsorship
Program,
Sr. Kani
distributed
new dresses**

New Children Group formation

On 3rd October, Sr. M. Sophia visited Chola VidyaPuram and children and a new children's group was formed. Totally 14 children participated.



DLF Meeting –22.10.2025



On 1st October 2025, Sr. S. Arockia Mary & staff visited Kadambody, where they met with 12 elderly women and celebrated Old Age Day with them.



World Food Awareness Day

On 16th October 2025, Sr. M. Sophia and Sr. Kani conducted an awareness session on World Food Day at Kalathidalkarai. Totally 16 members participated.



Palayamkottai

Recollection

On 25.10.2025 recollection was conducted at Palayamkottai community, the preacher was Fr. Kumar Duraisamy Holy Spirit Society.



CRI Meeting

Sr. A. Kanikai Mary the animator attended the CRI meeting at Palayamkottai.



Provincial visit

Sr. Antoniammal made a canonical visit from 14.10.2025 to 16.10.2025, along with community sisters she visited Pettai and Pathamadi land.



On 26th October 2025, Sr. Kanikai Mary and Sr. Marium Topno participated in the funeral mass of rev. Sr. S. Lalitha DMI our superior general at kodimunai church.



Don Bosco Metric School

Motivation session was handled by Rev. Fr. Kumar Duraisamy from Holy Spirit Society on 25.10.2025 .



Picnic

On 09.10.2025, students from KG to II std went to Tuticorin Harbor and on 10.10.2025 students from VI to VIII went to Trivandrum and ZOO.



Rajapalayam

Recollection-21.10.2025



On 22.10.2025, Provincial made a casual visit at Rajapalayam community



St. Joseph International School

Educational Trip

On 09.10.2025 – Students from Grade – V to XII embarked on a one-day educational trip to Tuticorin (Harbour), Ettaiyapuram (Bharathiyar's Memorial)



Diwali Awareness Program

On 14.10.2025- Fire safety officers visited Rajapalayam school and Diwali Awareness , cracking instructions were given to the Students.





Tobacco Awareness Program

On 22.10.25, Tobacco awareness program was organized by Primary Health Center for the students



Angel College of Education

Diwali Celebration

On 17th October 2025, Institution joyfully celebrated Diwali with the students of Ritham Special School.



Faith Formation

On 10th October 2025, Holy Mass was conducted in the College campus Church. Angel college of Education Student teachers and St Joseph school Students attended the Mass.



R.M.Thurai

On 15.10.2025 and 22.10.2025 Rev. Fr. Jesudhas came to R.M.Thurai, celebrated mass and community Sisters are participated



On 4th October 2025, Sr. Christy distributed Holy Communion to the ill parishioners and offered prayers for them within the parish community.



On 11.10.2025, parish priest conducted a Bible quiz competition for parishioners, and student sisters assisted with the quiz, which they appreciated.



On 21.10.2025, Sr. A. Antoniammal, Provincial visited the student sisters at R. M. Thurai.



This month everyday afternoon the sisters feed the poor people. In this month 338 people benefited.



Salem

Recollection

On 5th October 2025, recollection was conducted, the preacher was Fr. Arul Francis, Parish Priest of St. Assisi Parish, who delivered a powerful reflection on the theme: "The Power of Prayer and the Eucharist"



On 4th October 2025, Sr. Little met all the sponsor children from the Salem district and distributed the new dresses, she had a personal talk with them.



Awareness Program

On 6th October 2025, Sr. Little conducted a program on Violence Against Women in Molaiyanur village. A total of 24 women participated.



On 13th October 2025, Mrs. Dhanam conducted a awareness program for children in Pagadupattu village on the topic of Good Touch and Bad Touch.



On 15th October 2025, An awareness program was conducted to educate women about suicide attacks, their warning signs, potential threats, and preventive strategies. 48 women participated



On 16th October 2025, a Leadership Training session was conducted in Kuppur Village with the aim of empowering women and enhancing their leadership skills. 56 women participated.



St. Joseph International School

Parent Orientation

On October 11, 2025, Parent Orientation Program was conducted. Mr. Santhosh Kumar, Founder, CEO & Director of Infinite Learning Management Solution, Trichy felicitated as Resource Person for this event.



Pedagogical training program

On 7th October 2025, Campus Superior & Principal attended pedagogical training program though Online-Organized by DFT.



Shenbaganur

On 1st October 2025, Little Teresa feast was celebrated at the caramel church and attended the mass.



On 13th October 2025, Kodaikanal community sisters went to Vadipatti church for a picnic.



SHG Meeting

On 06.10.2025, new SHG group was formed with 13 members at Vadakavunji. This month totally 12 SHG meeting conducted by Sr. Jeya.



On 03.10.2025, Sr. Jeya and Sr. Antony have visited Mungilpallam people and discussed about their upcoming housing project.



**Dengue Awareness Program –
16.10.2025**



SBM Training

On 21st October 2025, SBM Training was conducted for SHG members in Vilpatti village. Sr. Jeya exploring opportunities for them to engage in small business initiatives. Total 31 members participated.



**World
Food Day**

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16.10.202

5

Tenkasi

Recollection -
20.10.2025



Holy
Rosary



JP College of Engineering

Ayudha Pooja Celebration



The Department of CSE conducted the symposium TECHCRUZ on 11.10.25.



St. Joseph Global School

On 02.10.2025, Vijayadhasami Admission was done at SJGS, Tenkasi



Trichy

Recollection was conducted on 25.10.2025, the Theme was "The prayer of Christ for a Deeper relationship with God".



On 5th October 2025, Sr. Amutha received a prize for catechism in parish level at Nallayan centre at Trichy diocese Cathedral.



Shrine Vailankanni Metric School

On 17th October 2025 In Trichy Diocese level fancy dress competition was conducted and Trichy School won the 1st and 2nd prize



On 16th October 2025, APJ Abdukkalam birthday was celebrated and had a rally from school to Mangama salai Protection by police department.



Vadagaraiparai

On 18th October Sr. Josephine attend seminar in kodaikanal Sacred Heart college.



On 1st October 2025, a leadership training session was held in Kumparaiyur village with the active participation of 23 members.



Mushroom spawn production training

From September 23 to 27, 2025, Mushroom spawn production training was organized by staff member Revathi in the villages of Poolathur and Kumparaiyur. The training was conducted at the Horticulture Department in Periyakulam, where a group of 10 participants



Mental Health training

On 14.10.2025, Sr. Flora organized Mental health awareness training at Vadagarai-parai. 30 members benefited.



Articles

The Mission at KMMC

In the land where sea and soul unite,
Rises a beacon — pure and bright.
KMMC, a cradle of care and light,
Guided by sisters in love's own sight.

They serve not merely with healing hands,
But hearts that listen, hearts that understand.
For every wound, a whisper of grace,
For every tear, a tender embrace.

Knowledge they sow in fields of pain,
Teaching minds, yet hearts they train.
Science and spirit weave their song,
Where hope and healing both belong.

The poor, the broken, the least, the small —
They see the face of Christ in all.
Free care flows like morning dew,
Touching lives with kindness true.

In halls where wisdom meets the heart,
Faith and research blend their art.
To make all *fully human, fully alive*,
They lift each soul, they help it thrive.

Ethics their compass, compassion their
way,
They brighten each suffering day.
DMI hearts, serene and mild,
Carry God's love — pure and undefiled.

So blooms their mission, calm and wide,
By Kanyakumari's golden tide.
A legacy of care they weave and keep —
For the world they heal, for the souls they
reap.



Sr. B. Mourin Subha
15th Batch
Muttom Community

CORE VALUES OF RELIGIOUS LIFE

Religious life is a joyful response to God's call, rooted in a deep relationship with Christ and lived through consecration, community, and mission. It is a witness of God's love in a world longing for hope and meaning. The core values that shape this life give identity, purpose, and direction to every consecrated person.

1. Intimacy with God:

Prayer is the heart of religious life. Through the Eucharist, Scripture, and daily contemplation, religious seek to know and love God more deeply, allowing His presence to guide their thoughts, choices, and actions.

2. Evangelical Counsels:

The vows of poverty, chastity, and obedience express a radical discipleship. Poverty leads to simplicity and solidarity with the poor; chastity fosters a universal love that reflects Christ's compassion; obedience opens the heart to God's will and the needs of the community.

3. Community Living:

Religious life is a shared journey of faith. By living, praying, and working together, members build communion, practice forgiveness, and witness to the unity Jesus desired for His followers.

4. Mission of Service:

Every religious is sent to continue Christ's mission—proclaiming the Gospel, uplifting the poor, defending human

dignity, and promoting justice, peace, and reconciliation. Their mission flows from love and aims at transforming society in the spirit of the Beatitudes.

5. Integrity and Authenticity:

Consecrated life calls for transparency, humility, and fidelity to the Gospel. When words and actions are one, religious become credible witnesses of God's Kingdom.

6. Simplicity and Compassion:

In imitation of Jesus, religious embrace simplicity of life and compassionate hearts, recognizing Christ in the suffering and responding with mercy, kindness, and service.

7. Care for Creation:

Religious today are called to safeguard the earth, living responsibly and promoting respect for all of God's creation.

Conclusion:

These core values make religious life a vibrant sign of hope. Grounded in God, strengthened by community, and expressed in mission, consecrated men and women become true witnesses of Christ's love, building a more just, compassionate, and God-centered world.



Sr. G. Selva Mary
16th Batch
Eraiyrur Community

Empowered To Empower

INTRODUCTION

I am very happy to present the book titled Empowered to Empower. The title itself is very meaningful and inspiring. Empower refers to the state of being given power and strength. To “empower” means the act of giving that same power or authority to someone else. I would like to say a few words about the author, Rev. Fr. J. E. Arul Raj , the founder of DMI, MMI, and AMI. He is a humble and prayerful person, deeply committed to his mission. This book was published in September 2022 and contains a total of 199 pages. Every word in this book calls us to reflect on how we are called to live as good and committed religious sisters.

SELF-EMPOWERMENT

Self-empowerment is very important in one's life. The word "empower" itself carries the meaning of strength and power. As human beings, we need to discover our own inner strength. This self-awareness helps us grow and develop ourselves. When we realize our true potential, we become the right person to guide others in a positive way.

FOLLOWING THE RIGHT KIND OF LEADERS

If we look back through the history of our own country, we come to understand who our true leaders are. Great national leaders like Mahatma Gandhi, Jawaharlal Nehru, and Dr. A.P.J. Abdul Kalam have shown us the right path through their actions and values. Dr. A.P.J. Abdul Kalam, known as the People's President, is a shining example especially for students. He loved students deeply and believed in the power of youth. That's why his birthday, October 15th, is celebrated every year as Students' Day in India. These are the kinds of leaders we need—those who inspire, who lead with purpose, and who uplift others. **As the author rightly said When we have the right goal and a proper strategic plan, don't look back to see how many people are with you. You need to follow the right type of leader, empower yourself, and empower others.**" Let us all choose to walk with those who give us positive energy and guide us on the right path. Let us follow and become the kind of leaders who make a real difference.

CHALLENGES OF LIFE

The author speaks about the challenges of life in our day-to-day living. **"Whatever our state in life whether lay or religious life is difficult. In married life, people often struggle for basic needs like food, education, and health. In religious life, although these needs may be more easily available, the biggest challenge can be the ego."** Life is full of challenges, and it is not easy to become an empowered person.

Both lay and religious lives come with their own difficulties, just at different levels. When we realize our true selves and recall our positive qualities and inner strengths, it becomes much easier to overcome our ego. Despite the challenges life brings, we can learn to live as empowered individuals, not only for ourselves but also to uplift others. In this way, even a difficult life can become a meaningful and fulfilling one.

KEY POINTS BY THE AUTHOR

Empower yourself in the proper sense of the word. In the word empower itself there is power.

Problem solving is another aspect of true empowerment. Life is difficult. It is because life has its freedom and responsibility.

CONCLUSION

On the whole, Empowered to Empower gives a meaningful message to each one of us. Jesus lived for the sake of others. Philosophy teaches that man is a being for others. The most important thing a person must do in life is to make others happy but making others happy is not easy. Understand this reality of life: human life becomes meaningful only when it is lived for others.



**Sr. M. Sophia Mary
23rd Batch
Nagapattinam
Community**

Quantum Spirituality: A Christ-centred Perspective on Science and Mystery

Introduction:

Modern science continues to uncover astonishing truths about the fabric of the universe. Quantum mechanics, the study of matter and energy at the smallest scales, reveals a reality that is unpredictable, interconnected, and far more mysterious than classical physics ever imagined. In the world of spirituality, these discoveries have inspired a movement known as “**quantum spirituality.**” Many claim that quantum science proves ancient spiritual truths—that everything is connected, that our minds influence reality, or that divinity is woven into the universe itself.

But what does the Bible say about these ideas?

Can Christians engage with the wonder of quantum physics without compromising the truth of Scripture? Let’s explore how quantum concepts echo Biblical truths, where they diverge, and how believers can live faithfully in a world that is far more mysterious than it appears.

What is Quantum Spirituality?

Quantum spirituality is not a scientific theory, but a worldview that interprets the findings of quantum physics through a spiritual lens.

It often includes ideas like:

Consciousness affects reality (observer effect).

All things are interconnected (entanglement).

Reality is an illusion or potential waiting to manifest.

The divine is within everything (pantheism or panentheism).

These ideas are compelling—but when they become spiritually absolute truths, they can drift into unbiblical territory.

1. God's Creation Is Deeper Than We Can See

The Bible affirms that what we see is not all there is.

Hebrews 11:3 (ESV): “By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible.”

This aligns beautifully with what quantum physics reveals: the foundation of reality is not solid matter, but invisible energy, particles, and probabilities. The Bible told us long ago that the seen comes from the unseen, and now science is beginning to catch up.

But the Bible always points back to a personal Creator, not a random force.

Colossians 1:16–17:

“All things were created through Him and for Him. He is before all things, and in Him all things hold together. The mystery of quantum physics is not evidence that we are divine, but that God is deeply intelligent, beyond our understanding, and has created a universe with layers of complexity that reflect His glory.

2. The Observer Effect: Does Our Consciousness Shape Reality?

Quantum mechanics suggests that the act of observation changes the outcome—a phenomenon called the observer effect. Some spiritual systems interpret this to mean that human consciousness creates reality.

But from a biblical perspective:

God alone is Creator.

Humans are observers and stewards, not sovereign designers.

Our perception influences how we experience life, but not the objective reality God has created.

Romans 12:2 “Be transformed by the renewing of your mind.”

So while our inner life shapes our choices, emotions, and spiritual condition, we do not “collapse reality” in a literal quantum sense. Instead, we are called to align our minds with God’s truth, not manifest our own. The Bible teaches transformation of life through the renewal of the mind in Christ, not through mystical thought control over the universe.

3. Entanglement and Interconnectedness: Biblical Community

Quantum entanglement reveals that two particles can be connected across great distances—what affects one, affects the other. Spiritually, this points to the biblical principle of relational and spiritual interconnectedness, not through energy fields, but through the body of Christ and the work of the Holy Spirit.

1 Corinthians 12:27 “Now you are the body of Christ, and each one of you is a part of it.”

Believers are not spiritually independent. We are designed to function in interconnected community, where our actions, prayers, and love deeply affect others. Quantum physics may point to physical entanglement, but the Bible reveals spiritual unity in Christ.

4. Mystery and Faith: Embracing the Unknown

Quantum physics unsettles our desire for certainty. Things don't behave as we expect, and sometimes we can only describe probabilities—not outcomes.

Proverbs 3:5–6 “Trust in the Lord with all your heart and do not lean on your own understanding.”

God does not promise full understanding of how the universe works. Instead, He invites us into a relationship of trust. The existence of quantum mystery should strengthen our humility, not inflate our ego. Faith means trusting God's sovereignty in a universe that is far more complex than we can comprehend.

5. Practical Implications for Christian Living

Quantum spirituality, rightly understood within a biblical worldview, can inspire believers to:

Live with Wonder and Worship

The complexity of creation should lead us to praise, not pride.

- Use science to fuel your awe of God, not to replace Him.

“The fear of the Lord is the beginning of wisdom.” –

Proverbs 9:10

- Renew the Mind, Not Control Reality

Don't try to “manifest” outcomes with thoughts.

Instead, focus on aligning your thoughts with God's Word.

“Take every thought captive to obey Christ.” – 2 Corinthians 10:5

- **Build Spiritual Connections**

Quantum entanglement reminds us we're not alone.
Build meaningful Christian community and carry one another's burdens.

- **Trust in Mystery**

Not knowing how everything works is okay.
Rest in the truth that God is in control even when you're not.

Conclusion: True Spirituality is found in Christ.

Quantum physics is real science. It teaches us that the universe is more mysterious than we imagined. But spiritual truth is found in Christ, not in particle physics.

The Bible teaches that:

God created all things (Genesis 1:1)

Christ holds all things together (Colossians 1:17)

The Spirit leads us into all truth (John 16:13)

Eternal life is found in knowing Him (John 17:3)

Quantum spirituality without Christ becomes either self-worship or mysticism. True Christian spirituality embraces mystery while remaining grounded in biblical truth. So let the wonder of the universe lead you not to worship the universe, But to worship the God who made it.



**Sr. Mono Chinnammal,
28th Batch,
Eraiyrur Community.**

DMI Charism

Introduction

The Society of the Daughters of Mary Immaculate (DMI) was founded in 1984 by Rev. Fr. J.E. Arul Raj, with a divine vision: to bring the love of God to the poorest of the poor through the compassionate service of women religious. The DMI Charism is not just a mission statement; it is a living spirituality rooted in the Gospel and brought to life through the sisters' tireless service to the poor, the marginalized, women, and children.

“Loving God in Serving the Poor to be Fully Human and Fully Alive.”

The Call to Love God Deeply

"You shall love the Lord your God with all your heart and with all your soul and with your entire mind."

Matthew 22:37

The foundation of the DMI charism is a deep, constant love for God. For Fr. Arul Raj, the relationship with God is not merely devotional; it is transformational. This love must overflow into action. The sisters are called to lead lives of prayer, Eucharistic devotion, simplicity, and holiness. Their strength in mission stems from this intimacy with God. Without this foundation, any social work becomes hollow. It is prayer that purifies intention and deepens their identity as brides of Christ and servants of the Kingdom.

Serving the Poor with Compassion

"To love God and neighbor is not something abstract, but profoundly concrete: it means seeing in every person the face of the Lord to be served, to serve him concretely."

Pope Francis

Fr. Arul Raj highlighted a radical option for the poor. This is not charity, but a life committed to walking with the poor, understanding their struggles, and empowering them to rise. For DMI, the poor are not strangers; they are Christ in disguise. The sisters serve through socio-pastoral work, self-help groups, healthcare, non-formal education, and women's empowerment. Their service brings not only relief but long-term transformation. They are the hands and heart of Christ in the field.

Empowering Women and Children

"God is within her, she will not fall; God will help her at break of day."

Psalms 46:5

"Let the little children come to me... for the kingdom of God belongs to such as these."

Mark 10:14

Women and children are at the heart of DMI's mission. Fr. Arul Raj believed that uplifting women was essential to building a just and compassionate society.

Thus, the sisters focus on

- Educating girl children
- Training women in skills and leadership
- Rescuing victims of human trafficking and domestic violence
- Building self-reliant women's groups

The goal is not dependence but empowerment helping each woman become confident, educated, and spiritually grounded.

To Be Fully Human and Fully Alive

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."

Galatians 5:1

This powerful statement is at the heart of the DMI charism. Fr. Arul Raj envisioned not just relief work, but total human development— spiritual, emotional, intellectual, and social. Every person, no matter how poor or broken, has the right to dignity and fullness of life. Through education, higher learning institutions, and life skills training, DMI strives to awaken the potential in every person. This is what it means to evangelize—not just with words, but through acts of transformation.

Humility, Simplicity, and Total Trust in God

"Walk humbly, live simply, and trust God completely — for in His hands, nothing is wasted, and everything has purpose."

Micah 6:8 and Proverbs 3:5

Fr. Arul Raj never sought fame or recognition. His leadership was marked by deep humility and simplicity. The early DMI sisters lived with very little sometimes under trees or in mud huts but they trusted completely in God's providence. Today, as DMI grows across countries and continents, the challenge is to remain faithful to that original spirit of poverty, service, and deep dependence on God. Fr. Arul Raj reminds every DMI member and collaborator that the mission belongs to God, and the true Founder is the Holy Spirit.

Conclusion

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

Matthew 25:40

The Charism of the DMI, inspired by Fr. J.E. Arul Raj, is a gift to the Church and the world. It calls us to radical love of God shown through selfless service to the poor, compassion, empowerment, and transformation. In a world of injustice and suffering, the DMI shines as a beacon of hope, healing, and holiness, witnessing God's love reaching even the forgotten.



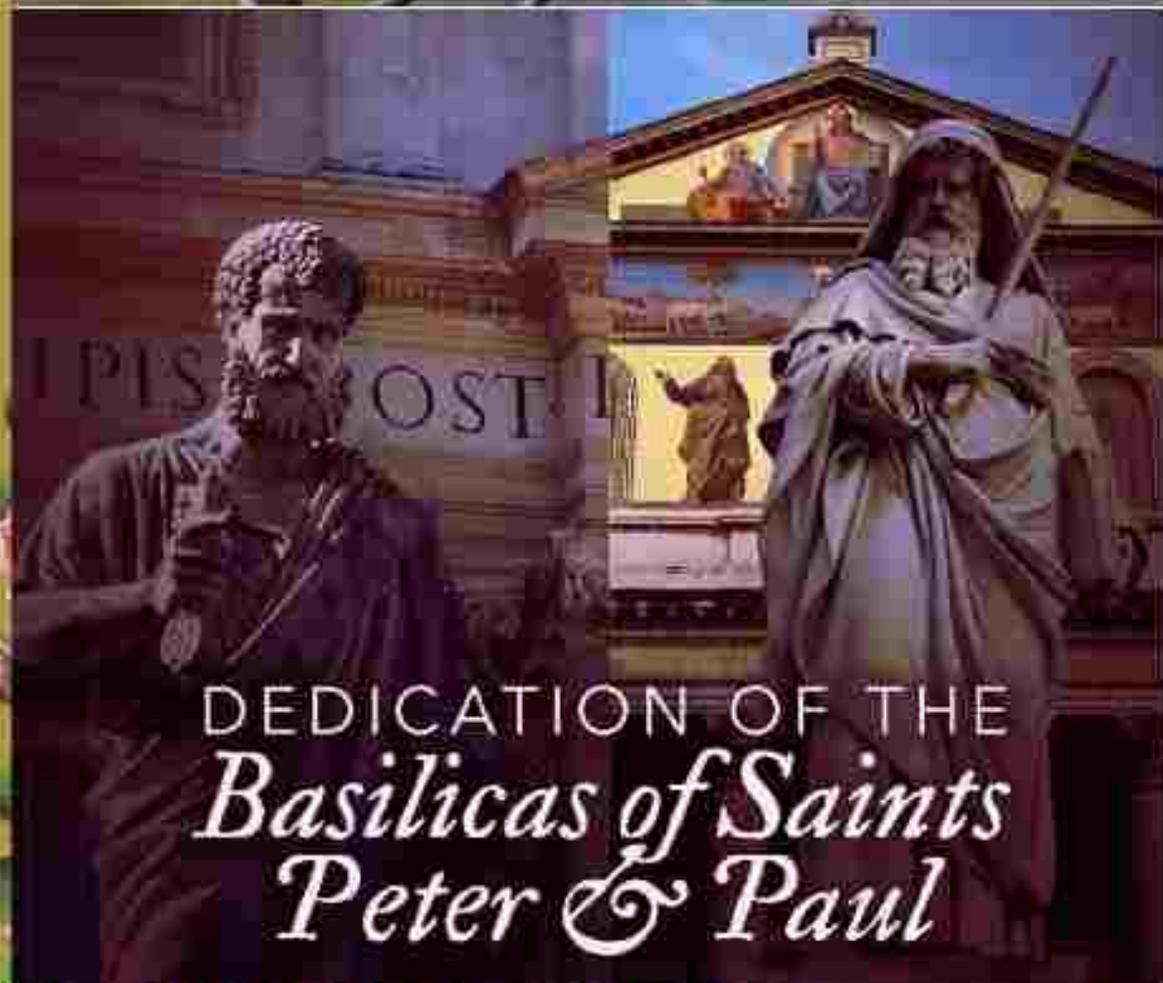
**Sr. MS. Mariya Viyakula
Kani,
36th Batch,
Nagapattinam
Community**

**Important Days to be
Observed**

November 1 & 2
**All saints' day and all
soul's day**



November 9
**Feast of the Dedication of the
Lateran Basilica in Rome**



DEDICATION OF THE
*Basilicas of Saints
Peter & Paul*





THE
PRESENTATION
OF THE **BLESSED**
VIRGIN MARY

NOVEMBER 21ST

MORNING OFFERING.COM

Peace



to
Earth



Love



came
Down



Hope



is
Born



Joy



to
World



November 30-Advent 2025



The feast of Christ the King

November 23

**Birthday for the Most Rev.
Francis Kalist , Arch Bishop of
Pondicherry-Cuddalore**

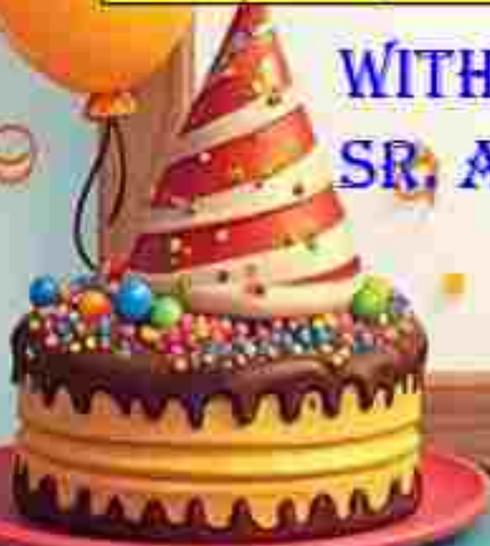


November 2025

HAPPY BIRTHDAY
DEAR SISTERS!

S.N o	Name of the Sister	Batch No	DOB	Community
1	Sr. A. Arul Fancy	24	05	R.M.Thurai Student
2	Sr.A.Sebasti Sahaya rani	22	08	Ra- japalayam
3	Sr.S.Punitha Roseline	16	16	Annai Na- gar
4	Sr.J.Herbert Shyla	15	29	Salem
5	Sr.S.Roseline Mary	23	30	Chettiapatti

WITH LOVE AND PRAYERS
SR. A. ANTONIAMMAL DMI



Quiz Winners

First – Karaikal,
Tenkasi, Eraiyur, Trichy

Second-Aralvaimozhi, Chettiapatti,
Coimbatore, Kavunji, Kodikottai,
Muttom, Nagapattinam,
Palayamkottai, R.M.Thurai, Salem,
Shenbaganur, Vadagaraiparai

Third-Annai Nagar,
Rajapalayam, Elupatti

Lord, Thank You,
even though life is hard and there
are many trials, You are always there
and You never leave us. Amen.

